

coop deals

JUN 19 - JUL 2, 2024

just add ice

Summer is hot, but Santa Cruz Organic Lemonade is sweet and cool, and it's on sale at the co-op now. Enjoy as is, or mix into a refreshing mocktail with frozen berries or fresh mint.



2/\$5

Santa Cruz Organic
Lemonade or
Limeade

32 fl. oz., selected varieties



2/\$3

Annie's
Mac & Cheese
5.25-6 oz.,
selected varieties



2/\$6

Back to Nature
Crackers
4-8.5 oz.,
selected varieties



2/\$7

Que Pasa
Organic Tortilla
Chips
10-11 oz.,
selected varieties



3.99

Q Mixers
Drink Mixers
4 pk.-7.5 fl. oz.
selected varieties



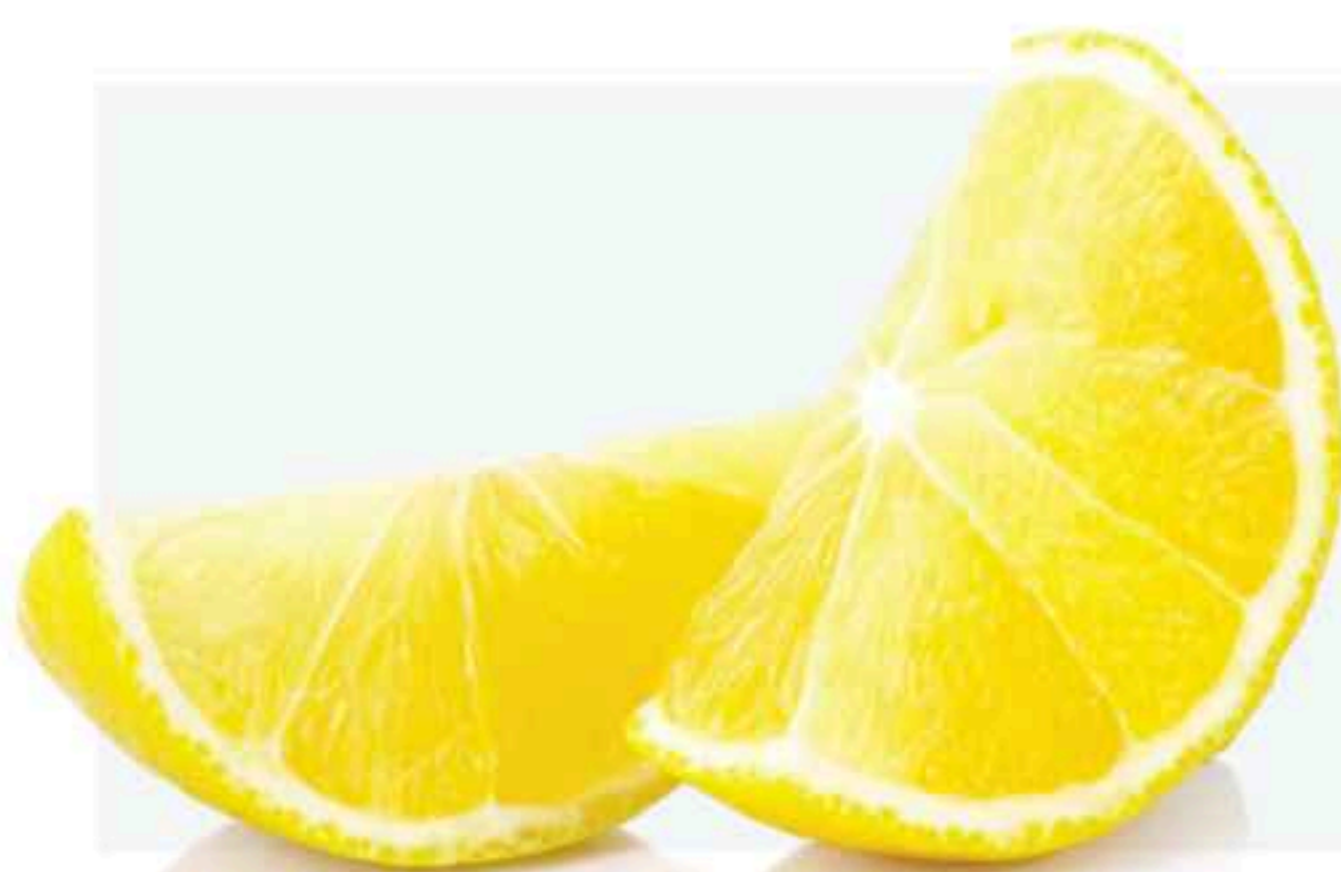
4.99

Applegate
Natural Hot Dogs
10 oz., selected varieties



5.49

Bragg
Organic Apple
Cider Vinegar
32 fl. oz.



Beat the heat with deals from the co-op.

Refreshing summer moments.

Buy One, Get One **FREE** Deals at the Co-op!



Welcome to BOGO (buy one, get one FREE) deals! You'll find savings on products you love from brands you trust in departments across the co-op. Look for the BOGO deals signs throughout the store.



Buy One, Get One
FREE
Cascadian Farm
Organic Cereal
8.6-15 oz., selected varieties



Buy One, Get One
FREE
Annie's
Organic Bunny
Fruit Snacks
7 oz., selected varieties

COOPERATIVELY OWNED



Buy One, Get One
FREE
Blue Diamond
Nut Thins
4.25 oz., selected varieties

BOGO deals for outdoor fun are at the co-op.



grillin' and chillin'

BOGOs FOR YOUR BBQ

Stock up on these delicious summer staples and get your BBQ started! All these BOGO deals at the co-op are sure to be a hit at your next gathering. Find snacks, burgers, beverages and frozen treats for a fun summer bash.



Buy One, Get One

FREE

Beyond Meat Plant-based Burger Patties

8 oz.



Buy One, Get One

FREE

C2O Coconut Water
17.5 fl. oz., selected varieties



Buy One, Get One

FREE

Cosmic Bliss Organic Frozen Dessert
14 fl. oz., selected varieties



Buy One, Get One

FREE

Bizzy Organic Cold Brew Coffee
48 fl. oz., selected varieties

The co-op has buy one, get one free deals!



3.99

Green Valley
Organic Lactose-free
Cream Cheese
8 oz.

COOPERATIVELY OWNED



4.99

Organic Valley
Large Free-range
Brown Eggs
1 doz.



4.79

Violife
Just Like Feta
8 oz.



2.29

Redwood Hill
Farm
Goat Milk Yogurt
6 oz., selected varieties



3.79

Kite Hill
Dairy-free Dip
8 oz., selected varieties



plain and simple

Fage is made with only milk and live active yogurt cultures. Packed with so much protein, there's no room for added sugar. Fage Total 5% is whole milk Greek yogurt that's unbelievably thick and creamy.

2.99

Fage
Greek Yogurt
16 oz., selected varieties

COOPERATIVELY OWNED



5.79

Organic Valley
Grassmilk
64 fl. oz., selected varieties

Check out the great options at the co-op.



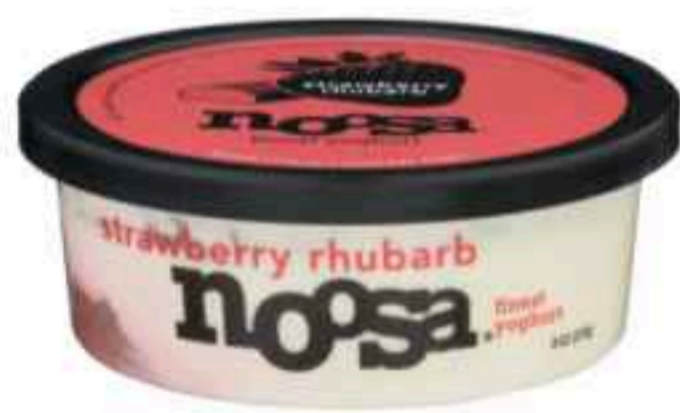
2/\$7

**Koia
Plant-based Protein
Drink**
12 fl. oz., selected varieties

Never miss your
favorite deals



Scan the QR codes to download the Co+op Deals app!



2/\$4

**Noosa
Yoghurt**
8 oz., selected varieties



3.49

**Califia Farms
Better Half
Unsweetened Coconut
Cream & Almondmilk**
16.9 fl. oz.



5.49

**Maple Hill
Organic Grass-fed
Kefir**
32 oz., selected varieties

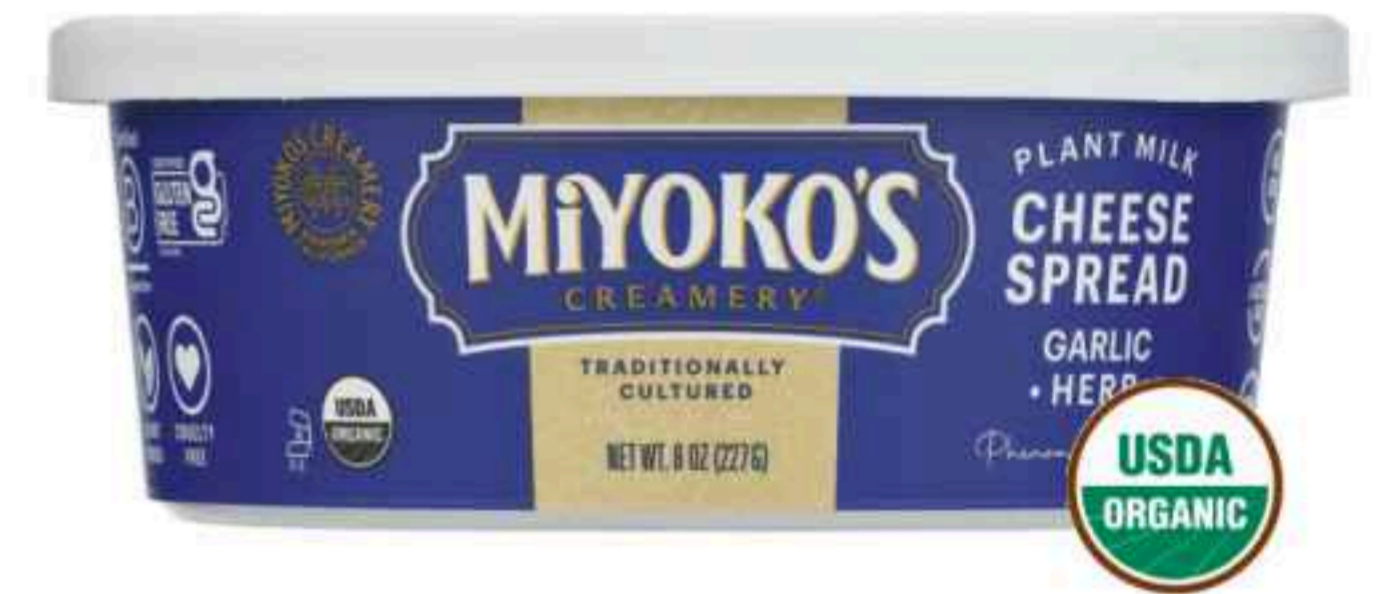


delicious done right

Good Culture Organic Cottage Cheese is deliciously thick and creamy, packed with protein, and contains no added sugar so you can feel good about a nutritious snack.

4.99

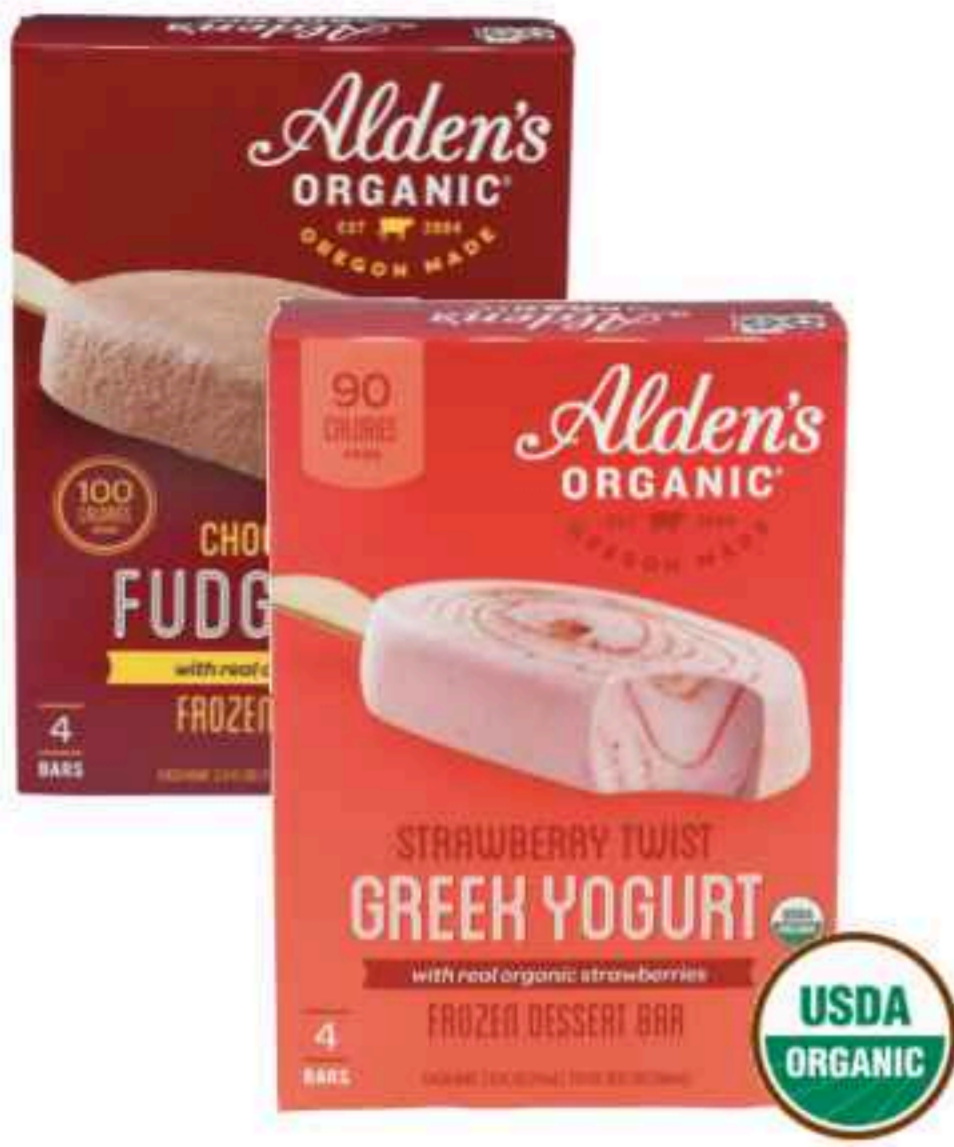
**Good Culture
Organic Cottage Cheese**
15-16 oz., selected varieties



4.99

**Miyoko's Creamery
Organic Plant Milk
Cheese Spread**
8 oz., selected varieties

Never miss a deal with the Co+op Deals app.



4.99

Alden's Organic Frozen Novelties
9-14 fl. oz.,
selected varieties



6.49

Alden's Organic Frozen Novelties
14-21.9 fl. oz.,
selected varieties



8.99

Alden's Organic Ice Cream or Frozen Dessert
1.5 qts.,
selected varieties

organic indulgence

Crafted in Eugene, Ore., since 2004, **Alden's Organic** lineup offers classic to dairy-free options, including our NEW Greek Yogurt Bars and Orange Cream Frozen Dessert, all proudly certified organic. Our commitment to quality knows no bounds, delivering incredible products while championing a better planet.



4.69

Udi's Gluten Free Hot Dog Buns
14.3 oz.



4.99

So Delicious Dairy-free Frozen Novelties
9.2-18.4 fl. oz., selected varieties



5.99

Amy's Frozen Meals
8.25-10.3 oz., selected varieties



9.99

Against the Grain Pizza
22.4-24 oz, selected varieties



10.99

Wyman's Frozen Wild Blueberries
3 lb.



pasture-raised cheddar

COOPERATIVELY OWNED

Organic Valley's award-winning Raw Sharp Cheddar is aged to perfection for a delightful sharpness and buttery finish. Made with milk from pasture-raised cows, our Sharp Cheddar is classically delicious.

5.49

Organic Valley Raw Block Cheese
8 oz., selected varieties

Shopping for your next picnic is easy at the co-op.

Some items may not be available at all stores or on the same days



3.79

**Montebello
Organic Pasta**
16 oz., selected varieties

sun kissed in the Mediterranean



Indulge in the taste of the Mediterranean with Woodstock Pickled Vegetables, Fruits and Olives. Tree-ripened olives, fire-roasted red peppers, sundried tomatoes and satisfyingly salty capers, all organically grown for a pure, vibrant flavor.

2/\$7

**Woodstock
Organic Olives**
8.4-8.5 oz., selected varieties



2/\$6

**Safe Catch
Elite Wild Tuna**
5 oz., selected varieties



6.99

**Tillen Farms
Merry Maraschino
Cherries**
13.5 oz.



*good fats from
avocado oil*

Sensational on salads and magnificent as a marinade, Primal Kitchen dressings are crafted with real ingredients you can trust. No dairy, gluten or cane sugar — just delicious flavor without compromise.

5.49

**Primal Kitchen
Dressing or Marinade**
8 fl. oz., selected varieties



17.99

**Spectrum
Organic Extra Virgin
Olive Oil**
25.4 fl. oz.

Get the ingredients you need at the co-op.



2/\$5

**Garden of Eatin'
Tortilla Chips**
5.5 oz., selected varieties



4.99

**Bonne Maman
Jelly or Preserves**
13 oz., selected varieties



2/\$6

**Good Health
Potato Chips**
5 oz., selected varieties

COOPERATIVELY OWNED



9.99

**Equal Exchange
Organic Coffee**
12 oz., selected varieties



*vegetables made
surprisingly delicious*

TERRA® chips are a unique and sophisticated snacking experience. A vegan, non-GMO and gluten-free, chef-made creation created by slicing, seasoning and crisping tasty vegetables into a tasty snack.

2/\$7

**Terra
Vegetable Chips**
5-6 oz., selected varieties



scoop up the savings in bulk!



1.99

**Organic
Red Lentils**
per pound in bulk



3.29

**Organic
Thompson Raisins**
per pound in bulk



6.49

**Organic
Walnut Halves &
Pieces**
per pound in bulk



Stock up in the bulk aisle at the co-op.



2/\$5

Endangered Species
Chocolate Bars
3 oz., selected varieties



2/\$7

Dandies
Vegan Marshmallows
10 oz., selected varieties



4.49

Annie's
Organic Graham
Crackers
14.4 oz., selected varieties



*s'more fun,
s'more yum*

Everything you need for a classic
campfire treat, on sale at the co-op!



3/\$5

Liquid Death
Sparkling Water
19.2 fl. oz., selected
varieties



4.99

Tate's Bake Shop
Cookies
7 oz., selected varieties



2/\$10

LaCroix
Sparkling Water
12 pk.-12 fl. oz., selected varieties



2/\$4

Harvest Snaps
Green Pea Crisps
3-3.3 oz., selected
varieties



2/\$5

EPIC
Meat Bars
1.3-1.5 oz., selected
varieties



4.99

Elmhurst
Plant-based Milk
32 fl. oz., selected
varieties

COOPERATIVELY OWNED



9.99

Equal Exchange
Organic Love Buzz
Coffee
per pound in bulk

The co-op has snacks to share with friends.



4.29

Izze
Sparkling Juice
Drink
6 pk.-8.4 fl. oz. cans,
selected varieties



4.49

R.W. Knudsen
Organic Cranberry
Juice Blends
32 fl. oz., selected varieties

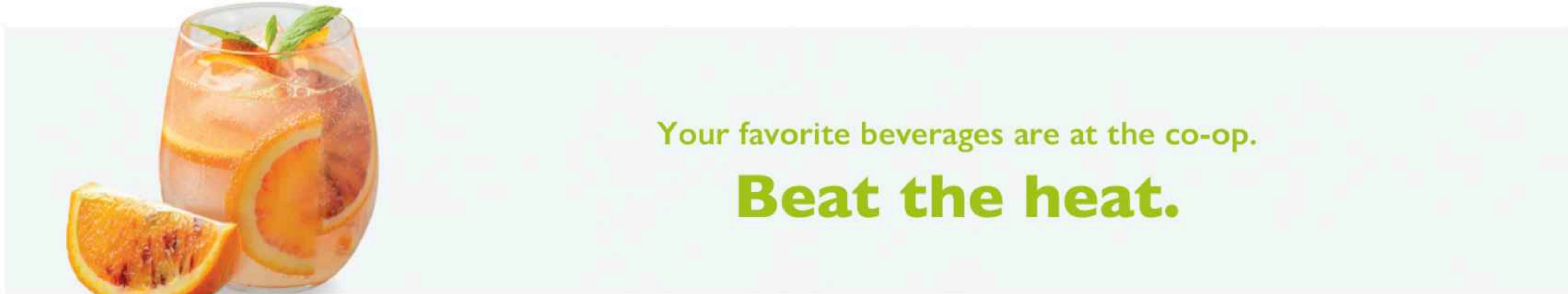


*drink Yachak =
plant trees*

We're committed to providing a purely natural and organic source of energy that helps protect the trees, communities and species of the Amazon rainforest. Each can sold supports Amazon Reforestation with the help of OneTreePlanted.

2/\$4

Yachak Organic
Yerba Mate
16 fl. oz., selected varieties



Your favorite beverages are at the co-op.

Beat the heat.



*summer's most
refreshing tea?*

Just Ice Tea's Peach Oolong from the creators of Honest Tea! Enjoy this real-brewed, just-sweet-enough oolong and black tea blend at only 60 calories. Fair Trade Certified.

2.29

Just Ice Tea
Organic Tea
16 fl. oz., selected varieties

INCLUSIVE TRADE PARTNER

ALO Drink is an Asian-owned company. We source non-GMO aloe vera plants from sustainable farms in Thailand and provide rural communities with economic value.



2/\$4

Alo
Aloe Vera Juice
Drink
16.9 fl. oz., selected varieties

The co-op has refreshing drinks for summer.

Some items may not be available at all stores or on the same days

choose us,
give back

We donate 10% of our profits in the form of funding and product donations to non-profit organizations that work in the areas of climate change and the environment, health and well-being, and disaster relief.



3.69
Tom's of Maine
Spearmint
Antiplaque Floss
32 yds.



5.49
Tom's of Maine
Mouthwash
16 fl. oz.,
selected varieties



5.99
Tom's of Maine
Peppermint
Whole Care
Toothpaste
4 oz.



5.99
Tom's of Maine
Cinnamon Clove
Whole Care
Toothpaste
4 oz.



6.49
Spry
Xylitol Gum
100 ct., selected
varieties



19.49
Country Life
Coenzyme B-Complex
120 ct.



19.99
Gaia Herbs
Male Libido
60 ct.



7.49
Lakewood
Organic Pure Aloe
Juice or Gel
32 fl. oz.,
selected varieties



8.99
Quantum
SuperLysine+
90 ct.



11.99
Naturtint
Hair Color
5.75 fl. oz., selected
varieties



15.99
Kal
Magnesium
Glycinate 350
160 ct.

Find all your supplements at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

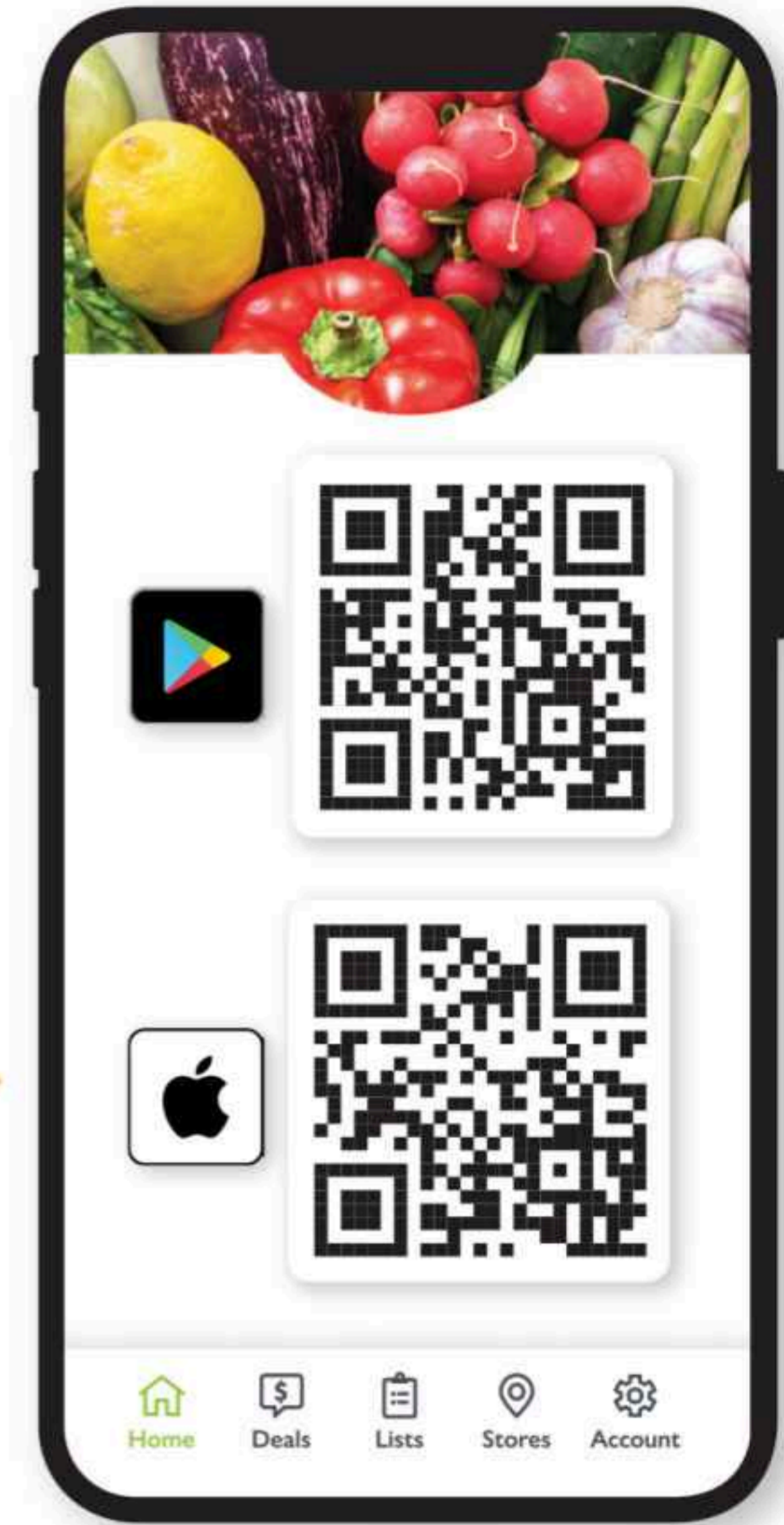
WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals

Download the App!



spoonful of goodness

INCLUSIVE TRADE PARTNER

GT's Living Foods is a family- and LGBTQIA+-owned business. Our delicious Cocoyo has two young Thai coconuts per jar, for a one-of-a-kind raw, fermented, nondairy, sensationally smooth coconut yogurt. Bursting with flavor and over 100 billion probiotics.

5.49

GT's Organic Cocoyo
8 oz., selected varieties



INCLUSIVE TRADE PARTNER

Thunderbird is a Hispanic-owned company. We are inspired by athletes seeking real food for fuel. We offer incredible flavor and whole food ingredients.

2/\$4

Thunderbird Food Bars
1.7 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



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