

coop deals[®]

JUL 2 - JUL 15, 2025

remarkably smooth

FULL OF FLAVOR

Summer and frozen desserts go hand in hand, so be sure to find time to unwind and relax with Talenti Gelato. Scoop up your favorite flavor and enjoy a sweet treat. Grab a pint or two while they're on sale at the co-op!



4.99

Talenti
Gelato or Sorbetto
1 pt., selected varieties



4/\$6

Larabar
Fruit & Nut Bars
1.06-1.7 oz., selected varieties



2/\$4

De La Calle!
Organic Mexican
Sodas
12 fl. oz., selected
varieties



4.49

Quinn
Filled Pretzel
Nuggets
5-7 oz., selected varieties



Shop the co-op for maximum summertime enjoyment.
Relax with your favorite treats.

plant-based
entertaining
essentials



Lightlife and Field Roast are the perfect summer companions. Try some of our plant-based favorites at your next get-together for a flavorful addition to any dish.

3.39
Lightlife
Organic Tempeh
8 oz., selected varieties

4.99
Field Roast
Chao Plant-based
Cheese
7-8 oz., selected varieties

5.49
Field Roast
Plant-based
Sausages
12.95 oz., selected varieties

5.99
Field Roast
Plant-based Appetizers
and Entrees
10-11 oz., selected varieties



3.99
Daiya
Dairy-free Shreds
7.1 oz., selected
varieties



4.49
Silk
Plant-based Milk
64 fl. oz., selected
varieties



4.49
Upton's Naturals
Seitan
5-8 oz., selected
varieties

COOPERATIVELY OWNED



5.39
Organic Valley
Cheese Slices
6 oz., selected varieties



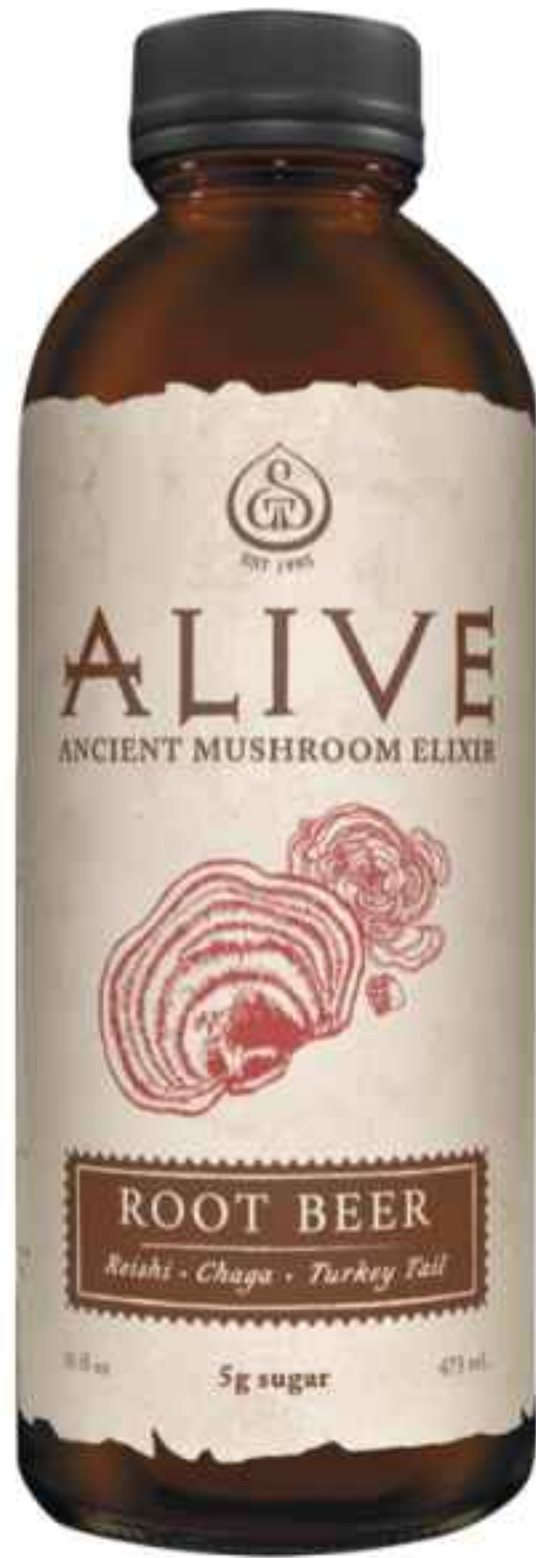
5.99
Wellshire
Sugar-Free
Uncured Turkey
Bacon
8 oz., selected varieties

delicious, sparkling and adaptogenic

INCLUSIVE TRADE PARTNER

GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. ALIVE is crafted with the uplifting trio of chaga, reishi and turkey tail mushrooms so you can feel clear minded, focused and balanced.

2.79
GT's
Alive Ancient
Mushroom Elixir
16 fl. oz., selected varieties



inclusive
trade

Beat the heat with deals from the co-op.

Some items may not be available at all stores or on the same days

*always in
good taste*

Experience the joys of fermentation and pickling! As the top-selling pickle, sauerkraut and kimchi brands among natural shoppers, **Bubbies** and **Wildbrine** have delivered great taste and functionality for generations through a commitment to high-quality, minimally processed, plant-based foods.



6.99

Wildbrine
Organic Sauerkraut
18 oz., selected varieties



7.99

Bubbies
Pickles or Pickle Chips
33 fl. oz., selected varieties



2.29

Brew Dr.
Organic
Kombucha
14 fl. oz., selected
varieties



2/\$7

Baba's
Hummus
10 oz., selected varieties



4.99

Forager Project
Organic
Cashewmilk
Yogurt
24 oz., selected varieties



5.49

Applegate
Sliced Deli Meat
7 oz., selected varieties



8.49

Thousand Hills
100% Grass-fed
Ground Beef 80%
Lean 20% Fat
16 oz.

fresh flavor, bold taste

When hummus went dull, we went dill. From cold-pressed lemon juice to glyphosate residue-free chickpeas, Ithaca's a household staple for a reason.

3.99

Ithaca
Hummus
10 oz., selected varieties



Shop the co-op for picnic essentials.

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Wildwood
organic
High Protein Tofu
READY TO COOK, WATER DRAINED & PRESSED
70g PROTEIN PER 1/2 CUP
SUPER FIRM

3.49

Wildwood
Organic Super Firm Sprouted Tofu
16 oz., selected varieties



Alden's
ORGANIC
EST. 2004
OREGON MADE
MINT CHIP
with our signature chocolate chips
ICE CREAM
1.5 QTS (1.42L) 100% DAIRY

Alden's
ORGANIC
EST. 2004
OREGON MADE
VANILLA BEAN
with real vanilla beans
ICE CREAM
1.5 QTS (1.42L) 100% DAIRY

8.99

Alden's Organic Ice Cream
1.5 qts., selected varieties

scoop-worthy

Real ingredients. Real good. Alden's Organic ice cream is certified organic, non-GMO and packed with flavor you can feel good about sharing.



CASCADIAN FARM
ORGANIC
RED RASPBERRIES

2/\$8

Cascadian Farm Organic Frozen Fruits
8-10 oz., selected varieties



CASCADIAN FARM
ORGANIC
SPUD PUPPIES

2/\$8

Cascadian Farm Organic Frozen Potatoes
12-16 oz., selected varieties



THE ORIGINAL
OATLY!
vanilla
Non-dairy Frozen Dessert

4.49

Oatly Non-dairy Frozen Dessert
1 pt., selected varieties

greens made easy

Meeting your nutrition goals can be made easier with Woodstock's ready-to-heat frozen vegetables. Our farm-to-frozen vegetables are organic, non-GMO and free from artificial colors, flavors and preservatives.

2/\$5

Woodstock
Organic Frozen Vegetables
10 oz., selected varieties



WOODSTOCK
ORGANIC
BROCCOLI FLORETS
FARM to Frozen

WOODSTOCK
ORGANIC
PETITE PEAS
Farm FRESH!

4.49

Dr. Praeger's Veggie Burgers
10 oz., selected varieties



SO DELICIOUS
DAIRY FREE
Dipped
salted caramel
CASHENMILK

4.99

So Delicious Dairy-free Frozen Novelties
9.2-18.4 fl. oz., selected varieties

Fill the freezer with delicious items from the co-op.

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3.79

Nature's Path Organic
Toaster Pastries or
Instant Oatmeal
11-14 oz., selected
varieties

3.99

Nature's Path Organic
Cereal
9.5-14 oz., selected varieties

4.79

Nature's Path Organic
Love Crunch
Granola
10.6-11.5 oz., selected
varieties

5.49

Nature's Path Organic
Granola
11 oz., selected
varieties

sustainability
commitments,
sourcing excellence

We have a vision of leaving the Earth better than we found it. Our Sustainable Supply Chain Code of Conduct policy guides our actions to achieve that vision when selecting organic ingredients and our packaging suppliers. Join **Nature's Path Organic** in action with every bite!



2.99

Pacific Foods Organic Almond
Beverage
32 fl. oz., selected
varieties



4.39

Milkadamia
Macadamia Milk
32 fl. oz., selected
varieties

COOPERATIVELY OWNED



11.99

Equal Exchange
Organic French
Roast Coffee
per pound in bulk

thrill your gut

With probiotically powered,
refreshingly bubbly Health-Ade
Kombucha made with real fruit juice.

2/\$5

Health-Ade
Organic Kombuchas
16 fl. oz., selected varieties



3/\$5

Kind
Bars
1.4 oz., selected varieties

Find brands you trust at the co-op.

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6.49

Sir Kensington's
Mayonnaise
12 fl. oz., selected varieties



6.99

Sweetleaf
Stevia Sweetener
2 fl. oz., selected varieties



8.99

Primal Kitchen
Pure Avocado Oil
16.9 fl. oz.



Make packing for picnics and playdates easier.
The co-op has flavors you love.

INCLUSIVE TRADE PARTNER



Bachan's is an Asian-owned company. We have perfected a multi-generational family recipe for sauces inspired by traditional Japanese flavors.

6.99

Bachan's
Japanese
Barbecue Sauce
15.5-17 fl. oz., selected
varieties



2.99

San-J
Gluten-free
Tamari Soy Sauce
10 fl. oz.

COOPERATIVELY OWNED



6.49

Simply Organic
Garlic Powder
3.64 oz., selected
varieties



14.99

Dr. Bronner's
Organic Whole Kernel
Virgin Coconut Oil
30 fl. oz.

Find ingredients for a fun day at the co-op.

Some items may not be available at all stores or on the same days

 5/\$6 KOYO Ramens 2-2.1 oz., selected varieties	 1.39 Take Root Organics Tomato Paste 6 oz.	 2.29 Siete Taco Seasoning 1.31 oz., selected varieties
 2/\$6 Wild Planet Skipjack Tuna 5 oz., selected varieties	 2/\$7 Annie's Organic Ketchup 24 oz.	 3.69 Woodstock Organic Olives 8.4-8.5 oz., selected varieties
Never miss your favorite deals 		Scan the QR codes to download the Co+op Deals app! 
		 3.99 Garden of Eatin' Taco Shells 5.5 oz., selected varieties
		 5.49 Food for Life Organic Ezekiel 4:9 Bread 24 oz., selected varieties

scoop up the savings in bulk!

 2.49 Organic Garbanzo Beans per pound in bulk	 9.99 Organic Dried Mango per pound in bulk	 9.99 Tamari Roasted Almonds per pound in bulk
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Download the Co+op Deals app today.

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2.69

The Good Crisp
Potato Crisps
5.6 oz., selected varieties



3.39

Hippeas
Chickpea Puffs
3.75-4 oz., selected
varieties



3.29

Mary's Gone Crackers
Organic Real Thin Crackers
5 oz., selected varieties



3.29

Food Should Taste
Good
Tortilla Chips
5.5 oz., selected varieties



3.99

Frontera
Salsa
16 oz., selected varieties



5.69

Virgil's
Sodas
4 pk.-12 fl. oz. bottles,
selected varieties

savor summer with Siete

Wherever summer takes you,
Siete Foods has got your snack.
Enjoy with friends and familia
because Juntos es Mejor, or
“together is better!”

2/\$8

Siete
Tortilla Chips
5-7.5 oz., selected varieties

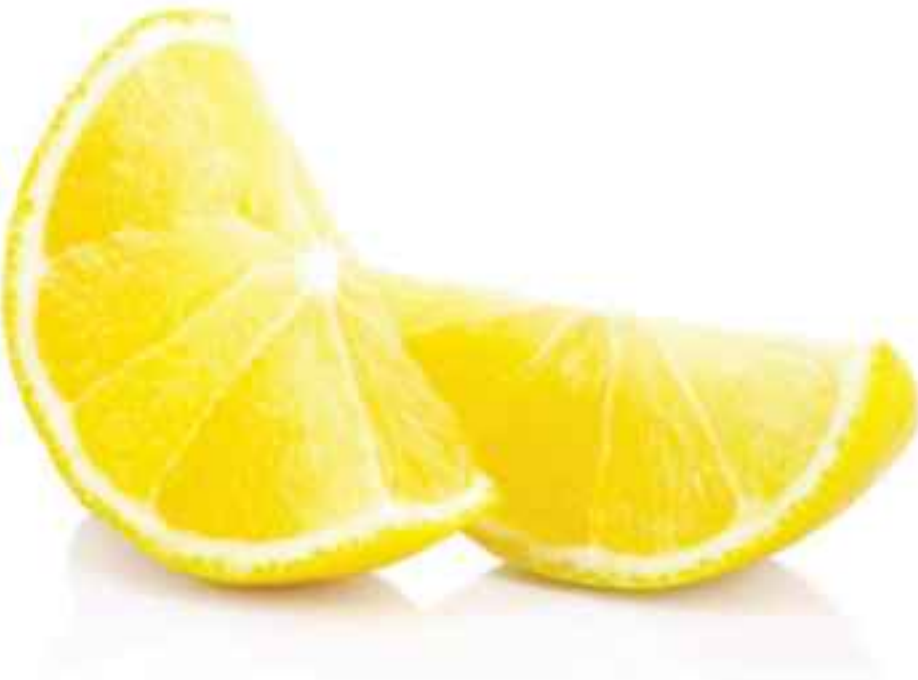


3.69

Terra
Vegetable Chips
5 oz., selected varieties

The co-op has snacks for relaxing summer nights.

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 2/\$3 Culture Pop Probiotic Sodas 12 fl. oz. can, selected varieties		 2.29 The Mountain Valley Spring or Sparkling Water 33.8 fl. oz., selected varieties
 2/\$3 Steaz Organic Green Teas 16 fl. oz., selected varieties	 3.99 Theo Organic Chocolate Bar 3 oz., selected varieties	 3.99 C2O Coconut Water 33.8 fl. oz., selected varieties
 3.99 Q Mixers Drink Mixers 4 pk.-7.5 fl. oz. cans, selected varieties		 2/\$10 Waterloo Sparkling Waters 12 pk.-12 fl. oz. cans, selected varieties



everyday electrolytes, no junk

6 Essential Electrolytes

Ultima REPLENISHER

0g SUGAR 0 CALORIES 0g CARBS PER SERVING

DAILY ELECTROLYTE DRINK MIX

Lemonade

30 SERVINGS

Ultima has 6 daily electrolytes and no sugar, calories or carbs. Vegan, non-GMO, organically sweetened and made with plant-based color and flavors. Yum!

13.99

Ultima Replenisher Electrolyte Drink Mix
3.2-3.8 oz., selected varieties



4.49

Kettle Brand Potato Chips
13 oz., selected varieties

The co-op has great deals on tasty snacks.

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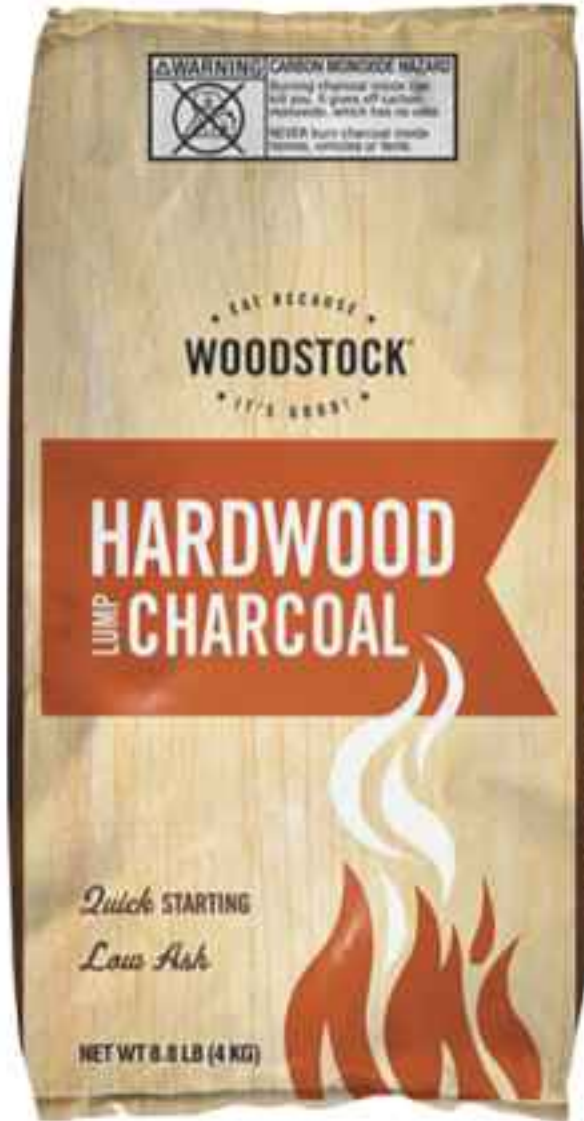
10.49

Jarow Formulas
Methyl B-12 1000mcg
100 ct.



54.99

Nordic Naturals
Ultimate Omega
180 ct.



10.99

Woodstock
Lump Hardwood Charcoal
8.8 lbs.



39.99

Ancient Nutrition
Multi Collagen
Protein Powder
14.6-18.7 oz., selected
varieties

extra strength, whole body

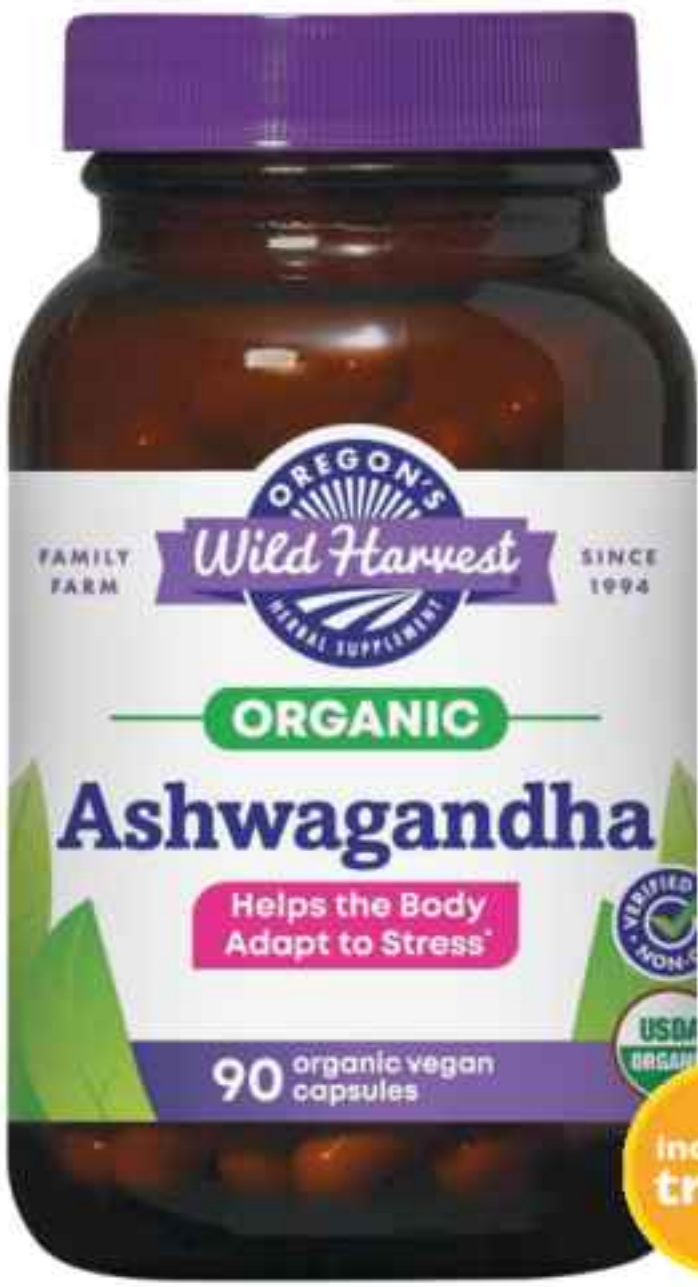
MegaFood's Whole Body Turmeric Curcumin is an extra-strength formulation providing 475 mg of active curcuminoids per serving. Paired with real food ingredients including vitamin C, a berry fruit blend and holy basil leaf extract for added support.

18.99

Megafood
Turmeric Curcumin
60 ct.



INCLUSIVE TRADE PARTNER



Oregon's Wild Harvest is a woman-owned company. Our family-owned, certified-organic, biodynamic farm makes organic herbal supplements.

17.99

Oregon's Wild Harvest
Organic Ashwagandha
90 ct.



5.99

Acure
Shampoo or Conditioner
8 fl. oz., selected varieties

mineral sun
protection

Broad-spectrum, water-resistant, cruelty-free sun protection with no white cast, vitamin E, squalene or niacinamide. Formulated without octinoxate, oxybenzone, fragrance, parabens, sulfates or petrolatum. Skin Cancer Foundation recommended.



9.99

Alba Botanica
Sheer Mineral Sunscreen Lotion
3 fl. oz., selected varieties



Body care for optimal summertime wellness.

Skin and hair care all summer.



7.99

Avalon Organics
Shampoo or Conditioner
11 fl. oz., selected varieties



6.49

Davids
Toothpaste
4-5.25 oz., selected varieties



INCLUSIVE TRADE PARTNER



inclusive trade

11.99

Badger is a woman-owned company. We are also family-owned and operated and create organic body care products with nourishing nutrients.

Badger
Mineral Sunscreen Cream
2.9 fl. oz., selected varieties

The co-op has safe body care products.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

- Keweenaw Co-op Market & Deli
- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

discover what's good

When snack time hits, reach for the well-loved, nostalgic flavors of childhood that are packed with the wholesome ingredients you'd expect as a parent.

4.49

Goodpop
Frozen Novelties
9.9-13.2 fl. oz., selected varieties



5/\$5

Brown Cow
Cream Top Yogurts
5.3 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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