Cypress Grove

#### **Purple Haze** Chevre

Regular Price: \$7.29

SALE PRICE: \$6.49

OWNER PRICE:

\$5.79



**Vermont Creamery** 

Crème Fraîche

Regular Price: \$5.29

SALE PRICE: \$4.69

OWNER PRICE:



Grande

Wisconsin **Parmesan** 

Regular Price: \$8,99

SALE PRICE: **\$7.99** 

OWNER PRICE:

\$6.99 per pound



Nasonville

**Crumbled Feta** 

Regular Price:

SALE PRICE: \$5.89

OWNER PRICE:



Bulk Organic

**Steel Cut Oats** 

Regular Price: \$1.49

SALE PRICE: \$1.29

OWNER PRICE:

per pound



**Bulk Organic** 

Yellow Popcorn

Regular Price: \$2.19

SALE PRICE: \$1.89

OWNER PRICE:

per pound



Frontier Organic

**Peppermint** Leaf

Regular Price: \$20.99

SALE PRICE: \$18.89

OWNER PRICE:

\$16.79

per pound



Frontier Organic

**Bac'Uns** 

Regular Price: \$16.99

SALE PRICE: \$15.29

OWNER PRICE:

\$13.59

per pound



## Wellness Wednesday AUGUST 15TH

10% OFF

All Bulk Herbs & Spices, General Merchandise, Supplements, & Body Care Products.

Excludes Sale Items & Special Orders

502 W Washington St Marquette, MI 49855 Everyone Welcome www.marquettefood.coop 906.225.0671





# Co-op Value\$

SALES FOR EVERYONE - EXTRA SAVINGS FOR OWNERS

Organic

Yellow **Onions** 

Regular Price: \$1.99

<sup>\$</sup>1.79

OWNER PRICE:

per pound



Organic Red **Onions** 

Regular Price:

SALE PRICE: \$1.79

OWNER PRICE:

per pound



Organic Broccoli

Regular Price: \$2.49

SALE PRICE: <sup>\$</sup>2.19

OWNER PRICE:

\$1.99

per pound



Organic

**Green Honeydew** Melon

Regular Price: \$1.99

SALE PRICE: \$1.**79** 

OWNER PRICE:

\$1.59

per pound



Organic

Yellow **Peaches** 

Regular Price: \$3.49

\$2.99

OWNER PRICE: **\$2.79** 



Organic White

Peaches Regular Price:

SALE PRICE: \$4.49

per pound

OWNER PRICE: \$3.99



Organic

**Pink Lady Apples** Regular Price: \$3,49

SALE PRICE: \$2.99

OWNER PRICE:

per pound



Immaculate Baking Co. Pie

Crust Regular Price: \$3.99

SALE PRICE: \$3.59

OWNER PRICE: \$2.99



Open Daily 8am - 10pm



Chateau Grand Traverse

**Pinot Grigio** 

Regular Price: Michigan

SALE PRICE: \$9.59

OWNER PRICE:

\$8.49





Regular Price: \$7.49

SALE PRICE: \$6.69

**OWNER PRICE:** 



Marquette Food Co-op **Marinated Tofu** 

Steak

Regular Price:

SALE PRICE: \$7.99

OWNER PRICE:

per pound



Marquette Food Co-op

Quinoa **Tabouli** 

Regular Price: \$7.99

SALE PRICE: \$6.99

OWNER PRICE:

per pound



Marquette Food Co-op

#### Vegan Wrap

Regular Price: \$7.99

SALE PRICE: \$6.99

OWNER PRICE:

\$6.39



Fresh

#### **Chocolate French Brioche Loaf**

Regular Price: \$3.79

SALE PRICE: \$3.39

OWNER PRICE:

**\$2.99** 



Marquette Food Co-op

#### **Variety Muffin Pack**

Regular Price: \$5.89

SALE PRICE: \$5.29

OWNER PRICE:

4 pack



Marquette Food Co-op

#### **Mustard Stout Hanger Steak**

Regular Price: \$17.99

SALE PRICE:

\$15.99

OWNER PRICE:

per pound



Marquette Food Co-op

#### Jalapeño Cheddar **Pork Brats**

Regular Price: \$4.49

SALE PRICE: \$3.99

OWNER PRICE:

per pound



Marguette Food Co-op

#### Crab **Cakes**

0

Regular Price: \$4.99

SALE PRICE: \$4.49



Larry Shultz

**SUSTAINABLE** 

#### **Boneless Chicken Breast**

Regular Price: \$8.99

SALE PRICE: \$7.99

OWNER PRICE:

\$6.99

per pound



Smart Chicken

#### Whole **Chicken**

Regular Price: \$2.49

SALE PRICE: \$2.19

OWNER PRICE:



#### **UPCOMING EVENTS**

August 5 Acoustic Brunch: Your Bourgeois 12pm–2pm

**August 5** Local Farm Tours See next page for more information

Raw Foods Cooking Class 6pm–8:30pm

Register at www.marquettefood.coop or call Bea at 906.225.0671 x701 **August 11** Sustainable Seafood Sale Demo 12pm-3pm

August 12 Acoustic The Jabronis 12pm-2pm

Raw Foods Cooking Class 6pm–8:30pm

Register at www.marguettefood.coop or call Bea at 906.225.0671 x701



### Sunday August 5th

**MSU North Farm** 

Treasa's Treasures

Rock River Farm **Guindon Farms** 

Stop by the Marquette Food Co-op to pick up a Local Farm Tour Guide!

# Sunday September 16<sup>th</sup>

**BSB Farms** 

**Reh-Morr Farm** 

Slagle's Family Farm

Seeds & Spores Family Farm

**Cloverland Farm** 

FREE TOURS!