

All your favorite brands

Warm up with winter savings!

Look for over 40 coupons throughout the store.

save
over \$70

save with **coop deals**

\$1.00 off

Wholesome
Any organic honey or
pancake syrup



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 2/28/25.

4325

save with **coop deals**

\$2.00 off

Woodstock
Any nut butter



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 2/28/25.

save with **coop deals**

\$1.00 off

Miss Jones Baking Co.
Any item



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 2/28/25.

save with **coop deals**

\$1.00 off

Oatly
Any pint

4313

save with **coop deals**

\$3.00 off

artyPants

find savings throughout the store!

East and Central



save with **COOP deals.**

\$1.50 off

Andrew & Everett

Any slices or shreds

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.**

4283



save with **COOP deals.**

\$1.50 off

Avalon Organics

Any hair care item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4285



save with **COOP deals.**

\$1.50 off

Bass Brushes

Any brush

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/25.**

4286



save with **COOP deals.**

\$3.00 off 2

Boiron

Any two blue tubes

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4288



save with **COOP deals.**

\$1.00 off

Brown Cow

Any 32 oz. yogurt

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4289



save with **COOP deals.**

\$3.00 off

Childlife Essentials

Any item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/28/25.**

4291



save with **COOP deals.**

\$1.00 off

Coconut Secret

Any sauce

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4292



save with **COOP deals.**

\$2.00 off

Culture Pop

Any 4-pack

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4293

find savings throughout the store!



save with **COOP deals.**

\$1.50 off 2

Divina
Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4294



save with **COOP deals.**

\$1.00 off

Dr. Bronner's
Any chocolate bar

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/25.**

4295



save with **COOP deals.**

\$1.00 off

Fishwife
Any item

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/25.**

4296



save with **COOP deals.**

\$3.00 off

Flora Inc.
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4297



save with **COOP deals.**

\$5.00 off

Floradix
Any item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 2/28/25.**

4298



save with **COOP deals.**

\$1.00 off

Grandy Organics
Any item

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/25.**

4299



save with **COOP deals.**

\$2.00 off 2

Green Valley Creamery
Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4300



save with **COOP deals.**

50¢ off

Health Ade
Any 16 oz. kombucha

Present one coupon per one items purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.**

4301



save with **COOP deals.**

\$3.00 off

Health Force
Any Superfoods item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 2/28/25.**

4302

find savings throughout the store!



save with **coop deals.**

75¢ off

If You Care
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4303



save with **coop deals.**

\$1.00 off

Ithaca
Any salsa

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.**

4304

Central



save with **coop deals.**

\$1.50 off

Kalona Supernatural
Organic French onion dip

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4305



save with **coop deals.**

50¢ off

Lily's
Any chocolate bar or pouch

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4306



save with **coop deals.**

\$1.00 off

Maple Hill
Any yogurt or kefir

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4307



save with **coop deals.**

\$1.00 off

Miss Jones Baking Co.
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4309



save with **coop deals.**

\$5.00 off

Mineral Fusion
Any cosmetic or nail item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/28/25.**

4308



save with **coop deals.**

\$2.00 off

Natural Factors
Any 60 or 120 ct. single unit of vitamin B, D or K (excludes 2 pks.)

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.**

4310



save with **coop deals.**

\$1.00 off 2

Nixie
Any two 12 oz. cans

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4311



save with **coop deals.**

\$1.00 off

Now
Any letter vitamin or mineral

Present one coupon per item purchased. Limit of 25 coupons per shopping trip. **Expires 2/28/25.**

4312



save with **coop deals.**

\$1.00 off

Oatly
Any pint

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4313



save with **coop deals.**

\$2.00 off

Oregon's Wild Harvest
Any capsule, extract or tonic

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4314



save with **coop deals.**

\$3.00 off 2

Organic Valley
Any two packages of sliced cheese

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.**

4315



save with **coop deals.**

\$1.00 off

Preserve
Any item

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 2/28/25.**

4317



save with **coop deals.**

75¢ off

San-J
Any cooking sauce, soy, tamari or splash item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4318



save with **coop deals.**

\$1.00 off

Simple Mills
Any baking or pancake mix

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4319



save with **coop deals.**

\$3.00 off

SmartyPants
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4320



find savings throughout the store!



save with **COOP deals.**

\$2.00 off

Spectrum Essentials

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4321



save with **COOP deals.**

\$2.00 off

The Honey Pot

Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.**

4322



save with **COOP deals.**

\$1.00 off 2

Tia Lupita Foods

Any two hot sauces

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4323



save with **COOP deals.**

\$1.50 off

Wedderspoon

Any drop, pops, lozenges, propolis sprays or gummies

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4324



save with **COOP deals.**

\$1.00 off

Wholesome

Any organic honey or pancake syrup

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4325



save with **COOP deals.**

\$2.00 off 2

Woodstock

Any two frozen pastas

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4326



save with **COOP deals.**

\$2.00 off

Woodstock

Any packaged dried fruits, nuts, candy, seeds, snacks or mixes

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4328



save with **COOP deals.**

\$2.00 off

Woodstock

Any nut butter

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4327



save with **COOP deals.**

\$1.00 off 2

Yachak Organic

Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.**

4329