

# coop deals

AUG 21 - SEP 3, 2024



*so refreshing*

Don't let the summer days slip by without a refreshing sparkling beverage. Nixie's sparkling water is perfect for any time of the day. Cool off with a zero-sugar drink and enjoy Nixie's fantastic flavor combinations.



Buy One, Get One

**FREE**

Nixie  
Organic Sparkling Water  
8 pk.-12 fl. oz. cans, selected varieties



Buy One, Get One

**FREE**

Annie's  
Mac & Cheese  
5.25-6 oz., selected varieties



**2/\$5**

Health-Ade  
Organic  
Kombucha  
16 fl. oz., selected  
varieties



**2/\$8**

Cascadian Farm  
Organic Frozen  
Fruit  
8-10 oz., selected  
varieties



**4.99**

Newman's Own  
Sandwich  
Cookies  
13 oz., selected varieties



Buy One, Get One

**FREE**

*special offers inside!*





**3/\$4**

Fage  
Greek Yogurt  
5.3 oz., selected varieties



**3.69**

Rebbl  
Organic Functional  
Beverages  
12 fl. oz., selected varieties



**3.79**

The Greek Gods  
Greek Yogurt  
24 oz., selected varieties



**3.79**

Green Valley  
Organic Lactose-free Sour Cream  
12 oz.



**2/\$7**

Planet Oat  
Oatmilk  
52 fl. oz., selected varieties



**6.99**

White Mountain  
Organic Probiotic  
Whole Milk  
Bulgarian Yogurt  
32 oz.



*organic snack that goes everywhere*

Stonyfield Organic Yogurt Tubes are the perfect snack for on-the-go kids. Made with high-quality ingredients and 14 essential nutrients for a delicious, nutritious snack you can feel good about.

**4.39**

Stonyfield Organic  
Kids Yogurt Tubes  
16 oz., selected varieties



**4.49**

Miyoko's Creamery  
Organic Plant Milk  
Cream Cheese  
8 oz., selected varieties

**Find dairy and nondairy options at the co-op.**

Some items may not be available at all stores or on the same days



**4/\$7**  
Silk  
Dairy-free Yogurt  
5.3 oz., selected varieties



**2/\$6**  
Califia Farms  
Cold Brew  
Coffee  
10.5 fl. oz., selected  
varieties



**2/\$8**  
Evolution Fresh  
Organic Juice or  
Smoothie  
15.2 fl. oz.,  
selected varieties



**2.29**  
Noosa  
Yoghurt  
8 oz., selected varieties

COOPERATIVELY OWNED



**3.29**  
Organic Valley  
Grassmilk  
Half & Half  
1 pt.



**4.49**  
Califia Farms  
Oatmilk  
48 fl. oz., selected  
varieties

COOPERATIVELY OWNED



**7.49**  
Organic Valley  
Butter  
16 oz., selected varieties

*changing the  
meat we eat*

For over 30 years, **Applegate** has been producing high-quality natural and organic meat products, without GMO ingredients. We source our meat from farms where animals are treated with care and respect, all part of our mission — Changing The Meat We Eat®.



**4.49**  
Applegate  
Sunday Bacon  
8 oz.



**4.79**  
Applegate  
Breakfast Sausage  
7 oz., selected varieties



**5.49**  
Applegate  
Sliced Deli Meat  
7 oz., selected varieties



**10.99**  
Applegate  
Chicken Nuggets,  
Tenders or Bites  
16 oz., selected varieties

**Stock the fridge with favorites from the co-op.**



*plant-based BBQ options*

Our plant-based meats are made with simple, non-GMO ingredients to deliver the meaty experience you crave. Beyond products are also a good source of protein with no cholesterol.

**Buy One, Get One FREE**

**Beyond Meat Plant-based Sausages**  
14 oz., selected varieties



**Buy One, Get One FREE**

**Once Again Organic Peanut Butter**  
16 oz., selected varieties



**Buy One, Get One FREE**

**Goodpop Frozen Novelties**  
9-14 fl. oz., selected varieties

*full of the good stuff*

**INCLUSIVE TRADE PARTNER**  
Purely Elizabeth is a woman-owned company. As a Non-GMO Project Verified company, Purely Elizabeth is here to help you thrive on your wellness journey by creating foods to obsess over.

**Buy One, Get One FREE**

**Purely Elizabeth Granola**  
8-12 oz., selected varieties



**Find end-of-summer BOGO deals at the co-op.**

Some items may not be available at all stores or on the same days



Buy One, Get One  
**FREE**

Solely  
Organic Fruit Jerky  
.8 oz., selected varieties



Buy One, Get One  
**FREE**

Crofter's  
Organic Premium  
Fruit Spread  
16.5 oz., selected varieties

COOPERATIVELY OWNED



Buy One, Get One  
**FREE**

Aura Cacia  
Kids Fizzy Bath  
2.5 oz., selected varieties



Buy One, Get One  
**FREE**

Herban Cowboy  
Stick Deodorant  
2.8 oz., selected varieties



Buy One, Get One  
**FREE**

Weleda  
Toothpaste  
2.5 fl. oz., selected varieties



Buy One, Get One  
**FREE**

Preserve  
Adult Toothbrush  
each, selected varieties

**Buy one, get one free deals are at the co-op!**



**2.19** Evol Burritos  
6 oz., selected varieties



**3.29** Van's Frozen Waffles or Pancakes  
8-12.4 oz., selected varieties

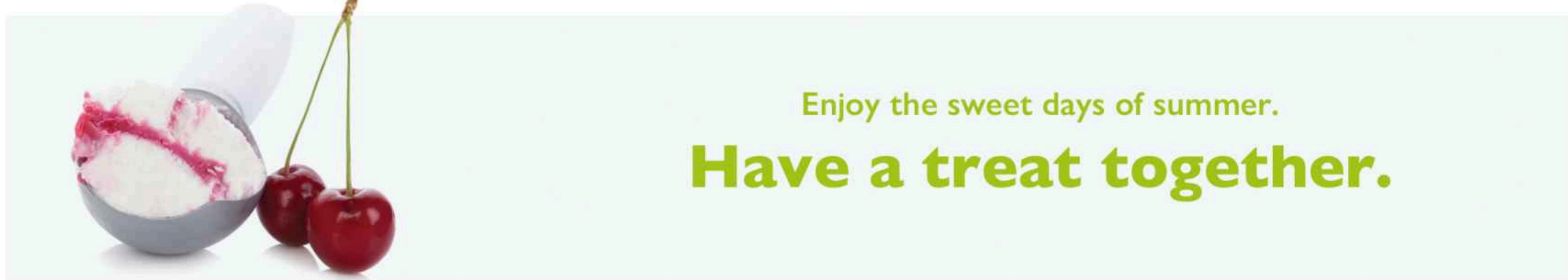


*organic nostalgia*

Crafted in Eugene, Oregon, since 2004, Alden's Organic offers a variety of flavors including our classic Orange Cream Bars and Vanilla Bean Ice Cream Sandwiches. Savor the nostalgia with every certified-organic bite!

**4.99**

Alden's Organic Frozen Novelties  
9-14 fl. oz., selected varieties



**3.99** Silver Hills Sprouted Bread  
15-22 oz., selected varieties



**4.99** Ben & Jerry's Ice Cream or Non-dairy Dessert  
1 pt., selected varieties

**INCLUSIVE TRADE PARTNER**

Caulipower is a woman-owned company. We were started by a mom of two children with Celiac Disease, and we offer delicious, gluten-free options.



**6.99** Caulipower Cauliflower Crust Pizza  
10.9-11.6 oz., selected varieties



**4.49** So Delicious Dairy-free Frozen Novelties  
9.2-18.4 fl. oz., selected varieties

**Freezer favorites are at the co-op.**

Some items may not be available at all stores or on the same days



**4.49**

**Ripple**  
Plant-based Milk  
48 fl. oz., selected varieties



**2/\$4**  
Mid-Day Squares  
Functional  
Chocolate Bar  
1.16 oz., selected  
varieties



**2/\$5**  
Hail Merry  
Snack Cups  
1.5 oz., selected varieties



**2/\$6**  
Tasty Bite  
Indian Entrees  
10 oz., selected varieties



**2/\$7**  
West Life  
Organic Soymilk  
32 fl. oz., selected  
varieties



**4.69**  
Mt Vikos  
Feta Cheese  
6 oz., selected varieties



**4.79**  
Lakewood  
Fruit Juice  
32 fl. oz., selected  
varieties



**4.99**  
Patagonia  
Provisions  
Canned Seafood  
4.2 oz., selected varieties

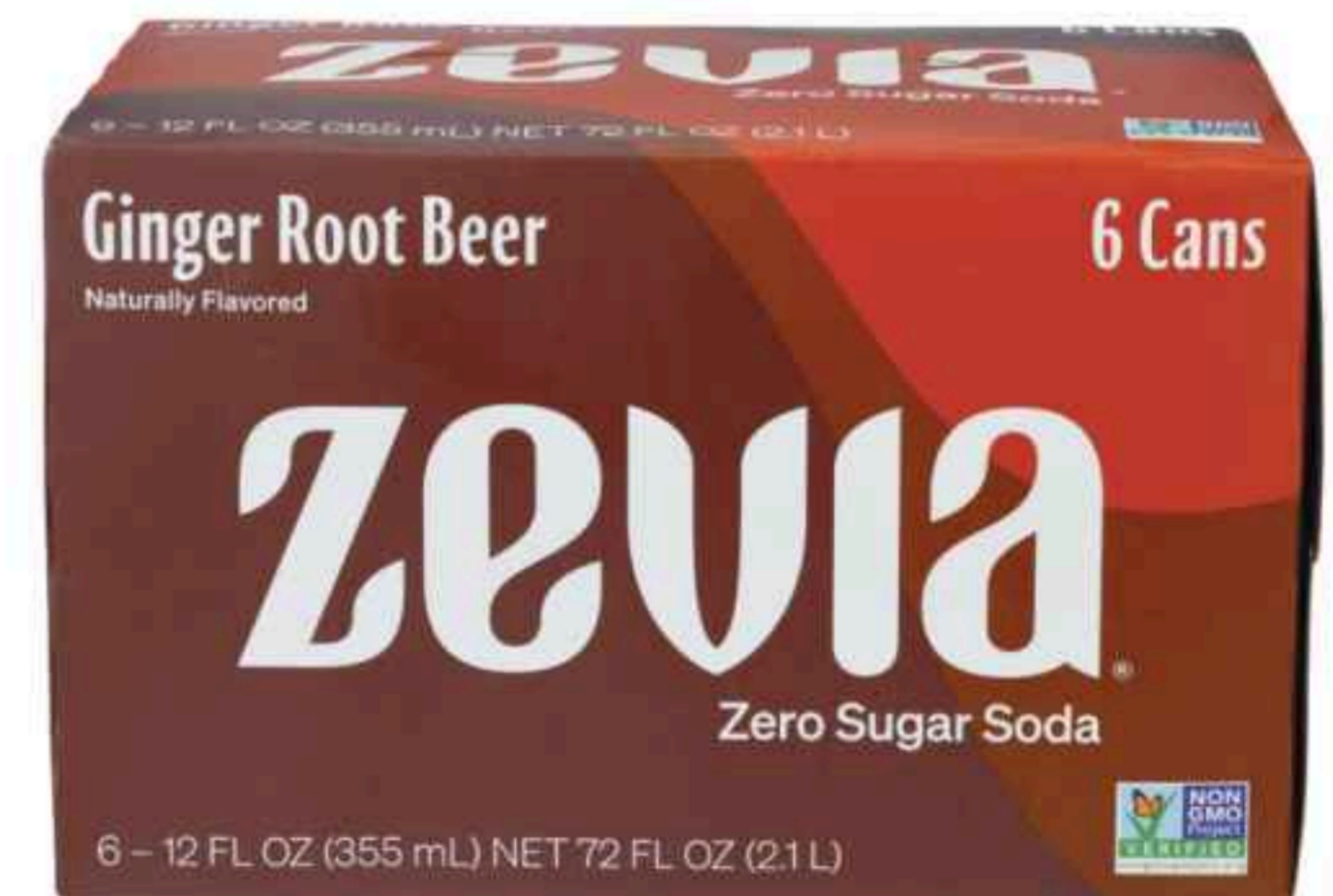


*enhance every moment*

San Pellegrino guides you two unique taste experiences. An experience that begins with fine food and ventures far beyond. With its incomparable sense of taste and Italianity, San Pellegrino is able to enhance every moment.

**2.29**

**San Pellegrino**  
Sparkling Mineral Water  
25.3 fl. oz.



**5.49**

**Zevia**  
Zero Sugar Soda  
6 pk.-12 fl. oz. cans, selected varieties

**The co-op has so many options for everyone.**



**4.29**

**Back to Nature Cookies**  
8-12 oz., selected varieties

*soft-baked snack break*



From home to on-the-go, Nature's Bakery is your goodness go-to for lunchtime, snack time — or anytime!

**4.49**

**Nature's Bakery Fig Bars**  
6pk.-2 oz., selected varieties



**2/\$9**

**Mom's Best Cereals**  
17.5-24 oz., selected varieties



**4.49**

**One Degree Organic Foods Sprouted Rice Cereal**  
8-10 oz., selected varieties



**3.99**

**Mi-del Snaps**  
8-10 oz., selected varieties



**4.79**

**Birch Benders Organic Pancake & Waffle Mix**  
14-16 oz., selected varieties



*Italian organics*

Jovial's commitment to organic, great tasting foods, means no compromises. Enjoy meals worry-free, whether you're gluten-sensitive, grain-free or simply seeking purity. Every bite is crafted for your well-being and peace of mind.

**2/\$7**

**Jovial Organic Tomatoes or Pasta**  
8-18.3 oz., selected varieties



**3.29**

**Woodstock Organic Ketchup**  
19.5-20 oz., selected varieties

**Find all your snacks and drinks at the co-op.**





**2/\$6**

**Alter Eco Organic Chocolate Bars**  
2.65-2.96 oz., selected varieties



*now regenerative organic certified®*

We grow rice right here in California, using regenerative organic farming practices that support soil health and wildlife habitat and strengthen communities.

**3.79**

**Lundberg Family Farms Organic Rice Cakes**  
6-10.5 oz., selected varieties



**1.79**

**Gimme Organic Seaweed Snacks**  
.32-.35 oz., selected varieties



**2/\$5**

**Nick's Sticks Meat Sticks**  
1.7 oz., selected varieties



**2.79**

**LesserEvil Organic Popcorn**  
4.6-7 oz., selected varieties

*kettle-cooked potato chips*

Made from an original family recipe with American-grown potatoes, our chips are thickly sliced and kettle cooked in small batches in pure avocado oil with a buttery taste.

**2/\$6**

**Boulder Canyon Potato Chips**  
5.25-6.5 oz., selected varieties



**2/\$6**

**From the Ground Up Cauliflower Crackers**  
3.5-4 oz., selected varieties



**2/\$7**

**Que Pasa Organic Tortilla Chips**  
10-11 oz., selected varieties

**Stock up on great deals at the co-op.**



**2/\$6**

**Orgain Protein Shake**  
11 fl. oz., selected varieties



**2.29**

**Probar Meal Bars**  
3 oz., selected varieties

*Probar meal*

When you need a quick, nutritious meal replacement, try PROBAR Meal Bars! With whole foods, natural ingredients and blended for maximum nutrient density, they leave you feeling satisfied all day.



**2/\$4**

**Vita Coco Coconut Water**  
16.9 fl. oz., selected varieties



**9.49**

**Bach Rescue Remedy Pastilles**  
35 ct., selected varieties



**16.99**

**Smarty Pants Organic Kids Multi & Omegas Gummies**  
120 ct.

*simple good with 12 grams of protein*

RXBAR — Protein bars made with a few simple ingredients that are perfect for breakfast on the go, as protein-packed snack bars or as pre- or post-workout fuel.

**2/\$4**

**Rxbar Protein Bars**  
1.83-1.9 oz., selected varieties



**19.99**

**Barlean's Organic Flax Oil**  
16 fl. oz., selected varieties

**Find all your wellness items at the co-op.**

# empowering West African communities

## INCLUSIVE TRADE PARTNER

**Alaffia** is a Black-owned company that believes it is our responsibility to ensure African resources empower African communities. Our goal is to alleviate poverty and encourage gender equality through education-based projects, maternal health and environmental sustainability.



**9.99**

Alaffia  
Everyday Shampoo  
or Conditioner  
32 fl. oz., selected varieties

**9.99**

Alaffia  
Everyday Body  
Lotion  
32 fl. oz.,  
selected varieties

**9.99**

Alaffia  
Everyday Body  
Wash  
32 fl. oz.,  
selected varieties

**9.99**

Alaffia  
Everyday  
Bubble Bath  
32 fl. oz.,  
selected varieties



**4.99**

Crystal  
Unscented  
Mineral  
Deodorant Stick  
4.25 oz.



**6.29**

Sukin  
Shampoo or  
Conditioner  
16.9 fl. oz., selected  
varieties



**11.99**

Nutiva  
Organic Fair  
Trade Virgin  
Coconut Oil  
23 fl. oz.

# perk up your smile

Keep your mouth feeling clean and healthy. Have confidence in your sparkling smile and fresh breath. Fluoride-free formula.

**4.99**

Jason  
Toothpaste  
4.2 oz., selected varieties



**16.99**

Nutrition Now  
PB 8 Probiotic  
120 ct., selected varieties

**The co-op has the brands you trust.**

**Shop for fresh, delicious, local food at a co-op near you.**

**ILLINOIS**

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

**INDIANA**

- 3 Rivers Natural Grocery
- Bloomingsfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

**IOWA**

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

**KANSAS**

- The Merc Co+op

**KENTUCKY**

- Good Foods Co-op

**MICHIGAN**

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

**MINNESOTA**

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

**MINNESOTA**

- Keweenaw Co-op Market & Deli
- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

**NEBRASKA**

- Open Harvest Cooperative Grocery

**OHIO**

- Phoenix Earth Food Co-op

**SOUTH DAKOTA**

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

**WISCONSIN**

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

*See what's on sale with the Co+op Deals app!*

**coop deals.**

**Download the App!**



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



*extra soft and strong*

Seventh Generation Bath Tissue does its job well and helps you consider your impact on the environment. Our Bath Tissue is whitened without chemicals and made from 100% recycled paper.

**10.99** Seventh Generation 100% Recycled Bath Tissue 12 ct.



**8.39** Dr. Bronner's Pure Castile Soap 16 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



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