# Ctop deals.

JUL 17 - JUL 30, 2024

### summer snacking

Summer months mean BBQs and picnics
— and nothing goes better with those
than Late July Sea Salt Tortilla Chips.
Made from high-quality ingredients and
salted just right. Pick up a few bags
while they're on sale



3.29
Late July
Organic Tortilla Chips
7.4-10.1 oz., selected varieties



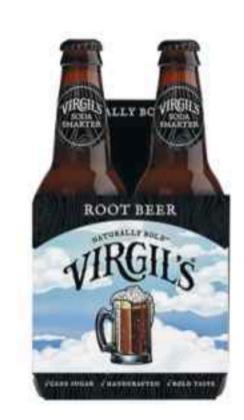
2/\$5
Chocolove
Chocolate Bars
2.9-3.2 oz., selected varieties



2.69
Kevita
Organic Kombucha
15.2 fl. oz., selected
varieties



2/\$7
Stacy's
Pita Chips
6.75-7.33 oz., selected varieties



5.49
Virgil's
Root Beer or
Cream Soda
4 pk.-12 fl. oz. bottles,
selected varieties



5.99
Primal Kitchen
Dressing or
Marinade
8 fl. oz., selected varieties



17.99
Napa Valley
Naturals
Organic Extra
Virgin Olive Oil
25.4 fl. oz.



The co-op has snacks for maximum summertime enjoyment.

Savor the summer.



7.49

Beyond Meat Plant-based Sausages

14 oz., selected varieties

### made with sunshine

What are pasture-raised eggs, you ask? They're eggs from hens raised with respect by family farmers. Proudly crack them open for breakfast or bake into your favorite summer treat.



5.99

Vital Farms
Large Pasture-raised
Grade A Eggs
1 doz.



1.59
Forager Project
Organic
Cashewmilk
Yogurt
5.3 oz., selected

varieties

COOPERATIVELY OWNED



3.29
Organic Valley
Grassmilk
Half & Half
1 pt.



4.29
Upton's Naturals
Seitan
5-8 oz., selected
varieties



ultra-creamy organic yogurt

Wallaby Organic is unforgettably rich and creamy, and not too tart. Discover Wallaby for yourself today!

6 4 9
Wallaby Organic
Greek Yogurt

32 oz., selected varieties



4.49
Silk
Plant-based Milk
64 fl. oz., selected varieties



Find delicious breakfast options at the co-op.

#### INCLUSIVE TRADE PARTNER

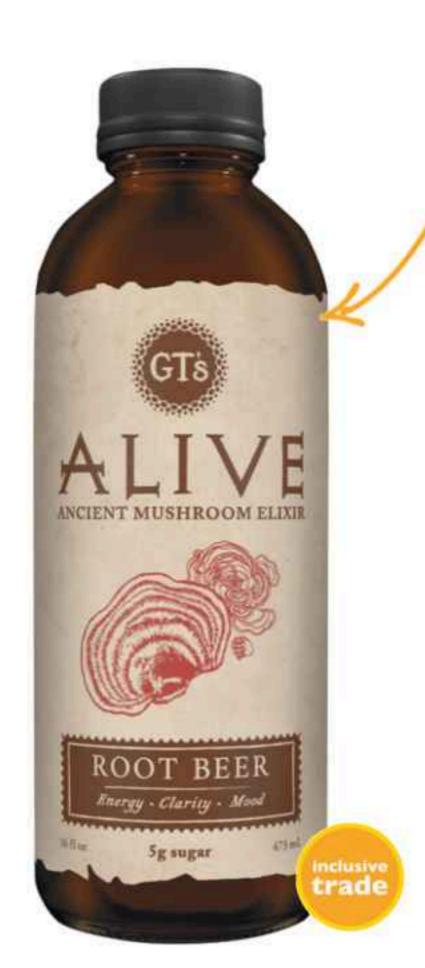


Pop & Bottle is a diverse-owned company. After visiting coffee shops around the world, we created organic lattes without dairy or refined sugars.



2/\$6

Pop & Bottle
Organic Almond Latte
11 fl. oz., selected varieties



### thrive with alive

#### INCLUSIVE TRADE PARTNER

GT's Living Foods is a family-and LGBTQIA+owned business. Inspired by the flavors of
nostalgic sodas, ALIVE is made with natural
flavors and clean energy to revive your body and
sharpen your mind.

2/\$6

GT's

Alive Ancient Mushroom Elixir

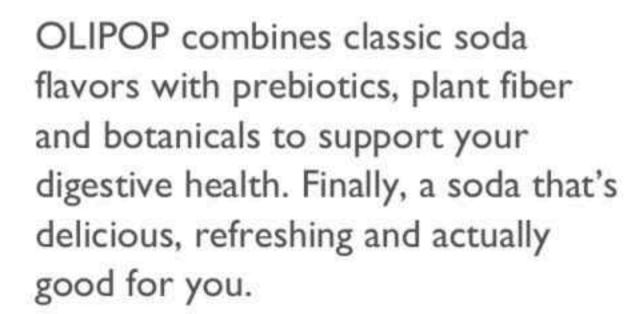
16 fl. oz., selected varieties



Co-ops foster diverse and inclusive communities.

The co-op celebrates diversity.

### a new kind of soda

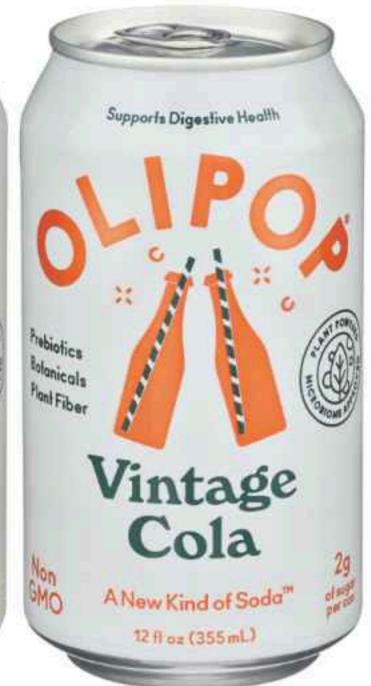


2/54

Olipop Prebiotic Soda

12 fl. oz., selected varieties







3.99
Harmless Harvest
Organic Coconut Water
16 fl. oz., selected varieties

The co-op supports Inclusive Trade.



2/\$7
Blue Diamond
Almondmilk
59-64 fl. oz., selected varieties



chocolatey love a-fair

How do you like your euphoria? There are so many ways to enjoy Ben & Jerry's. We cover our bases with good ol' chocolate and award-winning vanilla, but then go so much further with something for everyone. Go ahead, give it a swirl.

4.99

Ben & Jerry's lce Cream or Non-dairy Dessert 1 pt., selected varieties



Sunny days and sweet snacks.

### Cool off with a frozen treat.



# America's favorite organic ice cream

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

5.49

Alden's Organic Frozen Novelties

9-14 fl. oz., selected varieties



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

Never miss a deal with the Co+op Deals app.



2.29

Red's Burritos

4.5-5 oz., selected varieties



3.49
Pitaya
Frozen Fruit
12 oz., selected varieties



## thoughtfully crafted deliciousness

We believe in nourishing people and the planet. And we are proud to use our brand as a force for good.

4.99

So Delicious Dairy-free Frozen Dessert

1 pt., selected varieties



The co-op has dinner options for the whole family.

### Delicious and fresh ingredients.



### farm to freezer

Picked at the peak of ripeness, washed and quick-frozen to lock in flavor and nutrition!
Woodstock Organic Frozen
Vegetables are great for easy meal solutions and are always free from artificial colors and flavors.

Woodstock
Organic Frozen Vegetables
10 oz., selected varieties



4.49

Gardein
Plant-based
Proteins
8-13.7 oz., selected
varieties



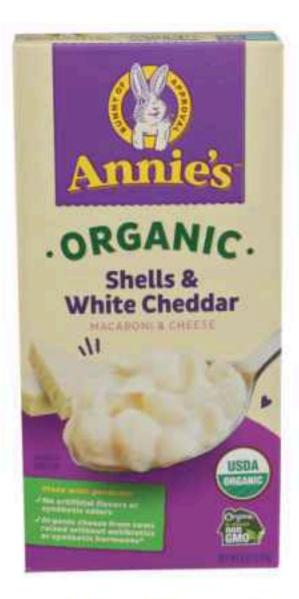
Fill up the freezer with favorites from the co-op.



2/\$3
Epic
Snack Strips
.8 oz., selected varieties



2/\$5
Wild Planet
Skipjack Tuna
5 oz., selected varieties



2/\$6
Annie's
Macaroni & Cheese
5.5-6 oz., selected varieties



Find the ingredients you love at the co-op.

### Make fresh and easy meals.



2.49

Koyo
Organic Udon
Noodles
8 oz., selected varieties



2.79
San-J
Gluten-free
Tamari Soy Sauce
10 fl. oz.



high protein pasta, classic taste

Chickapea is a woman-owned company providing nutritious, convenient family meal options.





Chickapea
Organic Chickpea Pasta
8 oz., selected varieties



3.79
Newman's Own
Pasta Sauce
24 fl. oz., selected
varieties



Pantry essentials are at the co-op.



Blue Diamond Almondmilk 32 fl. oz., selected varieties

### 100% organic, 100% delicious



#### **INCLUSIVE TRADE PARTNER**

GoMacro is a woman-owned company. Our nut-free Sunflower Butter + Chocolate MacroBar® is made with creamy sunflower seed butter, rich cocoa powder, 10 grams of plant-based protein and crispy puffed brown rice for a subtly sweet treat.

Gomacro Organic Bars 2-2.5 oz., selected varieties



2/\$7 Califia Farms Shelf Stable Almondmilk 32 fl. oz., selected varieties

COOPERATIVELY OWNED



9.99 Equal Exchange Organic Coffee 10-12 oz., selected varieties



real ingredients, real indulgence



LÄRABAR is the original fruit and nut bar with indulgent flavors that fit any mood. Fruity, spicy, nutty and chocolatey, there's a LÄRABAR just for you.

Larabar 1.6-1.7 oz., selected varieties



**Bob's Red Mill** Gluten-free Muesli 16 oz.

The co-op has on-the-go snack options.



2/\$6
Unique Snacks
Pretzels
11 oz., selected varieties



elevate the summer cookout

Our American-grown potatoes are cooked in pure avocado oil in small batches for a uniquely subtle, buttery taste — guaranteeing a satisfying crunch that can be heard throughout the canyon.

**Boulder Canyon** 

Potato Chips

5-6.5 oz., selected varieties



2/\$7
Lily's
Chocolate Bars
2.8-3 oz., selected
varieties



3.79

Dr. Bronner's
Organic Chocolate Bars
2.93-3 oz., selected varieties





save the world with superfoods

At Ancient Nutrition, we are transforming the health of our planet, one life at a time, with powerful superfood supplements and our commitment to regenerative agriculture.

39,99 Ancient Nutrition

Multi Collagen or Bone Broth Protein Powder

16-18.1 oz., selected varieties



Discover new favorites at the co-op.

#### **INCLUSIVE TRADE PARTNER**

World Centric is a diverse-owned company whose business operations address sustainability in our products, philanthropy and practices.



2.79

World Centric
Compostable 9" Plates
20 ct.

### our best-selling sparkling water!



Stock up this summer on Nixie Sparkling Water, an award-winning line of delicious, certified organic beverages with the mission to eliminate sugar, single-use plastic bottles and toxic-forever chemicals from the drink aisle.

2/59

Nixie
Organic Sparkling Water
8 pk.-12 fl. oz. cans, selected varieties



2.29
Vita Coco
Coconut Water
16.9 fl. oz., selected
varieties



2/\$5

Rise Brewing Co.
Organic Nitro Cold
Brew Oat Latte
7 fl. oz., selected varieties





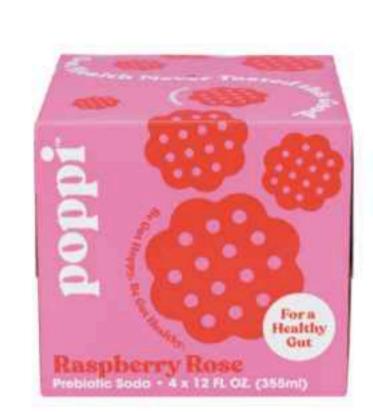
real ingredients, real benefits

Looking for delicious and natural self-care solutions? Try one of the many high-quality juices from R.W. Knudsen Family®. Just the thing you need to "Krush" your day!

7.49

R.W. Knudsen
Organic Just Fruit Juice

32 fl. oz., selected varieties



7.49
Poppi
Prebiotic Soda
4 pk.-12 fl. oz., selected varieties



The co-op has ingredients for summer beverages.



8.99 Solaray

Solaray Magnesium Citrate 400mg 90 ct.



12.49

Solaray Magnesium Glycinate 350mg



17.99

Solaray
D-Mannose
with CranActin
60 ct.



28.99

Solaray Mycrobiome Women's Probiotic 30 ct.



Solaray has become the trusted name in vitamins because our passion has always been simple and singular: to support you with the most efficacious, clean ingredients under the sun to enhance your wellness journey.



The co-op has a variety of supplements.

### Feel great all summer.

### - say aloe to wellness



Lily's Preservative-free Inner Fillet and Whole Leaf Aloe Vera are natural ways to support and maintain overall wellness. Experience the benefits with just 2 oz. a day.

5,49

Lily of the Desert

Organic Aloe Juice
32 fl. oz., selected varieties



10.99

T-Relief
Extra Strength
Arnica Cream
3 oz.

Find your summer supplements at the co-op.



### protect your natural beauty



Alba Botanica provides 100% mineral, broadspectrum, water-resistant protection with no white cast. Our formulas contain niacinamide, squalene and vitamin E to support skin health, and they are free from fragrance, oxybenzone and octinoxate.

9.79

### Alba Botanica Sheer Mineral Sunscreen

3 fl. oz., selected varieties



7.69
American Health
Original Papaya
Enzyme
250 ct.



18.99

Flora
Super 8 HiPotency Probiotic
30 ct.



38.99

Wiley's Finest
Peak EPA Fish Oil
60 ct.



### 3X concentrated formula

Biokleen uses plant-derived cleaning agents to eliminate tough stains and odors. Our ultra-concentrated formula has no artificial fragrances, dyes, phosphates, chlorine, ammonia or brighteners. Never tested on animals and made in the U.S.A.

2.99

Biokleen
Liquid Laundry Detergent
64 fl. oz., selected varieties



Find all your wellness items at the co-op.

### Shop for fresh, delicious, local food at a co-op near you.

#### ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Food Shed Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op
Wild Onion Market

#### INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market
Purple Porch Food Co-op

#### IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

#### KANSAS

The Merc Co+op

#### KENTUCKY

Good Foods Co-op

#### MICHIGAN

Detroit People's Food Co-op Grain Train Natural Foods Market GreenTree Co-op Market Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor

PFC Natural Grocery & Deli Ypsilanti Food Co-op

#### MINNESOTA

Bluff Country Co-op City Center Market Cook County Co-op Eastside Food Cooperative Good Earth Food Co-op Hampden Park Co-op Harmony Natural Foods Co-op Just Food Co-op Lakewinds Food Co-op Mississippi Market Natural Harvest Food Co-op People's Food Co-op - Rochester River Market Community Co-op Seward Community Co-op Spiral Food Co-op St. Peter Food Co-op & Deli Valley Natural Foods Wedge Community Co-ops

#### **NEBRASKA**

Open Harvest Cooperative Grocery

#### OHIO

Phoenix Earth Food Co-op

#### SOUTH DAKOTA

Natural Abundance Food Co-op Sioux Falls Food Co+op

#### WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Hudson Grocery Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op

See what's on sale with the Co+op Deals app!



Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

### eat organic for breakfast

When "organic" meets "breakfast," delicious things happen. Find options for the whole family and experience the earth-first, feel-good benefits every single day.



Whole Foods Co-op

4.29

Nature's Path Organic Cereal

9.5-14 oz., selected varieties



8.99

Nature's Path Organic Cereal

26.4-32 oz., selected varieties

4.49

Nature's Path Organic Love Crunch Granola 11.5 oz., selected varieties

USDA



3.79

Nature's Path Organic Instant Oatmeal

8 pk.-1.75 oz., selected varieties





USDA

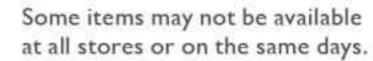














Scan the QR code to learn more about the quality and values represented by these symbols.

