Ctop deals.

MAY 21 - JUN 3, 2025

simple ingredients

No sandwich or wrap is complete without Primal Kitchen's Mayo. So, pack up a lunch and head out to enjoy the great outdoors. Find this delicious avocado oil mayo made with cage-free eggs on sale at the co-op!



7.99
Primal Kitchen
Avocado Oil Mayo
12 fl. oz., selected varieties



2/\$4
KeVita
Sparkling Prebiotic
& Probiotic Drinks
12 fl. oz. can, selected
varieties



2/\$7
Stacy's
Pita Chips
6.75-7.33 oz., selected varieties



2/\$8
Vita Coco
Coconut Waters
33.8 fl. oz., selected
varieties



4.49
Goodpop
Frozen Novelties
9-14 fl. oz., selected varieties

INCLUSIVE TRADE PARTNER

Bachan's is an Asian-owned company. We have perfected a multi-generational family recipe. Our sauces are inspired by traditional Japanese flavors.



Bachan's
Japanese
Barbecue Sauce
15.5-17 fl. oz., selected
varieties



Time for outdoor gatherings.

Celebrate fun in the sun.



3/\$5
Liquid Death
Sparkling Waters
19.2 fl. oz., selected
varieties



2/\$4
Mid-Day Squares
Functional
Chocolate Bars
1.16 oz., selected
varieties

modern Mexican soda

De La Calle is a better-for-you twist on your traditional soda, All products are organic with a delicious taste, while being low sugar and low calorie! Enjoy a new Modern Mexican Soda today.

2/\$4

De La Calle!
Organic Mexican Sodas
12 fl. oz., selected varieties





2.29
The Mountain Valley
Spring or Sparkling
Water
33.8 fl. oz., selected
varieties



2/\$10

Bizzy
Organic Cold
Brew Coffee
48 fl. oz., selected
varieties



6.99
Wildbrine
Organic
Sauerkraut
18 oz., selected varieties



always in good taste

For over 40 years, people have trusted Bubbies for premium fermented and pickled products made using family recipes, time-honored methods, and real ingredients. Only the best comes from Bubbies kitchen.

6.99

Bubbies Pickles

25-33 fl. oz., selected varieties





5.99
Grillo's
Pickles
32 fl. oz., selected varieties

Find refreshing options at the co-op



4/\$5

Fage

Greek Yogurts

5.3 oz., selected varieties

crafted with less (

Made with a not-too-sweet coconut concoction, our plant-based line is rich, creamy, has a short ingredient list, and is satisfying and delicious.

3/55

Siggi's

Plant-based Yogurts

5.3 oz., selected varieties





3.99
Ithaca
Hummus
10 oz., selected

varieties



3.99
Daiya
Dairy-free Shreds
7.1 oz., selected
varieties



4.39
Upton's Naturals
Seitan
5-8 oz., selected varieties

organic grassfed sharp cheddar

Produced using organic milk from Humane Certified Jersey cows on familyowned farms, this cheddar is flavorful and a great addition to a sandwich or burger!

3,99

Rumiano

Organic Sliced Cheese

6 oz., selected varieties



INCLUSIVE TRADE PARTNER

Painterland Sisters is a woman-owned company. They make delicious yogurt and work with their partner farms to care for their land, animals and workers.



2.19

Painterland Sisters
Organic Icelandic
Style Skyr Yogurts
5.3 oz., selected varieties

The co-op has all your favorites!



3.79
The Greek Gods
Greek Yogurt
24 oz., selected varieties



gluten-free favorites

Canyon Bakehouse offers delicious gluten-free breads, bagels, buns and more that are soft, flavorful and made with whole grains. With products that are certified gluten-free and free from dairy, nuts and soy, they're sure to become a family favorite without ever compromising on taste.

5.99

Canyon Bakehouse
Gluten-free Bread or Bagels

14-18 oz., selected varieties



2/\$7
Planet Oat
Oatmilks
52 fl. oz., selected varieties



3.79
Green Valley
Organic Lactosefree Sour Cream
12 oz.



4.49
Nutpods
Dairy-free Creamer
25.4 fl. oz., selected
varieties

100% Certified Grass-Fed

COOPERATIVELY OWNED

Organic Valley's 100% grass-fed cows are never fed grains, which gives their Grassmilk the subtle seasonal flavors of our pastures. This is milk as it was meant to be.



Organic Valley Grassmilk

64 fl. oz., selected varieties





4.99
So Delicious
Organic
Coconutmilk
64 fl. oz., selected varieties

COOPERATIVELY OWNED



Organic Valley
Block Cheese
8 oz., selected varieties

Find brands you love at the co-op.



2/\$6 Amy's
Burritos
5-6 oz., selected varieties



3.29 Van's
Frozen Waffles or Pancakes
8-12.4 oz., selected varieties



scoop pure happiness

Classic flavors, crafted the Alden's Organic way — creamy, dreamy and made with the best organic ingredients.

8.99

Alden's Organic Ice Cream

1.5 qts., selected varieties





5.69
Actual Veggies
Burgers
4 pk.-3oz., selected varieties



5.49 Food for Life
Organic Bread
24 oz., selected varieties

more love, more euphoria

There are so many ways to enjoy Ben & Jerry's. We cover our bases but then go further, with something for everyone. Go ahead, give it a swirl...

4.99

Ben & Jerry's

Ice Cream or Non-dairy Dessert

1 pt., selected varieties





5.49
Applegate
Uncured Beef Hot
Dogs
10 oz.



Beyond Meat
Plant-based
Sausage
14 oz., selected varieties

The frozen treats you love are at the co-op.

INCLUSIVE TRADE PARTNER

A Dozen Cousins is a diverse-owned company. We create authentic food from cultural recipes made with wholesome ingredients.



A Dozen Cousins Ready-to-Eat Beans 10 oz., selected varieties

real ingredients for - indulgent moments

Real flavor from real ingredients. No artificial flavors, sweeteners or colors. Gelato and

Sorbetto made from scratch.

Talenti

Gelato or Sorbetto

1 pt., selected varieties





Cappello's Grain-free Pizza 11-12 oz., selected varieties





everyday low price

19.99

Field Day Organic Olive Oil 33.8 fluid ounces

indulgence done right

Straight from the earth and out of this world good! We cracked the code on organic plant-based dessert with our blissful frozen treats. No artificial ingredients. Delicious, cold, creamy perfection.

Cosmic Bliss

Organic Frozen Dessert

14 fl. oz., selected varieties





Gardein Ultimate Plant-based **Proteins**

14-16.64 oz., selected varieties

Fill the freezer with options from the co-op.



6.99 Sir Kensington's Mayonnaise 12 fl. oz., selected varieties



2.29 Wild Planet Sardines 4.4 oz., selected varieties



2/\$3 Annie's Mac & Cheese 5.25-6 oz., selected varieties



2/\$7 Briannas Dressings or Marinades 12 fl. oz., selected varieties



19.99 California Olive Ranch Global Blend Extra Virgin Olive Oil 25.4 fl. oz.

our best-selling sparkling water!

Sip into summer with Nixie! Our awardwinning sparkling water is bursting with delicious, certified organic flavors without the sugar, single-use plastic or toxic, forever chemicals. Stock up and sparkle from the inside out!

Nixie

Organic Sparkling Water

8 pk.-12 fl. oz. cans, selected varieties







Justin's Almond Butter 16 oz., selected varieties

scoop up the savings in bulk!



2.79 Organic Green Lentils per pound in bulk



3.49 Organic Tricolor Quinoa per pound in bulk



Walnut Halves & Pieces per pound in bulk

The co-op has your ingredient staples.



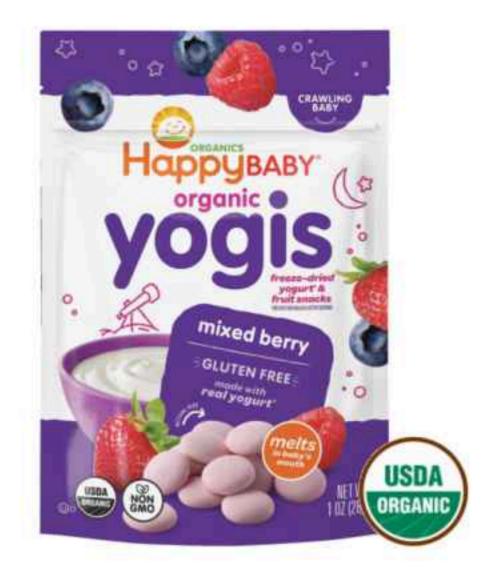
4/\$5

Larabar
Fruit & Nut Bars
1.06-1.7 oz., selected varieties

INCLUSIVE TRADE PARTNER

Chomps is a diverse-owned company. We make on-the-go protein snacks from sustainably sourced proteins.





3.99
Happy Family Organics
Yogis
1 oz., selected varieties







2/\$5
Perfect Bar
Protein Bars
1.94-2.5 oz., selected varieties



4-9
Nature's Bakery
Fig Bars
6pk.-2 oz., selected varieties



3.49
Minor Figures
Organic Barista
Oatmilk
32 fl. oz.



2/\$7
Hippeas
Chickpea Puffs
4 oz., selected varieties



4.29
Nature's Path Organic
Cereal
9.5-14 oz., selected varieties



5.49
Bob's Red Mill
Gluten-free
Muesli
16 oz.

Head to the co-op and stock up for road trips.



2.79
Boulder Canyon
Potato Chips
5.25-6.5 oz., selected varieties



2/56
Garden of Eatin'
Tortilla Chips
5.5 oz., selected varieties



2/\$6 LesserEvil Organic Snacks 3-6.4 oz., selected varieties



2/\$7
Food Should Taste
Good
Tortilla Chips
5.5 oz., selected varieties



3.99

Zack's Mighty
Organic Tortilla
Chips
7.5-9 oz., selected varieties



3.99
Frontera
Salsa
16 oz., selected varieties

elevate your springtime snacking

TERRA® real vegetable chips are

chef created and artfully crafted.

These non-GMO and gluten-free chips are thoughtfully paired and creatively seasoned for an elevated snack worth savoring.

2/\$7

Terra
Vegetable Chips

5 oz., selected varieties





Unreal
Candy
3.2-5 oz., selected varieties

An assortment of yummy snacks is at the co-op.



16.99 Simply Toro's

Simply Tera's
Pure Whey Protein Powder

12 oz., selected varieties

products making an impact l

At Simple Mills, we're working to bake positive impact into the food we make: flipping the script on innovation to design products with people and planet in mind.

3.79

Simple Mills

Cookies and Crackers

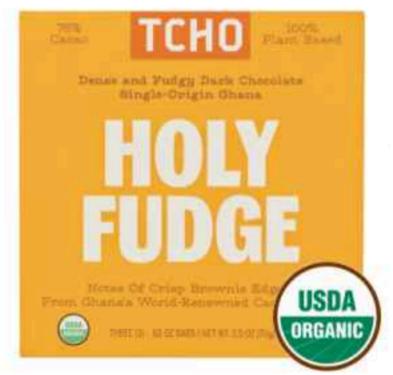
4-5.5 oz., selected varieties







4/\$9
Santa Cruz Organic
Lemonades or
Limeades
32 fl. oz., selected varieties



2/\$7
Tcho
Organic
Chocolate Bars
3 pk.-.83 oz., selected
varieties



indulge your curls

Andalou Naturals Argan Oil & Shea hair care deeply nourishes without weighing down waves and curls, while the scent of warm vanilla and sweet mandarin uplifts the senses.

5.99

Andalou Naturals
Shampoo or Conditioner

11.5 fl. oz., selected varieties





3.69
Mary's Gone
Crackers
Organic Real Thin
Crackers
5 oz., selected varieties



Q Mixers

Drink Mixers
4 pk.-7.5 fl. oz. cans, selected varieties

Find the products you trust at the co-op.

spring skin protection

Protect your skin from those sunny rays with Skin Cancer Foundation recommended, broad spectrum SPF protection. Water resistant and free from animal testing, octinoxate, oxybenzone, parabens, synthetic fragrances, sulfates and petrolatum.



7.49
Alba Botanica
SPF 50 Hawaiian
Sunscreen Lotion
3 fl. oz.



7.99
Alba Botanica
SPF 30 Sheer
Mineral Sunscreen
Lotion
3 fl. oz.



7.99
Alba Botanica
SFP 50 Sheer
Mineral
Sunscreen Lotion
3 fl. oz.



9.99
Alba Botanica
SPF 50 Sensitive
Sunscreen Spray
5 fl. oz.



Better Life
Toilet Bowl Cleaner
24 fl. oz.



Everyone
3-in-1 Soap
32 fl. oz., selected varieties



Heritage Store
Rosewater Facial Mist
8 fl. oz.



8.99
Pranarom
Organic
Frankincense
Essential Oil
.06 fl. oz.



16.99
Om
Organic Lion's
Mane Mushroom
Powder
3.5 oz.



18.99
Natural Factors
Tranquil Sleep
Chews
60 ct.

The co-op helps you feel fresh all summer long.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Food Shed Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op
Wild Onion Market

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market
Purple Porch Food Co-op

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Detroit People's Food Co-op Grain Train Natural Foods Market GreenTree Co-op Market Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli

MINNESOTA

Ypsilanti Food Co-op

Bluff Country Co-op City Center Market Cook County Co-op Eastside Food Cooperative Good Earth Food Co-op Hampden Park Co-op Harmony Natural Foods Co-op Just Food Co-op Lakewinds Food Co-op Mississippi Market Natural Harvest Food Co-op People's Food Co-op - Rochester River Market Community Co-op Seward Community Co-op Spiral Food Co-op St. Peter Food Co-op & Deli Valley Natural Foods Wedge Community Co-ops

Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Hudson Grocery Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op





Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



Woodstock
Organic Mustard
8 oz., selected varieties



5.57Woodstock
Organic Ketchup

19.5-20 oz., selected varieties

WOODSTOCK

Organic
PITTED
KALAMATA
OLIVES

DR WT 48 0Z (1360)
NET WT 8.4 0Z (2389)

USDA
ORGANIC

Woodstock
Organic Olives
8.4-8.5 oz., selected varieties



5.49
Woodstock
Organic Pickles
24 fl. oz., selected varieties



Make your next meal memorable with **Woodstock's** wide range of organic condiments! Great for a backyard barbecue or dinner party, our condiments are versatile, delicious and sure to please any crowd.



USDA ORGANIC











Some items may not be available at all stores or on the same days.

