

All your favorite brands –

Savings for the Holiday Season!

Look for 70 coupons throughout the store.

**save
over \$105**

save with **coop deals**

\$1.00 off
Artisan Tropic
Any item



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 12/31/25.

save with **coop deals**

\$3.00 off
Oregon's Wild Harvest
Any capsule, extract or biodynamic tonic



save with **coop deals**

\$1.00 off
ParmCrisps
Any item



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 12/31/25.

save with **coop deals**

\$1.50 off
Good Good
Any jam, jelly or peanut butter



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 12/31/25.

save with **coop deals**

\$4.00 off
New Life



save with **coop deals.**

\$2.50 off

Alaffia

Any 4 or 11 oz. balms, butters or oils

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4599



save with **coop deals.**

\$2.00 off

American Health

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4600



save with **coop deals.**

\$1.00 off

Amore

Any cooking pastes or ready-to-eat vegetables

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/25.**

4601



save with **coop deals.**

\$3.00 off

Ancient Nutrition

Any organic SuperGreens item (excludes stick packs)

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/25.**

4602



save with **coop deals.**

\$1.00 off

Artisan Tropic

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4603



save with **coop deals.**

\$2.00 off

Artisana Organics

Any 8 or 14 oz. jar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4604



save with **coop deals.**

\$2.00 off

Aura Cacia

Any essential oil, body oil, face oil or body mist

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4605



save with **coop deals.**

\$2.00 off

Aura Cacia

Any room or toilet spray, plugin or refill

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4606



save with **coop deals.**

\$5.00 off

Barlean's

Any 16 oz. Seriously Delicious item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4607



save with **coop deals.**

\$1.00 off

BelGioioso

Any fresh mozzarella

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4608

find savings throughout the store!



save with **coop deals.**

\$1.00 off

Beyond

Any frozen breakfast
sausage patties

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4609



save with **coop deals.**

80¢ off

Bionaturae

Any fruit spread

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4610



save with **coop deals.**

\$1.00 off

Bobo's

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4611



save with **coop deals.**

\$3.00 off

Boiron

Any 6 or 12 dose Oscillo
item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4612



save with **coop deals.**

\$1.25 off

**Canyon
Bakehouse**

Any item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 12/31/25.**

4613



save with **coop deals.**

\$1.00 off

CB's Nuts

Any jar of 16 oz. organic
peanut butter

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 12/31/25.**

4614



save with **coop deals.**

\$3.00 off

**ChildLife
Essentials**

Any item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/25.**

4615



save with **coop deals.**

\$1.00 off 2

**Clif, Luna or
Builders**

Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4616



save with **coop deals.**

\$1.50 off

Cosmic Bliss

Any 14 oz. item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4617



find savings throughout the store!



save with **coop deals.**

\$1.00 off

Crystal
Any item

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 12/31/25.**

4619



save with **coop deals.**

\$2.00 off

Dr. Bronner's
Any 14 or 30 oz. coconut oil item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4621



save with **coop deals.**

\$1.00 off

Earth Science
Any hair care or lotion item (excluding gallon sizes)

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 12/31/25.**

4622



save with **coop deals.**

\$1.00 off

Earth's Best
Any cereal item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4623



save with **coop deals.**

75¢ off

Endangered Species
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4625



save with **coop deals.**

\$1.00 off

Epic
Any broth or oil item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4626



save with **coop deals.**

\$1.00 off

Essentia Water
Any 50.7 fl. oz. item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4627



save with **coop deals.**

\$1.00 off

Explore Cuisine
Any item

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 12/31/25.**

4628



save with **coop deals.**

\$1.50 off

Field Roast
Any frozen item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/25.**

4629



save with **coop deals.**

75¢ off

Food for Life
Any bread, English muffins or tortillas

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 12/31/25.**

4630

find savings throughout the store!



save with **coop deals.**



\$2.00 off

Four Sigmatic
Any 10 oz. coffee

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4631



save with **coop deals.**

\$1.00 off

Frontier

Any bottled spices, herbs or extracts

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4632



save with **coop deals.**

\$3.00 off

Garden of Life
Any raw probiotics

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4633



save with **coop deals.**

\$1.00 off

Good Culture

Any organic sour cream item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4634



save with **coop deals.**

\$1.50 off

Good Good

Any jam, jelly or peanut butter

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4635



save with **coop deals.**

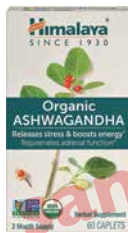
\$1.00 off

Green Mountain Gringo

Any salsa or tortilla strips

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4636



save with **coop deals.**

\$3.00 off

Himalaya

Any 60-240 ct. item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/25.**

4638



save with **coop deals.**

\$1.00 off

Jason Naturals

Any item (excludes face care and deodorant items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4639



save with **coop deals.**

70¢ off

Jovial

Any cracker or cookie item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4640

find savings throughout the store!



save with **coop deals.**

50¢ off

Kalona Supernatural
Any organic buttermilk

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4641



save with **coop deals.**

55¢ off

Kerrygold
Any 7 oz. deli cheese

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4642



save with **coop deals.**

\$1.00 off

Madhava
Any bag

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4643



save with **coop deals.**

50¢ off

Meister Cheese
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4644



save with **coop deals.**

\$5.00 off

Mineral Fusion
Any cosmetic or nail item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/25.**

4646



save with **coop deals.**

\$2.00 off

Natural Factors
Any Pharma Gaba, Suntheanine or Tranquil Sleep (excludes travel sizes)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4647



save with **coop deals.**

\$3.00 off

Natural Vitality
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4648



save with **coop deals.**

\$1.00 off 2

Nixie
Any two 12 oz. cans of soda

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4650



save with **coop deals.**

\$2.00 off 2

Numi
Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4651



save with **coop deals.**

\$3.00 off

Oregon's Wild Harvest
Any capsule, extract or biodynamic tonic

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4652

find savings throughout the store!



save with **coop deals.**

\$1.00 off 2

Pacific Natural Foods

Any two 16.1, 16.3 or 16.5 oz. soup cans

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4654



save with **coop deals.**

\$3.00 off

Pachamama Coffee

Any 10 oz. packaged coffee

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4653



save with **coop deals.**

\$1.00 off

ParmCrisps

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4655



save with **coop deals.**

50¢ off

Poppi

Any 12 oz. item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/25.**

4657



save with **coop deals.**

50¢ off

Rebbl

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4658



save with **coop deals.**

50¢ off

Reed's

Any 3.5 oz. crystallized ginger item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4659



save with **coop deals.**

\$4.00 off

Renew Life

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4660



save with **coop deals.**

\$1.00 off

Ripple

Any 48 oz. plant-based milk

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4661



save with **coop deals.**

\$1.00 off

Shady Maple Farms

Any maple syrup

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

4662



find savings throughout the store!



Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$1.50 off 2
Snack Factory or Snyder's of Hanover
 Any two pretzel items

4663



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$3.00 off
Solgar
 Any item

4664



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$2.00 off
Spectrum Essentials
 Any item

4665



Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
50¢ off
Spindrift
 Any 8-pack item

4666



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$1.00 off
Take Root Organics
 Any 28 oz. can

4667



Present one coupon per two items purchased. Limit of four coupons per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$2.00 off 2
Tcho
 Any two 2.1-2.5 oz. chocolate bars

4668



Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$1.00 off
The Ginger People
 Any 32 oz. Lemon & Honey Gingerade Soother or Turmeric Gingerade Soother

4669



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$1.00 off
Tillen Farms
 Any pickled vegetables, olives or preserved cherries item

4670



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$1.50 off
Wedderspoon
 Any drops, pops, lozenges, or propolis sprays

4672



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/25.**

save with **coop deals.**
\$2.00 off 2
Woodstock
 Any two frozen fruit items

4673