

**Carr Valley
Smoked Applewood
Cheddar**

Regular Price:
\$13.99

SALE PRICE:
\$12.59

OWNER PRICE:
\$10.99

per pound



**Vern's
String
Cheese**

Regular Price:
\$6.99

SALE PRICE:
\$6.29

OWNER PRICE:
\$5.59

per pound



**Jilbert's
Monterey
Jack**

Regular Price:
\$4.99

SALE PRICE:
\$4.49

OWNER PRICE:
\$3.99

16 oz



**Sartori
Rosemary & Olive
Oil Asiago**

Regular Price:
\$4.99

SALE PRICE:
\$4.49

OWNER PRICE:
\$3.99

5.3 oz



Co-op Values

Rooted in the U.P.

July 31 – August 13, 2019

SALES FOR EVERYONE – EXTRA SAVINGS FOR OWNERS

**Local
Summer
Squash**

Regular Price:
\$2.29

SALE PRICE:
\$1.99

OWNER PRICE:
\$1.79

per pound



**Organic
Portabella
Mushrooms**

Regular Price:
\$7.99

SALE PRICE:
\$6.99

OWNER PRICE:
\$6.39

per pound



**Organic
Cauliflower**

Regular Price:
\$2.79

SALE PRICE:
\$2.49

OWNER PRICE:
\$2.19

per pound



**Organic
Cucumber**

Regular Price:
\$2.49

SALE PRICE:
\$2.19

OWNER PRICE:
\$1.99

per pound



**Bulk Organic
Yellow
Popcorn**

Regular Price:
\$2.19

SALE PRICE:
\$1.89

OWNER PRICE:
\$1.69

per pound



**Bulk Grind- Your-Own
Honey Roasted
Peanut Butter**

Regular Price:
\$3.29

SALE PRICE:
\$2.89

OWNER PRICE:
\$2.59

per pound



excludes prepackaged

**Amazing Grass
Detox & Digest
Single Select Varieties**

Regular Price:
\$1.49

SALE PRICE:
\$1.29

OWNER PRICE:
\$1.19

.28 oz



**Aunt Fannies
Mosquito
Repellent Spray**

Regular Price:
\$9.79

SALE PRICE:
\$8.79

OWNER PRICE:
\$7.79

5.07 fl oz



**Organic
Strawberry
Clamshell 1lb**

Regular Price:
\$4.79

SALE PRICE:
\$4.29

OWNER PRICE:
\$3.79

each



**Organic
Yellow
Nectarine**

Regular Price:
\$3.49

SALE PRICE:
\$2.99

OWNER PRICE:
\$2.79

per pound



**Organic
Yellow
Onions**

Regular Price:
\$1.49

SALE PRICE:
\$1.29

OWNER PRICE:
\$1.19

per pound



**Organic
Pluots**

Regular Price:
\$2.99

SALE PRICE:
\$2.69

OWNER PRICE:
\$2.39

per pound



GIVE A PINT.
RECEIVE A PINT.
**BLOOD
DRIVE**



**TUESDAY,
AUGUST 20**

4pm – 6pm
MARQUETTE FOOD CO-OP

Every donor receives a free pint
of ice cream courtesy of

**ESOLHAUS
AWESOME ICE CREAM**

For appointments please call Bea at 906-225-0671, ext. 701. Walk-ins welcome!



502 W Washington St
Marquette, MI 49855

Open Daily 8am - 10pm
Everyone Welcome

www.marquettefood.coop
906.225.0671



Cline Viognier

Regular Price: \$10.99

SALE PRICE: **\$9.89**

OWNER PRICE: **\$8.79**

750 ml



Short's Huma Lupa Licious

Regular Price: \$10.99

SALE PRICE: **\$9.79**

OWNER PRICE: **\$8.79**

6 pack

Michigan Beer



Marquette Food Co-op Edamame Rice Salad

Regular Price: \$9.99

SALE PRICE: **\$8.99**

OWNER PRICE: **\$7.99**

per pound



Marquette Food Co-op Awesome Chicken Salad

Regular Price: \$12.99

SALE PRICE: **\$11.69**

OWNER PRICE: **\$10.39**

per pound



CO-OP COMMUNITY PICNIC

Friday, August 9
5pm – 8pm

Join us for a picnic dinner at Presque Isle Pavilion.

Celebrate summer with grilling, live music, and camaraderie.

The Co-op will provide charcoal and grilling utensils to share, coffee, water, and dessert.

Attendees should bring their dinner, a chair or picnic blanket, and any other items for their picnic.

Questions? Call Sarah at 225.0671 x723



Marquette Food Co-op Mediterranean Salad

Regular Price: \$9.99

SALE PRICE: **\$8.99**

OWNER PRICE: **\$7.99**

per pound



Marquette Food Co-op Bacon Breakfast Croissant

Regular Price: \$5.99

SALE PRICE: **\$5.39**

OWNER PRICE: **\$4.79**

each



Valley's Own Bakery Date Bars

Regular Price: \$2.99

SALE PRICE: **\$2.69**

OWNER PRICE: **\$2.39**

4 oz



Marquette Food Co-op Oberon Pork Brats

Regular Price: \$4.49

SALE PRICE: **\$3.99**

OWNER PRICE: **\$3.59**

per pound



Thousand Hills 80/20 Grass Fed Ground Beef

Regular Price: \$5.99

SALE PRICE: **\$5.39**

OWNER PRICE: **\$4.79**

16 oz



Just Bare Boneless Skinless Chicken Breast

Regular Price: \$6.99

SALE PRICE: **\$6.29**

OWNER PRICE: **\$5.59**

16 oz



Applegate Naturals Uncured Sunday Bacon

Regular Price: \$6.29

SALE PRICE: **\$5.59**

OWNER PRICE: **\$4.99**

8 oz



Wholey Crab & Cheese Bites

Regular Price: \$3.59

SALE PRICE: **\$3.19**

OWNER PRICE: **\$2.79**

8 oz

Frozen



UPCOMING EVENTS

- August 4** Acoustic Brunch: Kirsten Gustafson & Friends 12pm–2pm
- August 9** MFC Community Picnic
- August 11** Acoustic Brunch: Luke Ogea 12pm–2pm
- August 18** MFC Farm Tours 3pm–6pm

- August 18** Acoustic Brunch: Share The Hedge 12pm–2pm
- August 20** MFC Blood Drive - Give a Pint. Receive a Pint.
- August 21** Wellness Wednesday Save 10% on wellness items



2019

marquette food co-op

LOCAL FARM TOURS

Learn about where your food comes from!

Sunday, August 18th Between 12-5pm

Rock River Farm | Seeds & Spores Family Farm | Virgin Earth Farm

Sunday, September 15th Between 12-5pm

MSU North Farm | Treasa's Treasures | Cloverland Farm
Danielson's Sugarbush LLC | Grand Bee's

Visit marquettefood.coop for more information, or pick up a tour guide in the store.

FREE TOURS!

