

coop deals

JAN 1 - JAN 14, 2025

a bold start

With 2025's arrival, grab a Kevita Master Brew Kombucha — on sale at the co-op — and enjoy a fresh start as you head into the new year. Enjoy in a mocktail or on its own as a refreshing and gut-healthy part of your day.



3/\$8

Kevita

Organic Kombucha

15.2 fl. oz., selected varieties



2.79

Pirate's Booty
Aged White
Cheddar Puffs
4 oz.



2/\$7

Alter Eco
Organic
Chocolate Bars
2.65-2.96 oz., selected
varieties



2/\$7

Van's
Frozen Waffles or
Pancakes
8-12.4 oz., selected
varieties



4.29

Kite Hill
Almondmilk
Yogurt
16 oz., selected varieties



2/\$10

Nixie
Organic Sparkling
Water
8 pk.-12 fl. oz. cans,
selected varieties



15.99

Napa Valley
Naturals
Organic Extra
Virgin Olive Oil
25.4 fl. oz.



Happy New Year from your co-op!

Start 2025 with great deals!



3/\$4

Chobani
Greek Yogurts
5.3 oz., selected varieties



3.79

The Greek Gods
Greek Yogurt
24 oz., selected varieties



4.49

Califia Farms
Organic Unsweetened
Almondmilk
48 fl. oz., selected varieties



4.99

Bizzy
Organic Cold
Brew Coffee
48 fl. oz., selected
varieties



4.49

Miyoko's Creamery
Organic Plant Milk Cream Cheese
8 oz., selected varieties



2/\$7

Evolution Fresh
Organic Juices or Smoothies
15.2 fl. oz., selected varieties



5.99

Evolution Fresh
Organic Juice or Smoothie
32 fl. oz., selected varieties



6.99

Evolution Fresh
Juice
59 fl. oz., selected varieties



taste the cold-pressed difference

With **Evolution Fresh**, you squeeze more out of the moment. Our cold-pressed process captures the full flavor of fresh fruits and vegetables. Deliciously pure. Super nutritious. Smartly preserved to help you press ahead with just a drop more joy.

Your co-op has everything for a delicious breakfast.



4.99

**Forager Project
Organic Cashewmilk Yogurt**
24 oz., selected varieties

smooth and creamy goodness



Almond Breeze non-dairy almondmilk is delicious in everything, from cereals and smoothies to cooking and baking. Your classic go-to plant-based almondmilk made from the best Blue Diamond almonds.

2/\$7

**Blue Diamond
Almondmilks**
59-64 fl. oz., selected varieties



2/\$4

**Good Culture
Organic Cottage
Cheeses**
5 oz., selected varieties



4.49

**NutPods
Dairy-free
Creamer**
25.4 fl. oz., selected varieties



4.49

**Nancy's
Organic Yogurt**
24-32 oz., selected varieties

crafted with less

All of our skyr and plant-based, dairy-free yogurts are made with simple ingredients and no artificial anything. Deliciously satisfying siggi's yogurts make the perfect breakfast or snack option.

4/\$5

**Siggi's
Skyr Yogurts**
4-5.3 oz., selected varieties



COOPERATIVELY OWNED



4.99

**Organic Valley
Block Cheese**
8 oz., selected varieties

Find the products you love at the co-op.

INCLUSIVE TRADE PARTNER

Three Trees is a woman-owned company. Our passion is to create nutritious, plant-based beverages using the wonders of the forest to provide clean ingredients.



5.99

Three Trees Organic Plant-based Milk
28 fl. oz., selected varieties

choose organic ingredients



There's yogurt and then there's Stonyfield. Our organic yogurt is packed with high-quality ingredients and a taste you'll love!

3.99

Stonyfield Organic Yogurt
32 oz., selected varieties



2.39

Bellwether Farms Sheep Milk Yogurt
6 oz., selected varieties



3.69

Farmers Hen House Large Brown Grade A Free-range Eggs
1 doz.



4.49

Silk Dairy-free Creamer
32 fl. oz., selected varieties

tastes and cooks better

The results are in — Violife is the fastest growing dairy-free cheese in America.

4.49

Violife Just Like Cheese Slices or Shreds
7.1-8 oz., selected varieties



4.49

Upton's Naturals Seitan
5-8 oz., selected varieties



6.49

Wallaby Organic Greek Yogurt
32 oz., selected varieties

Find dairy and dairy-free options at your co-op.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER

Grain Trust is a Hispanic-owned company that creates three-minute dishes out of ethically sourced grains from farmers who earn living wages.



3.99 Grain Trust Frozen Rice Sides
20-30 oz., selected varieties



2/\$5
Stahlbush Island Farms Frozen Vegetables
7-10 oz., selected varieties



3.99
Silver Hills Sprouted Bread
15-22 oz., selected varieties



7.49
Woodstock Organic Filled Pasta
20 oz., selected varieties



4.39
Dr. Praeger's Veggie Burgers
10 oz., selected varieties



5.49
Little Northern Bakehouse Gluten-free Bread
16-17 oz., selected varieties

spice up 2025

INCLUSIVE TRADE PARTNER

Kick off the new year with Deep Indian Kitchen's made-from-scratch samosas and delicious entrees. We are an Indian-owned company, and our restaurant-quality meals are crafted from family recipes and ready in minutes. Enjoy!



2/\$10 Deep Indian Kitchen Entrées or Samosas
7.5-12 oz., selected varieties



12.99
Cascadian Farm Organic Frozen Fruit
28-32 oz., selected varieties

Your co-op has easy dinner solutions.

INCLUSIVE TRADE PARTNER

Otto's Naturals is a woman-owned company providing gluten- and grain-free alternatives for traditional foods. We've developed a superior cassava flour by working directly with producer groups in Brazil.

13.99

Otto's Naturals Cassava Flour
24-32 oz., selected varieties



5.99

One Degree Organic Foods Sprouted Oats
24 oz., selected varieties



8.49

Bob's Red Mill Super-fine Almond Flour
16 oz.



6.99

Sweetleaf Stevia Sweetener
2 fl. oz., selected varieties



2/\$7

C2O Coconut Water
33.8 fl. oz., selected varieties



2/\$4

Just Ice Tea Organic Tea
16 fl. oz., selected varieties



4.49

Tazo Tea
15-20 ct., selected varieties



the peel good beverage

Go bananas for Woodstock Organic Banana Water, a plant-based beverage made from one simple ingredient. Enjoy on its own or add a nutritional boost to smoothies, mocktails and more!

2.19

Woodstock Organic Banana Water
16.9 fl. oz.

INCLUSIVE TRADE PARTNER

Thunderbird is a Hispanic-owned company. We are inspired by athletes seeking real food for fuel. We offer incredible flavor and whole food ingredients.



2/\$4

Thunderbird Food Bars
1.7 oz., selected varieties

Your co-op has something for everyone.



2/\$5

Blue Diamond Almondmilks
32 fl. oz., selected varieties



2/\$6

Orgain Organic Protein Shakes
11 fl. oz., selected varieties



3.99

Organic India Tulsi Tea
18 ct., selected varieties



4.79

Kashi Cereal
9.5-14 oz., selected varieties

INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. We make delicious food with nourishing ingredients to help you thrive on your wellness journey.



5.49

Purely Elizabeth Granola
8-12 oz., selected varieties

INCLUSIVE TRADE PARTNER

Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.



6.99

Catalina Crunch Keto Cereal
8-9 oz., selected varieties



3.69

Santa Cruz Organic Lemon or Lime Juice
16 fl. oz., selected varieties



6.99

Lakewood Organic Juice
32 fl. oz., selected varieties



9.99

Peace Coffee Organic Coffee
12 oz., selected varieties

Breakfast staples are at your co-op.



2/\$5

**Westbrae
Organic Beans**
15 oz., selected varieties



4/\$6

**Annie's
Mac & Cheese**
5.25-6 oz., selected varieties



2.29

**Siete
Taco Seasoning**
1.31 oz., selected varieties



2/\$4

**Dr. McDougall's
Soup Cups**
1.3-3.4 oz., selected varieties



2.29

**Essentia
Ionized Water**
50.7 fl. oz.



2/\$6

**Wild Planet
Skipjack Tuna**
5 oz., selected varieties



4/\$7

**Mike's Mighty Good
Ramen Soup Packs
or Cups**
1.6-2.4 oz., selected varieties



7.99

**Once Again
Organic Sesame Tahini**
16 oz., selected varieties



3.69

**Jovial
Organic Brown
Rice Pasta**
12 oz., selected varieties



2/\$8

**Annie's
Organic Dressings**
8 fl. oz., selected varieties



11.99

**Nutiva
Organic Fair
Trade Virgin
Coconut Oil**
23 fl. oz.

Find great variety at your co-op.



2.79

**Kettle Brand
Potato Chips**
4.25-5 oz., selected varieties

COOPERATIVELY OWNED



2/\$6

**Blue Diamond
Nut Thins**
4.25 oz., selected varieties



5.49

**Zevia
Zero Sugar Soda**
6 pk.-12 fl. oz. cans, selected varieties



2/\$5

**The Ginger
People
Ginger Chews**
3 oz., selected varieties



2/\$6

**Wasa
Crispbreads**
4.9-9.7 oz., selected
varieties



2/\$6

**Hippeas
Chickpea Puffs**
4 oz., selected varieties



2/\$7

**Terra
Vegetable Chips**
5-6 oz., selected varieties



2/\$7

**Annie's
Organic Cheddar
Cheesy Puffs**
4 oz.



2/\$9

**Annie's
Organic Fruit
Snacks**
7 oz., selected varieties



8.99

**HOP WTR
Sparkling Water**
6 pk.-12 fl. oz. cans,
selected varieties



14.99

**Ultima
Replenisher
Electrolyte
Drink Mix**
3.2-3.8 oz., selected
varieties

Check out the snacks and beverages at your co-op.

INCLUSIVE TRADE PARTNER

Wishgarden Herbs is a woman-owned company. We source organic and sustainable herbs from fair trade and family-owned farms.



15.99

Wishgarden Herbs
Kick-Ass Immune Activator
2 fl. oz.

extra-strength turmeric supplement

Our top-selling turmeric supplement supports your body's healthy inflammation response. It delivers 475 mg of curcuminoids per serving and includes BioPerine® black pepper extract to enhance curcuminoid absorption.

18.99

Megafood
Turmeric Curcumin
Extra Strength
60 ct.



11.99

Organic India
Psyllium Whole
Husk Fiber
12 oz.



21.99

Country Life
Coenzyme
B-Complex
120 ct.



36.99

Ancient Nutrition
Multi Collagen
Protein Powder
14.6-17 oz., selected
varieties



*award-winning
omega-3s*

Ultimate Omega® is the top-selling fish oil in the U.S., with premium omega-3s that are always pure, exceptionally fresh and powerful enough to support health from head to toe.

53.99

Nordic Naturals
Ultimate Omega
180 ct.



25.99

Jarrow Formulas
Saccharomyces
Boulardii + MOS
90 ct.

Your co-op has what you need for winter wellness.

Some items may not be available at all stores or on the same days

products with purpose

We have one simple mission: to make clean beauty products accessible. Through ongoing product development and rigorous clinical trials, we've developed skincare, haircare and body care that's efficacious for the skin while being gentle on the planet.



9.99
Acure Brightening Day Cream
1.7 oz.



5.99
Acure Brightening Facial Scrub
4 fl. oz.



6.99
Acure Seriously Soothing 24hr Moisture Lotion
8 fl. oz.



2/\$10
Acure Shampoo or Conditioner
8 fl. oz., selected varieties



2.99
The Humble Co. Bloss Picks
50 ct., selected varieties



6.49
Sukin Shampoo or Conditioner
16.9 fl. oz., selected varieties



biobased powerful clean

Seventh Generation is effective, not despite being bio-based ... but because it's bio-based. That's the power of Seventh Generation.

13.99 Seventh Generation Liquid Laundry Detergent
23.1-90 fl. oz., selected varieties



7.99
Dr. Bronner's Pure Castile Soap
16 fl. oz., selected varieties

Gentle and refreshing products at your co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals.

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

*100% clean,
100% delicious*

INCLUSIVE TRADE PARTNER

GoMacro is a woman-owned company. Our MacroBars® are delicious, nutritious protein bars made from simple, sustainably sourced ingredients. All GoMacro products are certified organic, vegan, gluten-free, kosher, non-GMO, C.L.E.A.N. and soy-free.

2/\$5



Gomacro Organic Macrobars
2-2.4 oz., selected varieties



2/\$6
Vive Organic Wellness Shots
2 fl. oz., selected varieties



2/\$8
Rebbl Organic Functional Beverages
12 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



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