# Ctop deals.

JUN 18 - JUL 1, 2025

# sip the sparkles

Add some irresistible flavors to your summer days by grabbing Nixie's Organic Sparkling Water at the co-op! Nixie is made with purified water, contains no sugar and the organic flavors are extracted from fruits and botanicals. Best of all — they're buy one, get one free at the co-op now.



Buy One, Get One

# FREE

Nixie

Organic Sparkling Waters 8 pk.-12 fl. oz. cans, selected varieties





Buy One, Get One

FREE

Annie's

Organic Fruit Snacks

7 oz., selected varieties



Buy One, Get One

FREE

Cosmic Bliss

Organic Frozen Desserts

14 fl. oz., selected varieties



Buy One, Get One

## FREE

**Beyond Meat** 

Plant-based Burger Patties

8 oz., selected varieties



special offers inside!



Since 2004, Alden's
Organic has offered
classic favorites like our
cream bars and ice
cream sandwiches.
Savor the nostalgia with
every certified organic
bite!

Buy One, Get One

FREE

Alden's Organic Frozen Novelties

9-21.9 fl. oz, selected varieties



Buy One, Get One

## FREE

C20

Coconut Waters

17.5 fl. oz., selected varieties





Buy One, Get One

FREE

**Bubbies** 

Mochi Ice Creams

7.5 oz., selected varieties



Buy One, Get One

FREE

Bizzy

Organic Cold Brew Coffees

48 fl. oz., selected varieties

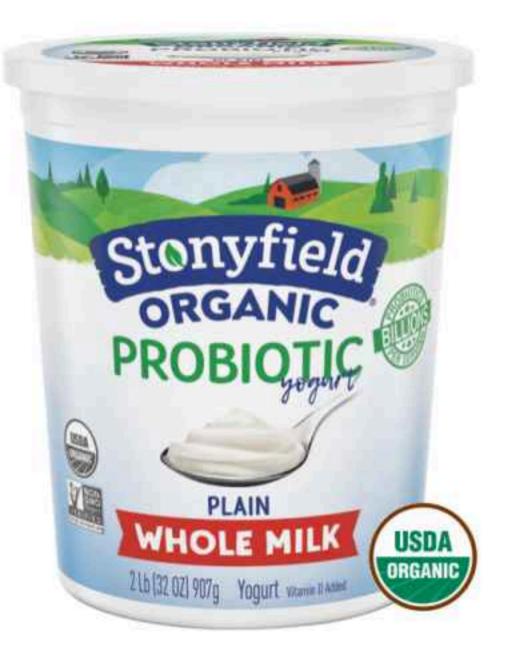
The co-op has summer BOGOs!

# discover delicious yogurt

Whether you desire Greek, Icelandic skyr, cream top or simply organic, our delicious yogurts are never made with artificial flavors, sweeteners or preservatives.



3.99
Brown Cow
Cream Top Yogurt
32 oz., selected varieties



4.19
Stonyfield Organic

Yogurt 32 oz., selected varieties



4.99

Siggi's
Skyr Yogurt
24 oz., selected
varieties



3.79
Oatly
Barista Oatmilk

32 fl. oz.





3.49

Organic Valley
Grassmilk Half & Half
1 pt.



4.99

Violife
Just Like Feta
8 oz.



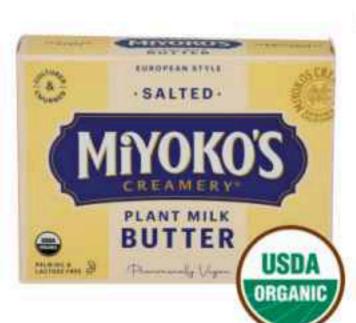
3.99

Green Valley
Organic Lactosefree Cream
Cheese
8 oz.



4.49

Nancy's
Organic Cottage
Cheese
16 oz., selected varieties



4.99

Miyoko's Creamery Organic Plant Milk Butter

8-12 oz., selected varieties



4.99

Mt Vikos Feta Cheese 6 oz., selected varieties

A great morning begins at the co-op.





#### SCAN FOR RECIPE

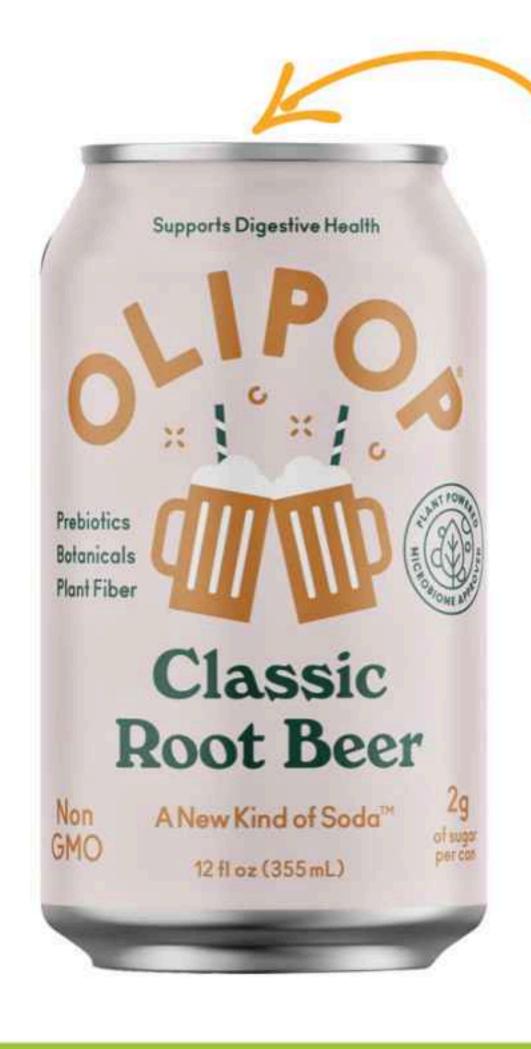
Shop the co-op for delicious in-season fruit and create some memorable sweet treats. This simple Raspberry-Chocolate Yogurt Bark is a delight for all ages and uses simple ingredients. Check out grocery.coop for more summer recipes!



inclusive trade

Co-ops are committed to Inclusive Trade.

### Find Inclusive Trade brands.



### float-worthy flavor

Our old-fashioned Root Beer melds just the right mix of classic flavor and creamy sweetness with extracts of sweet birch, smooth vanilla bean and real burdock root.

3/56

Olipop Prebiotic Sodas

12 fl. oz. can, selected varieties

#### INCLUSIVE TRADE PARTNER

Five Star Foodies is a woman-owned company that specializes in making Pumfu, a meat/tofu alternative made from organic pumpkin seeds.



5.29

Five Star Foodies
Pumfu
8 oz., selected varieties

Find more summer recipes at grocery.coop.

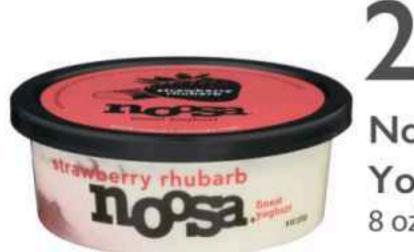


2/\$7
Koia
Plant-based Protein Drinks
12 fl. oz., selected varieties





Harmless Harvest
Organic Coconut Water
32 fl. oz., selected varieties



2.29
Noosa
Yoghurts
8 oz., selected varieties



3.49
Stumptown
Coffee Roasters
Oatly Cold Brew
Coffee
11 fl. oz., selected

varieties



5.49
Applegate
Uncured Beef
Hot Dogs
10 oz.

#### COOPERATIVELY OWNED



4.49
Kerrygold
Pure Irish Butter
8 oz., selected varieties



4.99
Alexia
Frozen Potatoes
15-19 oz., selected varieties



5.39
Tofurky
Plant-based
Sausages
12-14 oz., selected varieties



4.99
Udi's Gluten Free
Bread or Bagels
8.5-14.3 oz., selected
varieties



4.49
Goodpop
Frozen Novelties
9-14 fl. oz., selected varieties



10.99
Wyman's
Wild Blueberries
3 lb.

Fill the freezer for summer at the co-op.



2/\$6
Woodstock
Organic Ketchup
19.5-20 oz., selected
varieties



2.79
Woodstock
Organic Mustard
8 oz., selected varieties



2/\$7
Woodstock
Organic Olives
8.4-8.5 oz., selected
varieties



4.99
Woodstock
Organic Dill or Bread
& Butter Pickles
24 oz., selected varieties



It's time to fire up the grill and kick-off the season with **Woodstock's** wide range of organic condiments! Our real ingredients will add real flavor to your meals this summer.



5.49
Maranatha
Organic Peanut Butter
16 oz., selected varieties



4/\$6
Annie's
Mac & Cheese
5.25-6 oz., selected
varieties



3.49
Bob's Red Mill
Gluten-free
Cornbread Mix
20 oz.



2/\$7
Crown Prince
Oysters or
Sardines
3-3.75 oz., selected varieties



11.99
Nutiva
Organic Fair
Trade Virgin
Coconut Oil
23 fl. oz.

### scoop up the savings in bulk!



1.99
Organic Pearled
Barley
per pound in bulk



2.49
Organic Red
Lentils
per pound in bulk



2.49
Organic Pinto
Beans
per pound in bulk

The co-op has ingredients for your favorite meals.

#### INCLUSIVE TRADE PARTNER

Thunderbird is a Hispanic-owned company. We are inspired by athletes seeking real food for fuel. We offer incredible flavor and whole food ingredients.



2/\$4

Thunderbird
Food Bars
1.7 oz., selected varieties



# nutritious meal replacement

With whole foods and natural ingredients, Meal Bars provide 8+ grams of protein and filling calories. Blended for maximum nutrient density, you'll feel satisfied all day.

2/\$5 Probar

Meal Bars

3 oz., selected varieties



2/\$5 Epic Meat Bars

**Meat Bars**1.3-1.5 oz., selected varieties



3.99
R.W. Knudsen
Organic Juice
32 fl. oz., selected
varieties

#### COOPERATIVELY OWNED



9.99
Equal Exchange
Organic Coffee

10-12 oz., selected varieties

### taste the obsession

#### **INCLUSIVE TRADE PARTNER**

Purely Elizabeth is a womanowned company. When you eat better, you feel better. Elizabeth started Purely Elizabeth to make food full of nourishing ingredients and delicious, culinary taste to help you thrive on your wellness journey.



2/\$10

Purely Elizabeth Granolas or Cereals

8-12 oz., selected varieties



2/\$9

Mom's Best

Cereals

17.5-24 oz., selected varieties

Find all your favorite snacks at the co-op.

#### **INCLUSIVE TRADE PARTNER**



ALO Drink is an Asian-owned company. We source non-GMO aloe vera plants from sustainable farms in Thailand and provide rural communities with economic value.

2/\$4

Aloe Vera Juice Drinks
16.9 fl. oz., selected varieties



2.29
Essentia
lonized Water
50.7 fl. oz.

#### COOPERATIVELY OWNED



3.49
Equal Exchange
Organic Chocolate
Bar
2.8-3.5 oz., selected

varieties



2.79
Kettle Brand
Potato Chips
4.25-5 oz., selected varieties

#### COOPERATIVELY OWNED



2/\$7
Blue Diamond
Nut Thins
4.25 oz., selected
varieties



2/\$7
Jennies
Coconut Bites or
Macaroons
5.25 oz., selected
varieties



5.99
Izze
Sparkling Juice
Drink
6 pk.-8.4 fl. oz. cans,
selected varieties



4.99
Tate's Bake Shop
Cookies

5.5-7 oz., selected varieties



CARDEN OF EATING

CONCENTRAL

BLUE

Chips

USDA

ORGANIC

5.49
Garden of Eatin'
Organic Tortilla Chips
14 oz., selected varieties

Find something for everyone at the co-op.



2.29
Clean Cause
Organic Yerba Mate
15.5-16 fl. oz., selected varieties



2/\$ 7 Lily's Chocolate Bars 2.8-3 oz., selected varieties



2/\$7
Que Pasa
Organic Tortilla Chips
10-11 oz., selected varieties



1.69
Steaz
Organic Green
Tea
16 fl. oz., selected
varieties



2/\$5
Santa Cruz Organic
Lemonades or
Limeades
32 fl. oz., selected varieties



Tony's Chocolonely Chocolate Bars 6.35 oz., selected varieties

# picnic planning

Prep for a fun picnic and head to the co-op to get food and supplies. Also check out this picnic guide on grocery.coop. Find safety tips for avoiding bug bites and food spoilage so you can focus on the good company and yummy food.



SCAN THE CODE: Check out these tips to prep and plan an outdoor picnic this summer.





5.49

Zevia

Zero Sugar Soda

6 pk.-12 fl. oz. cans, selected varieties

The co-op has everything for picnics and parties.



favorite deals

### Never miss your favorite deals

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.











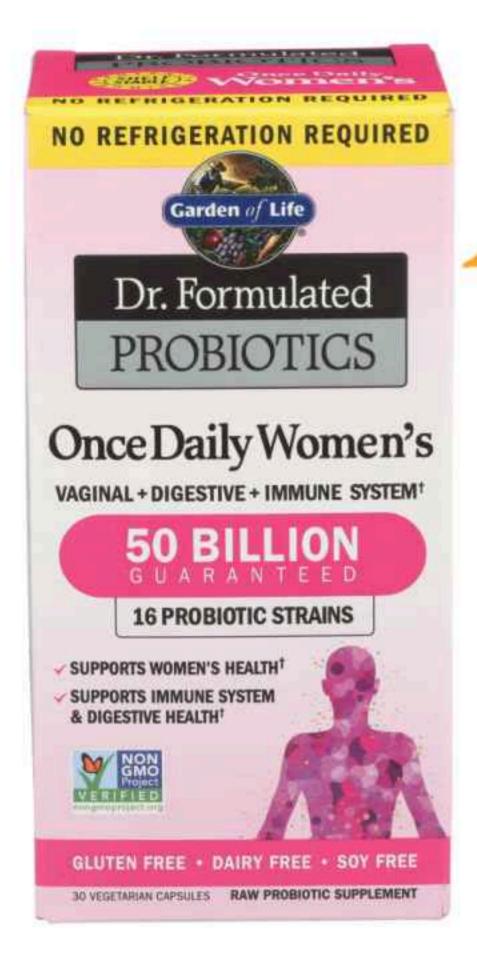
5.49
Bragg
Organic Apple
Cider Vinegar
32 fl. oz.



15.99
Himalaya
Organic
Ashwagandha



19.99
Barlean's
Organic Flax Oil
16 fl. oz., selected varieties



### 50 billion reasons

Dr. Formulated Once Daily Women's Probiotics delivers 50 billion CFUs of gutloving probiotics for immune support, digestion and vaginal health. One capsule, countless benefits — 50 billion reasons to prioritize your health today.

27.99

Garden of Life Dr. Formulated Women's Once Daily Probiotics 30 ct.



### Download the Co+op Deals app today!



4.49

Nubian Heritage Bar Soap

5 oz., selected varieties



3.79
DrTung's
Smart Floss
30 yd.



3.99
Crystal
Roll-on
Deodorant
2.25 fl. oz., selected
varieties



8.99
Biokleen
Bac-Out Stain +
Odor Remover
32 fl. oz.



6.49
Spry
Chewing Gum
100 ct., selected

varieties



8.99
Quantum
Buzz Away
Extreme
4 oz.



21.99
Mad Hippie
Vitamin C Serum
1.02 fl. oz.

powerful clean, biobased formula

Biobased cleaning ingredients break down tough residue and lift away food soils. That's the power of Seventh Generation.

3.69

Seventh Generation Liquid Dish Soap

19 fl. oz., selected varieties





The co-op has all your cleaning products.

#### Shop for fresh, delicious, local food at a co-op near you.

#### ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Food Shed Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op
Wild Onion Market

#### INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market
Purple Porch Food Co-op

#### IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

#### KANSAS

The Merc Co+op

#### KENTUCKY

Good Foods Co-op

#### MICHIGAN

Detroit People's Food Co-op Grain Train Natural Foods Market GreenTree Co-op Market Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli

#### MINNESOTA

Ypsilanti Food Co-op

Bluff Country Co-op City Center Market Cook County Co-op Eastside Food Cooperative Good Earth Food Co-op Hampden Park Co-op Harmony Natural Foods Co-op Just Food Co-op Lakewinds Food Co-op Mississippi Market Natural Harvest Food Co-op People's Food Co-op - Rochester River Market Community Co-op Seward Community Co-op Spiral Food Co-op St. Peter Food Co-op & Deli Valley Natural Foods Wedge Community Co-ops

Whole Foods Co-op

#### **NEBRASKA**

Open Harvest Cooperative Grocery

#### OHIO

Phoenix Earth Food Co-op

#### SOUTH DAKOTA

Natural Abundance Food Co-op Sioux Falls Food Co+op

#### WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Hudson Grocery Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op

See what's on sale with the Co+op Deals app!



Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



Everything you need for a classic campfire treat, on sale at the co-op!



4.29

Annie's
Organic Graham Crackers
14.4 oz., selected varieties



3.99
Endangered Species
Chocolate Bar

3 oz., selected varieties



2/\$7
Dandies
Vegan Marshmallows
9.9-10 oz., selected varieties















Some items may not be available at all stores or on the same days.

