Ctop deals.

JUL 3 - JUL 16, 2024

chill out

As the temperatures rise, cool down this summer with treats from the coop — like Talenti Pistachio Gelato. Made with pistachios from California, this gelato is flavorful and refreshing. Find it on sale at your co-op today!



4.49

Talenti
Gelato or Sorbetto
1 pt., selected varieties

COOPERATIVELY OWNED



2.99

Equal Exchange
Organic
Chocolate Bars

2.8-3.5 oz., selected varieties



2/\$8

Cascadian Farm Organic Frozen Fruit

8-10 oz., selected varieties



2/\$8
Annie's
Organic Dressing
8 fl. oz., selected
varieties



4.49

Quinn
Pretzel Nuggets
5-7 oz., selected varieties



4.99
Forager Project
Organic

Cashewmilk

Yogurt 24 oz., selected varieties



2/\$10 Waterloo
Sparkling Water
12 pk.-12 fl. oz. cans, selected varieties



Enjoy your summer with great deals from the co-op.

Cool and refreshing.



3.29

Lightlife
Organic Tempeh
8 oz., selected varieties



4.99

Field Roast Chao Plant-based Cheese

7-8 oz., selected varieties



4.99

Field Roast
Plant-based Sausages
9.3-12.95 oz.,
selected varieties



5.99

Field Roast
Plant-based
Appetizers
10 oz., selected varieties



Lightlife and Field Roast

are the perfect summer companions. Try some of our plant-based favorites at your next get-together for a flavorful addition to any dish.



2/\$5

Brew Dr.

Organic Kombucha
14 fl. oz., selected varieties

COOPERATIVELY OWNED



4.99

Organic Valley
Cheese Slices
6 oz., selected varieties

COOPERATIVELY OWNED



4.99

Organic Valley
Family First Milk
64 fl. oz., selected
varieties



more to love

INCLUSIVE TRADE PARTNER

GT's Living Foods is a family-and LGBTQIA+owned business. Enjoy delicious flavors crafted
with real, whole ingredients, and billions of
probiotics in 48 oz. multi-serve bottles. SYNERGY
Raw Kombucha is fully fermented for 30 days,
ensuring maximum purity and potency.

7 9 9 GT's

Kombucha

48 fl. oz., selected varieties



6.99

Wildbrine
Organic
Sauerkraut
18 oz., selected varieties



6.49

Bubbies Sauerkraut 25 fl. oz., selected varieties

Chill out with flavorful options at the co-op.





4.99

Tofurky
Plant-based
Sausages
13 oz., selected
varieties

rich, creamy and perfectly delicious 7

We've been perfecting our cream top yogurt since 1973. It's sweetened with cane sugar, maple syrup and/or honey, and we use no artificial growth hormones, flavors or sweeteners.

5/\$5 Brown Cow

Cream Top Yogurt
5.3 oz., selected varieties





5.99
Culture Pop
Probiotic Soda
4 pk.-12 fl. oz., selected
varieties



5.49

Zero Sugar Soda 6 pk.-12 fl. oz. cans, selected varieties

unbelievably thick and creamy



Whole milk Greek yogurt that's unbelievably thick and creamy! Be amazed by the deliciously rich and creamy taste of Greek yogurt by FAGE.

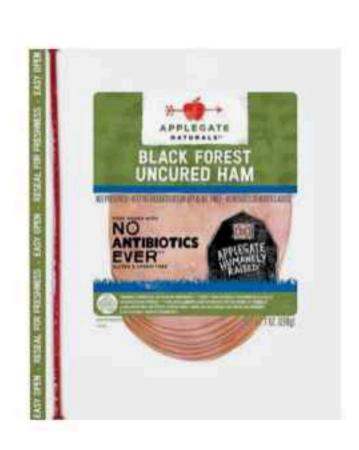
5.99

Fage Greek Yogurt

32 oz., selected varieties



5.49
Bitchin' Sauce
Almond Dip
7-8 oz., selected
varieties



5.49
Applegate
Sliced Deli Meat

7 oz., selected varieties

The co-op has something for everyone.



2/\$5

Health-Ade

Organic Kombucha
16 fl. oz., selected varieties

sweet summer classics

Bring home your family's all-time favorite treats with GoodPop! Your summer will be all smiles as you enjoy these refreshing, cleaned-up classics.

3,99

Goodpop Frozen Novelties 9-14 fl. oz., selected varieties





2/\$8

Cascadian Farm
Organic Frozen
Potatoes
12-16 oz., selected
varieties



4.99
Bizzy
Organic Cold
Brew Coffee
48 fl. oz., selected
varieties



5.29 Food for Life
Organic Ezekiel
4:9 Bread
24 oz., selected varieties

minimal ingredients, maximum taste

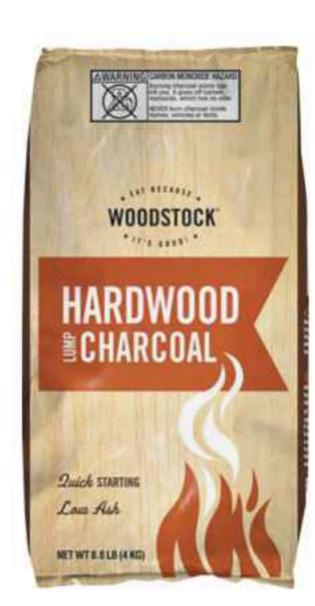


It doesn't taste store-bought, because in every way it isn't — except that you can buy it here, in the store.

2/\$7

Ithaca Hummus

10 oz., selected varieties



0.99 Woodstock Lump Hardwood Charcoal 8.8 lbs.

Find a variety of options at the co-op.

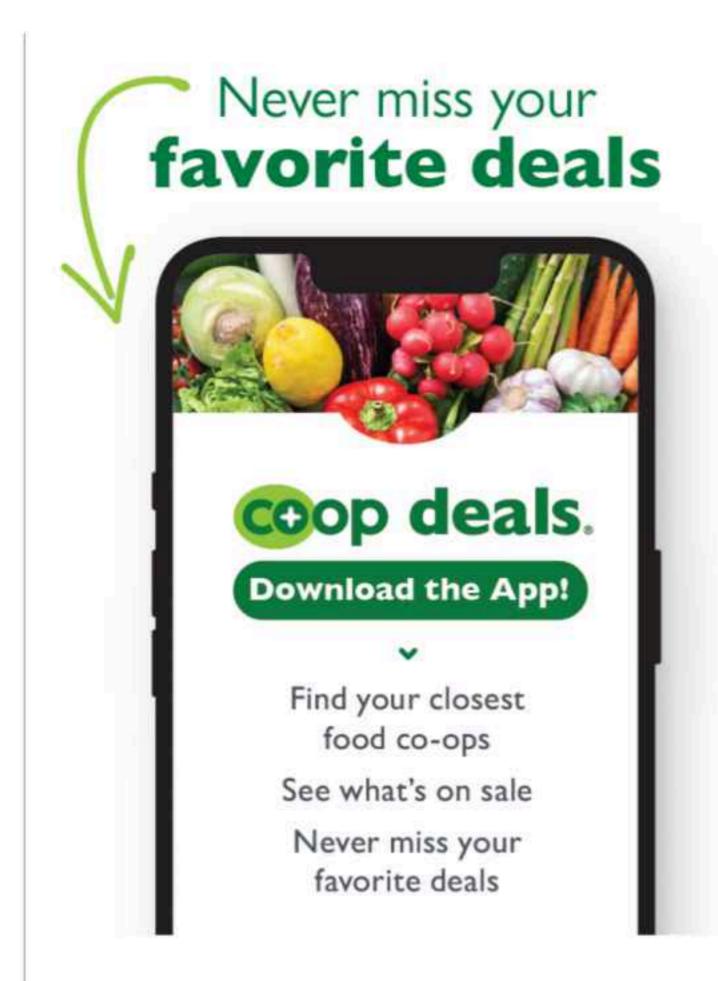


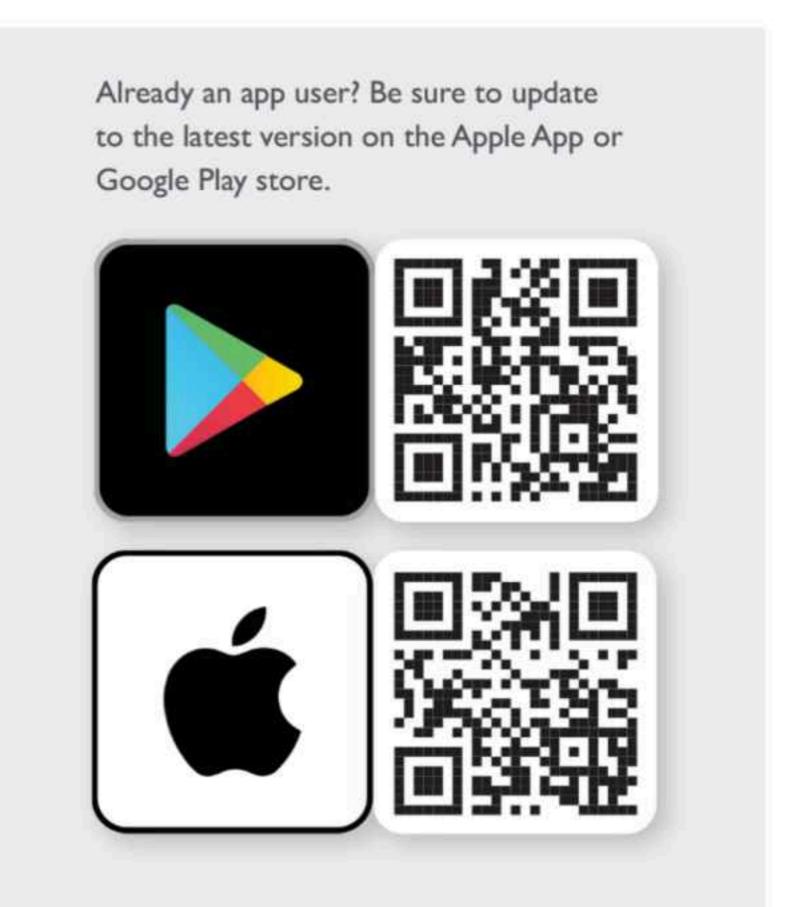
2/\$7

Rebbl

Organic Protein Beverage

12 fl. oz., selected varieties







4.29

Dr. Praeger's

Veggie Burgers

10 oz., selected varieties



5.99

Canyon Bakehouse Gluten-free Bread or Bagels 14-18 oz., selected varieties



14.99

California Olive Ranch Global Blend Extra Virgin Olive Oil 25.4 fl. oz.

invite all your friends

Sharing what's real is important to us. Which is why we make something for everyone! Alden's Organic is true-to-flavor organic ice cream that everyone can enjoy.



8.49

Alden's Organic Ice Cream

1.5 qts., selected varieties



4.99

Dr. Bronner's
Organic Whole Kernel
Virgin Coconut Oil
30 fl. oz.

Never miss a deal with the Co+op Deals app.









springtime's best tortilla chips!

2.99 Garden of Eatin' Organic Low-fat Traditional

Refried Beans

16 oz.

3.99

Garden of Eatin' Taco Shells 5.5 oz., selected varieties 2/\$5

Garden of Eatin' Tortilla Chips 5.5 oz., selected varieties

4.49

Garden of Eatin' Tortilla Chips 16 oz., selected varieties

Garden of Eatin'® tortillas are made with organic corn for the best snacking experience. These non-GMO, gluten-free tortillas are crafted from the best ingredients and made with no shortcuts to give you healthy and tasty snacks that are a joy to eat.



2.19 Frontera Cooking Sauce 8 oz., selected varieties



2/\$7 C20 Coconut Water 33.8 fl. oz., selected varieties



5.49 Louisville Vegan Jerky Co. Plant-based Jerky 3 oz., selected varieties



At Bionaturae, authentic Italian means more than food that comes from Italy. It's organic ingredients that represent the heart and soul of an Italian kitchen. Welcome to our big Italian table.

Bionaturae Organic Pasta or **Strained Tomatoes** 8.8-24 oz.



Earth's Best Organic PB & J Bites 3.17 oz., selected varieties

Meals are easy with deals from the co-op.



Clif Bar was born on a bike and built with athletes in mind. Today we make organic, plant-based energy bars — and not just for performance. We thoughtfully craft our foods to help energize any moment, big or small.



2/\$3
Luna
Nutrition Bars
1.69 oz.,

selected varieties



3/\$5
Clif
Bars
2.4 oz.,

selected varieties



2/\$4
Clif
Builders
Protein Bars

2.4 oz., selected varieties



5.79
Clif
Organic Zbar
6 pk.-1.27 oz. bars,
selected varieties



2/\$7
Pacific Foods
Plant-Based
Beverages
32 fl. oz., selected
varieties



4.49
Milkadamia
Macadamia Milk
32 fl. oz., selected
varieties



11.99
Peace Coffee
Organic Coffee
12 oz., selected varieties



sweet classics

Looking to sweeten up your favorite recipe without added sugars? SweetLeaf® Sweet Drops® can help. Whether you need glutenfree, keto kind or sugar-free ingredients, this liquid sweetener is a must.

6.99

Sweetleaf
Stevia Sweet Drops
2 fl. oz., selected varieties



4.99

Kashi Cereal

9.5-16.3 oz., selected varieties

Breakfast and snack favorites are at the co-op.



2/\$7 Frontera Salsa 16 oz., selected varieties

all taste, no guilt

The Good Crisp Company is a betterfor-you potato chip company that is certified gluten-free, non-GMO and allergen-friendly. Snack happy!

2/56

The Good Crisp Company Potato Crisps







2.79
Theo
Organic
Chocolate Bars
3 oz., selected varieties



5.6 oz., selected varieties

2/\$6
Uglies
Potato Chips
6 oz., selected varieties



2/\$6
Food Should Taste
Good
Tortilla Chips
5.5 oz., selected varieties



ingredients you can see and pronounce

Kind's Healthy Grains Oats Honey Granola Clusters are delicious and full of ingredients you'll love. Our granola clusters are made with a blend of oats, millet, buckwheat, amaranth and quinoa.

4.99

Kind Healthy Grains Granola

11 oz., selected varieties



3.79
Mary's Gone Crackers
Organic Crackers
4.25-6.5 oz., selected varieties

The co-op has delicious snacks for any occasion.



3/\$5
Steaz
Organic Green
Tea
16 fl. oz., selected
varieties



2.19
San Pellegrino
Sparkling Mineral
Water
25.3 fl. oz.



quality ingredients, delicious Mayo

With handcrafted condiments from smoky Chipotle to creamy Classic Mayonnaise and credentials like non-GMO, Certified Humane cage-free eggs and no artificial flavors, Sir Kensington's has tasty options for all!

5.99

Sir Kensington's Mayonnaise



2.79
The Ginger
People
Ginger Soother
12 fl. oz., selected
varieties



2/\$5
Santa Cruz Organic
Lemonade or
Limeade
32 fl. oz., selected varieties



8.49
Lundberg Family
Farms
Organic Rice
32 oz., selected varieties



INCLUSIVE TRADE PARTNER

Siete is a Mexican American food brand, rooted in family, that creates heritage-inspired products with thoughtfully selected ingredients — like avocado oil and cassava!

3.79

Siete
Tortilla Chips
5 oz., selected varieties



Celestial Seasonings
Herbal Tea
20 ct., selected varieties

Shop the co-op for your next adventure.



Jarrow Formulas Methyl B-12 1000mcg 100 ct.

delicious magnesium gummies

Support for stress, sleep, heart, recovery and more, Dr. Formulated Magnesium Gummies also contain pre- and probiotics and are available in yummy peach and raspberry flavors.

Garden of Life Dr. Formulated Magnesium Gummies 60 ct., selected varieties





14.99

Ultima Replenisher Electrolyte Drink Mix

3.2-3.8 oz., selected varieties



3.49

Dr. Tung's Smart Floss 30 yd.

goodness from the ground up



MegaFood, a certified B Corporation, crafts nutrient-rich supplements with real food and added nutrients, and is committed to regenerative agriculture alongside partners and farmers who share our dedication.

Megafood Blood Builder or **Turmeric Curcumin**

60 ct., selected varieties



38.99

Vital Proteins Unflavored Collagen **Peptides** 20 oz.

The co-op helps supplement an active summer.



INCLUSIVE TRADE PARTNER

Badger is a family-founded, woman-led B Corp that uses the cleanest ingredients in everything we make. Each product captures the healing power of nature with uniquely pure, powerful formulas that soothe and protect.



4.79

Badger Aloe Vera After Sun Gel 4 fl. oz.



7.69

Badger
Anti-bug Spray
4 fl. oz.



10.99

Badger
Active SPF 30 Mineral
Sunscreen Cream
2.9 fl. oz.



10.99

Badger
Active SPF 40 Mineral
Sunscreen Cream
2.9 fl. oz.



Find Inclusive Trade brands throughout the co-op.

We are committed to diversity.

Eco Chic hair care

INCLUSIVE TRADE PARTNER

Giovanni is a Veteran-owned company.

Tea Tree Triple Treat™ Shampoo &

Conditioner, Original Eco Chic® Hair

Care! Clarify and invigorate scalp and

tresses with a proprietary blend of organic
tea tree, peppermint and eucalyptus oils.

5.69

Giovanni

Shampoo or Conditioner

8.5 fl. oz., selected varieties







11.99

Tru Earth Laundry Detergent Strips

32 ct., selected varieties



Find summer essentials at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Food Shed Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op
Wild Onion Market

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market
Purple Porch Food Co-op

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Detroit People's Food Co-op Grain Train Natural Foods Market GreenTree Co-op Market Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli

MINNESOTA

Ypsilanti Food Co-op

Bluff Country Co-op City Center Market Cook County Co-op Eastside Food Cooperative Good Earth Food Co-op Hampden Park Co-op Harmony Natural Foods Co-op Just Food Co-op Lakewinds Food Co-op Mississippi Market Natural Harvest Food Co-op People's Food Co-op - Rochester River Market Community Co-op Seward Community Co-op Spiral Food Co-op St. Peter Food Co-op & Deli Valley Natural Foods Wedge Community Co-ops

Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op Sioux Falls Food Co+op

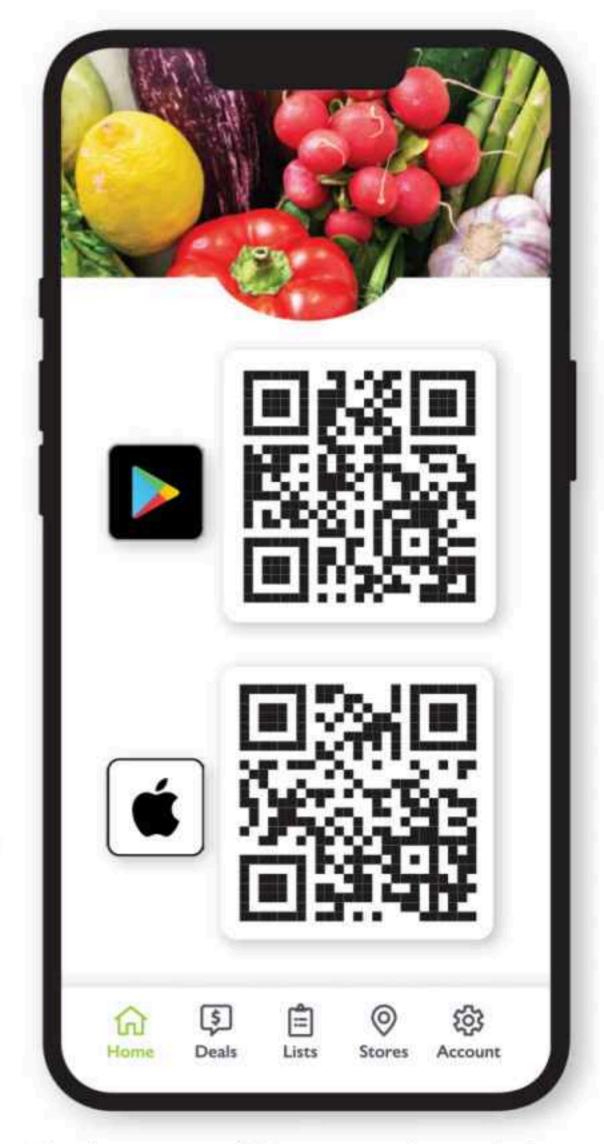
WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Hudson Grocery Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op

See what's on sale with the Co+op Deals app!



Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

NORDIC NATURALS' ULTIMATE OMEGA for heart, brain and immune health* #1 FISH OIL BRAND IN THE USA: 1280 mg Omega-3s per 2 Soft Gels 180 SOFT GELS

FISH OIL SUPPLEMENT

award-winning fish oil

Ultimate Omega® is trusted by doctors for its exceptional purity and potency. Sourced for freshness and sustainability, it offers the healthy benefits of omega-3 nutrition in each daily serving.

53,99

Nordic Naturals
Ultimate Omega
180 ct.



4.29

Kettle Brand
Potato Chips

MW0724A

11.25-13 oz., selected varieties















Some items may not be available at all stores or on the same days.

