

coop deals®

MAR 19 - APR 1, 2025

stay active

INCLUSIVE TRADE PARTNER

GoMacro is a woman-owned company. Try their delicious flavor combinations that are plant-based and ideal for fueling you through your next adventure.



2.29

Gomacro
Organic Macrobar
2-2.5 oz., selected varieties



everyday low price

1.49

Field Day
Organic Black Beans
15 oz., selected varieties



2/\$4

Muir Glen
Organic Tomatoes
14.5-15 oz., selected varieties



2/\$6

Theo
Organic Chocolate
Bars
3 oz., selected varieties



3.99

Ithaca
Hummus
10 oz., selected varieties



2/\$9

Nixie
Organic Sparkling Waters
8 pk.-12 fl. oz. cans, selected varieties



5.49

Applegate
Sunday Bacon
8 oz.



Fuel up with delicious snacks from the co-op.

Find the flavors you love.



6.49

Cocojune
Organic Coconut
Cultured Yogurt
16 oz., selected varieties

sprinkle on organic goodness

COOPERATIVELY OWNED

Made with organic milk from pasture-raised cows, Organic Valley shredded cheeses are the perfect ooey, gooey addition to your tacos, salads, casseroles and more!

4.29

Organic Valley
Shredded Cheese
6 oz., selected varieties



4.99

Follow Your Heart
Vegenaise
14 fl. oz., selected varieties

COOPERATIVELY OWNED



5.49

Organic Valley
Cottage Cheese
16 oz., selected varieties



6.49

Miyoko's Creamery
Organic Plant Milk
Mozzarella
8 oz., selected varieties



6.99

Chameleon Cold Brew
Organic Coffee Concentrate
32 fl. oz., selected varieties

your brew-ed
awakening

Organic, sustainably sourced beans roasted and brewed to perfection for a smooth, supremely sippable brew. It's just the kick in the glass you need to fuel life's adventures.



6.99

Bubbies
Pickles
25-33 fl. oz., selected varieties



Find something for everyone at the co-op.

Some items may not be available at all stores or on the same days



3/\$5

Forager Project
Organic
Cashewmilk
Yogurts
5.3 oz., selected varieties



3.49

Stumptown Coffee
Roasters
Oatly Cold Brew
Coffee
11 fl. oz., selected varieties

bubbly probiotics

Whatever your KeVita choice, we've got you covered! Bold kombucha, refreshing kefir probiotic bubbles or zesty and sweet lemonades — all full of live probiotics.

3/\$7

KeVita
Sparkling Prebiotic and
Probiotic Drinks
12 fl. oz. can, selected varieties



COOPERATIVELY OWNED



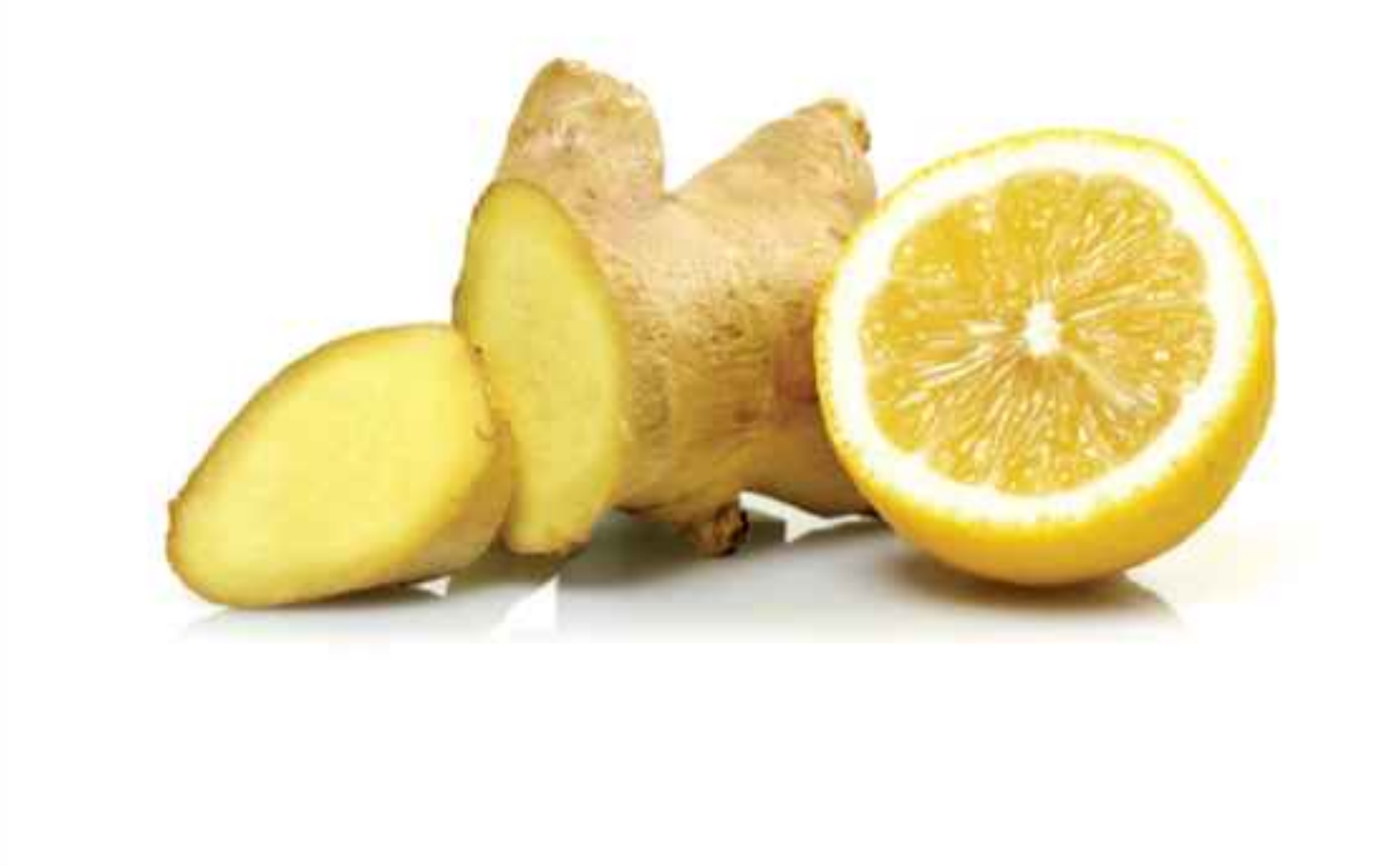
4.49

Kerrygold
Pure Irish Butter
8 oz., selected varieties



6.49

Health-Ade
Organic Kombucha
48 fl. oz., selected varieties





organic yogurt goodness

The #1 organic kids yogurt made with dairy milk from pasture-raised cows. We want our products to be good for you, good for the planet and good for your taste buds.

4.29

Stonyfield Organic
Kids Yogurt Tubes
8 pk.-2 oz., selected varieties



The co-op has great fermented-food options.

Some items may not be available at all stores or on the same days



5.99

Amy's
Frozen Meals
8.25-10.3 oz., selected varieties



2.19 Red's
Burritos
4.5-5 oz., selected varieties



everyday low price
5.99
Field Day
Breaded Fish
Sticks or Fillets
8 oz., selected varieties



3.99
Silver Hills
Sprouted Bread
15-22 oz., selected varieties



7.99
Thousand Hills
100% Grass-fed
Ground Beef 80%
Lean 20% Fat
16 oz.



7.49
Daiya
Frozen Pizza
15.3-19.4 oz., selected varieties



5.49
Cosmic Bliss
Organic Frozen
Dessert
14 fl. oz., selected varieties



12.99
Cascadian Farm
Organic Frozen
Fruit
28-32 oz., selected varieties



fresh and convenient

HOME COOKING

Find something new to make for dinner or stock up on your favorite tried and true ingredients. With great products to choose from at the co-op, weeknight meals can be both delicious and easy to make on those busy evenings.

Stock your freezer with favorites from the co-op.

Some items may not be available at all stores or on the same days



2/\$3
Lotus Foods
Rice Ramens
2.8 oz., selected varieties



2/\$4
Dr. McDougall's
Soup Cups
1.3-3.4 oz., selected varieties



3.49
Bragg
Organic Apple
Cider Vinegar
16 fl. oz.



3.49
Native Forest
Artichoke Hearts
14 oz.



4.49
Pacific Foods
Organic Soups
32 fl. oz., selected varieties



2/\$7
Muir Glen
Organic Pasta
Sauces
23.5 oz., selected varieties



2/\$7
Health Valley
Organic Soups
14.5-15 oz., selected varieties



8.99
Primal Kitchen
Avocado Oil Mayo
12 fl. oz., selected varieties

we spread integrity

We're 100% employee-owned, and we take pride in producing superior products for our customers. Since 1976, we've been dedicated to quality and sustainability for a better future.

6.49

Once Again
Organic Peanut Butter
16 oz., selected varieties



8.99
Justin's
Almond Butter
16 oz., selected varieties



13.99
California Olive Ranch
Global Blend Extra
Virgin Olive Oil
16.9 fl. oz.

The co-op has ingredients for easy spring meals.

Some items may not be available at all stores or on the same days



2/\$7

Celestial Seasonings Herbal Teas
20 ct., selected varieties



whole wheat goodness

Start the busy day happy! Crafted from simple ingredients, Kashi Cinnamon Harvest and Autumn Wheat provide whole grains and fiber to satisfy hunger and leave you smiling!

2/\$9

Kashi Cereals
9.5-14 oz., selected varieties



2/\$9

Nature's Path Organic Love Crunch Granolas
10.6-11.5 oz., selected varieties



5.99

Enjoy Life Baking Chocolate
9-10 oz., selected varieties



13.99

Four Sigmatic Organic Ground Coffee with Mushrooms
12 oz., selected varieties



prioritize your well-being

Yogi Wellness Teas are formulated with delicious taste and helpful benefit in mind. From soothing and floral to fruity and invigorating, all Yogi teas are blended with intention.

2/\$8

Yogi Organic Teas
16 ct., selected varieties



2/\$9

Organic India Tulsi Teas
18 ct., selected varieties

The co-op helps you start the day off right.

Some items may not be available at all stores or on the same days



2/\$6

LesserEvil
Organic Snacks
3-6.4 oz., selected varieties



2/\$7

Late July
Tortilla Chips
7.5-7.8 oz., selected varieties



4.99

Justin's
Organic Peanut Butter Cups
4.2-4.7 oz., selected varieties

COOPERATIVELY OWNED



3.99

Equal Exchange
Organic Chocolate
Bar
2.8-3.5 oz., selected
varieties



4.29

Mi-del
Snaps
8-10 oz., selected varieties



4.99

Late July
Salsa
15.5 oz., selected varieties

taste the magic

Dr. Bronner's Magic All-One
Chocolate pairs Regenerative
Organic Certified® ingredients with
world-class Swiss chocolatiers.
Discover Sea Salt & Hazelnut Butter
— our best-selling, vegan, organic,
70% dark chocolates!

2/\$7

Dr. Bronner's
Organic Chocolate Bars
2.93-3 oz., selected varieties



Yummy snacks are at the co-op.

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INCLUSIVE TRADE PARTNER

GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. We are proud to remain a family-owned and operated company.



2/\$6

GT's
Alive Ancient Mushroom Elixirs
16 fl. oz., selected varieties

inclusive
trade

INCLUSIVE TRADE PARTNER

South of France is a women-owned company. We still kettle cook small batches of our soap using a traditional Marseille recipe.



3.29

South of France
Bar Soap
6 oz., selected varieties

inclusive
trade

INCLUSIVE TRADE PARTNER

ECOS is a Black- and woman-owned company. We create cleaning products that protect the health and wellness of people, pets and the planet.



3.79

Ecos
Dish Soap
25 fl. oz., selected varieties

inclusive
trade



strength in
diversity

INCLUSIVE TRADE

Co-ops are committed to creating a more just society by cultivating partnerships with businesses owned by people who identify as women, Black, Indigenous, people of color (POC), LGBTQIA+, persons with disabilities and veterans. Let's celebrate the strength that comes from diversity! Learn about some of our Inclusive Trade brand partners, and find Inclusive Trade products throughout the co-op.

inclusive
trade

Find favorite Inclusive Trade brands at the co-op.



8.99
Quantum
SuperLysine+
90 ct.



*be extraordinary
this year*

How? By adding delicious Garden of Life Raw Organic Protein to your daily routine. Fueling your body with 22 grams of clean, plant-based protein is a great choice for extraordinary health.

32.99
Garden of Life
Raw Organic Protein Powder
19.75-24.69 oz., selected varieties



Get a scoop for an extra boost.
Feel great this spring.

*a spring in
your step*

FEELING GOOD
Take in the fresh spring air and enjoy the outdoors! It's time to hit the hiking trails and your favorite parks. Visit the co-op to find supplements to support an active lifestyle.



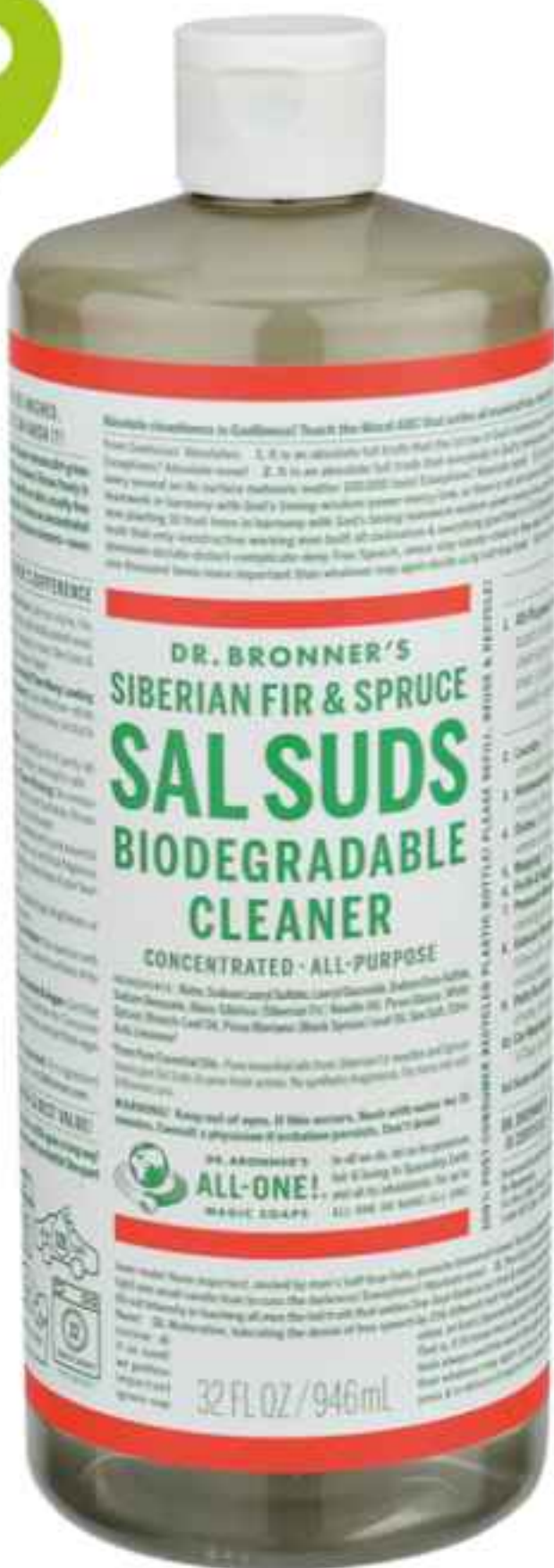
19.99
Enzymedica
Digest Gold
45 ct.

Find great supplements at the co-op.

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10.99

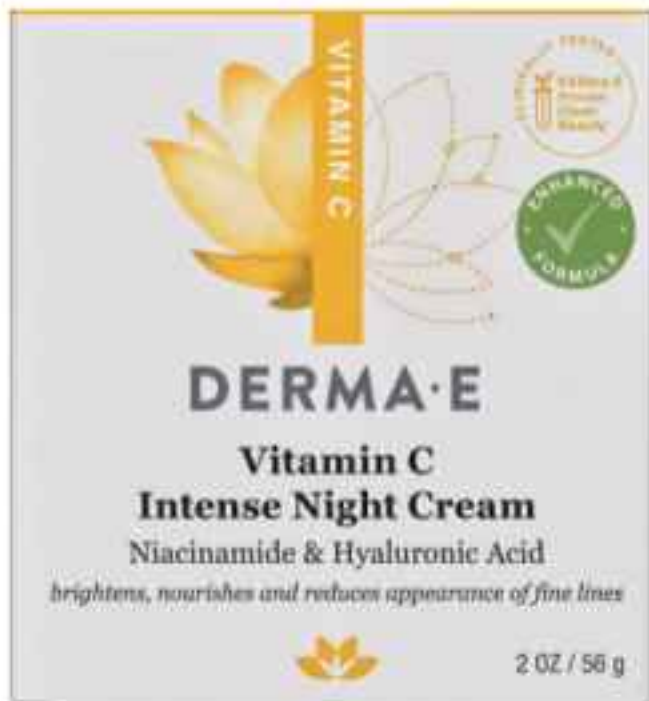
Dr. Bronner's
Sal Suds
32 fl. oz.



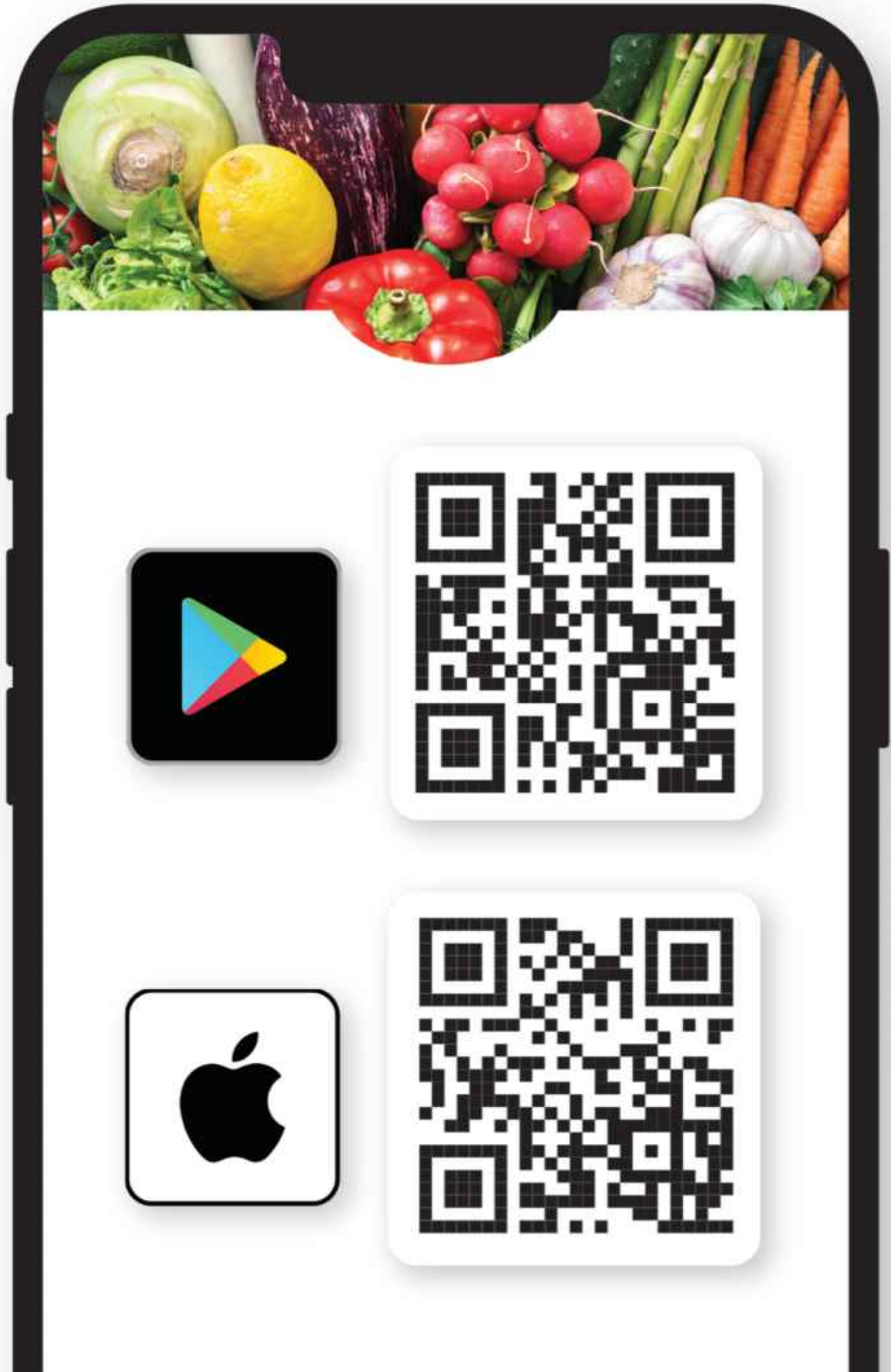
2/\$7
One With Nature
Bar Soaps
7 oz., selected varieties



8.69
Himalaya
Whitening +
Hydroxyapatite
Toothpaste
4 oz.



15.99
Derma E
Vitamin C Intense
Night Cream
2 oz.



coop deals®

Download the App!



Find your closest
food co-ops
See what's on sale
Never miss your
favorite deals

Download the Co+op Deals app today!

Some items may not be available at all stores or on the same days

snack like a champ!

Get in the zone for gameday and entertain your guests with a delicious spread of apps and snacks from the co-op!



Scan here for ideas!



Cheer on your favorite team with great snacks.

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Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

- Keweenaw Co-op Market & Deli
- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



3/\$4

Chobani
Greek Yogurts
5.3 oz., selected varieties



2/\$3

Annie's
Mac & Cheese
5.25-6 oz., selected varieties



3.69
C2O
Coconut Water
33.8 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



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