

coop deals

JAN 21 - FEB 3, 2026

time to reset

Steep into a new ritual with tea-licious ingredients from Yogi. With Yogi Tea on sale at the co-op, you can try out an assortment of flavors, and you can be assured that your drink is plastic-free and in a compostable tea bag.



3.99

Yogi Tea
Organic Herbal
Tea Blends

16 ct., selected varieties

INCLUSIVE TRADE PARTNER

Painterland Sisters is a woman-owned company. We make delicious yogurt and work with partner farms to care for land, animals and workers.



2.19

Painterland Sisters
Organic Skyr Yogurts
5.3 oz., selected varieties

INCLUSIVE TRADE PARTNER



Fillo's is a Hispanic-owned company. We offer a range of reimagined Latin staples that are packed with flavor and nutrients.

2/\$5

Fillo's
Walking Tamales
4 oz., selected varieties

INCLUSIVE TRADE PARTNER



Purely Elizabeth is a woman-owned company. We make delicious food with nourishing ingredients to help you thrive on your wellness journey.

5.49

Purely Elizabeth
Granola
8-12 oz., selected varieties

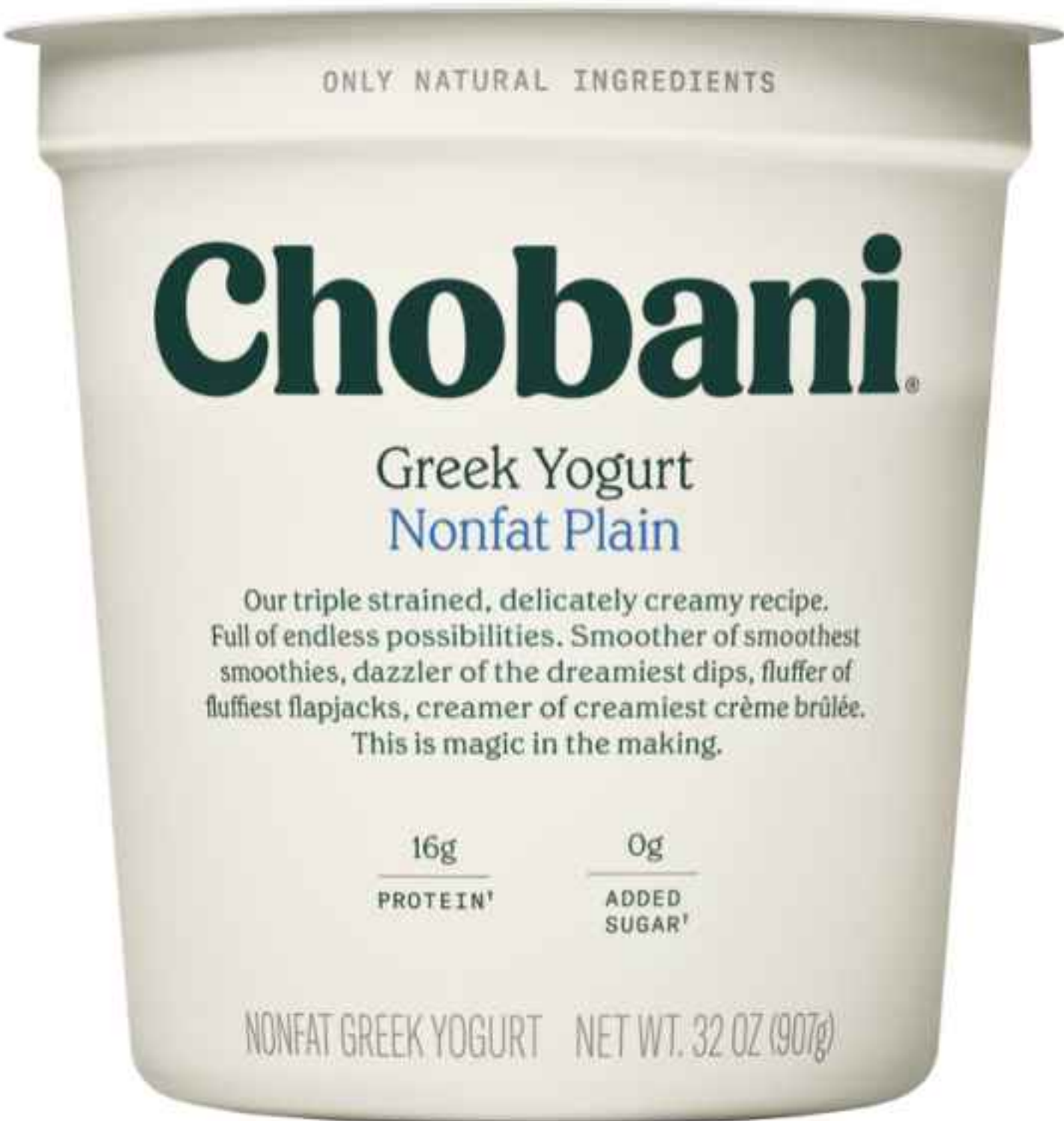


Fresh, delicious foods from the co-op.
Start the year off right.



a canvas for flavor

Try our Nonfat Plain Greek Yogurt. Triple strained to be thick and creamy. Made the old-world way, locally sourced and authentically crafted, batch by single batch. Perfect for small-spoon eating or big-spoon cooking!



4.99
Nancy's
Organic Yogurt
32 oz., selected varieties

5.99
Chobani
Greek Yogurt
32 oz., selected varieties



The co-op has your favorite toppings.
Make your yogurt fun and delicious.

original cream-top yogurt

Brown Cow yogurt is sweetened with cane sugar and maple syrup, and it's made without the use of artificial growth hormones, artificial flavors or artificial sweeteners.

5/\$5
Brown Cow
Whole Milk Yogurts
5.3 oz., selected varieties



1.69
Forager Project
Organic Cashewmilk Yogurt
5.3 oz. , selected varieties

The co-op has options for busy mornings.

Some items may not be available at all stores or on the same days



7.99

Chameleon Coffee
Organic Cold-brew
Concentrate
32 fl. oz., selected varieties

smooth and creamy goodness



Almond Breeze® is a great product that comes to you with care and attention to goodness. Unsweetened Original provides a touch of the almond's natural sweetness but eliminates the added sugar.

2/\$7

Blue Diamond
Almondmilk
59-64 fl. oz., selected varieties



4.49

Nutpods
Creamer
25.4 fl. oz., selected varieties



2/\$10

Bizzy
Organic Cold
Brew Coffees
48 fl. oz., selected
varieties

protein-rich Greek yogurt

From cooking to baking to enjoying with toppings like fresh fruit and honey, there are many delicious ways to use FAGE Total. The possibilities are as endless as your imagination.



3/\$4

Fage
Greek Yogurts
5.3 oz., selected varieties



2/\$7

Goodbelly
Probiotic Drinks
32 oz., selected varieties



Fuel up for the day at the co-op.

Some items may not be available at all stores or on the same days

dairy-free delights

Start fresh this January! Choose plant-based goodness with Silk Almond Milk, Silk Soy Creamer, So Delicious Coconutmilk and Coconut Yogurt. Non-GMO, unsweetened and dairy-free — perfect for your healthy resolutions.



3.99
Silk
Almondmilk
64 oz., selected varieties



4.49
Silk
Plant-based Creamer
32 fl. oz., selected varieties



4.79
So Delicious
Organic Coconutmilk
64 fl. oz., selected varieties



5.49
So Delicious
Coconutmilk Yogurt
24 oz., selected varieties

uniquely pure, simply delicious



INCLUSIVE TRADE PARTNER
GT's Living Foods is family- and LGBTQIA+-owned. Crafted from two young Thai coconuts, COCOYO has billions of living probiotics delivering joy in every jar and life in every bite.

5.49
GT's
Cocoyo Yogurt
8 oz., selected varieties



4.99
Rumiano
Organic Block Cheese
8 oz., selected varieties



3.99
Daiya
Dairy-free Shreds
7.1 oz., selected varieties



3.99
Organic Valley
Sour Cream
16 oz.



5.99
Treeline
Dairy-free French-style Cheese
4-6 oz., selected varieties

Try something new this year from the co-op.

Some items may not be available at all stores or on the same days



4.49
Miyoko's Creamery
Organic Plant Milk
Cream Cheese
8 oz., selected varieties



5.49
Miyoko's Creamery
Organic Plant Milk
Cheese Spread
8 oz., selected varieties



5.49
Miyoko's Creamery
Organic Plant Milk
Shreds or Slices
7-8 oz., selected varieties



5.49
Miyoko's Creamery
Organic Pourable
Plant Milk Mozzarella
16 oz.



Looks like dairy. Tastes like dairy.
Isn't dairy. **Miyoko's** delivers the
richness you love — organic,
dairy-free and chef trusted.



2/\$5
Health-Ade
Organic Kombuchas
16 fl. oz., selected varieties



3.49
Wildwood Organic
High Protein Tofu
16 oz.



6.99
Wildbrine
Organic Sauerkraut
18 oz., selected varieties



2.29
Forage Kombucha
Organic Kombucha
12 fl. oz., selected varieties



6.49
Just
Plant-based Eggs
16 oz.



Find great deals at the co-op.

Some items may not be available at all stores or on the same days



2/\$7
Vital Farms
Butter
8 oz., selected
varieties



5.79
Vital Farms
Pasture-raised
Liquid Whole Eggs
16 oz.



8.99
Vital Farms
Organic Pasture-raised
Large Grade A Eggs
1 doz.

raising
standards

Our pasture-raised eggs
and butter are cultivated
with respect from
farmers who care, giving
you honest ingredients to
start the year right.



Fuel your busy days from sunrise to sunset.
Feel your best all day long.



4.99
Applegate
Breakfast Sausage
7 oz., selected varieties



4.99
Little Northern
Bakehouse
Gluten-free Bread
or Bagels
14-17 oz., selected
varieties



5.39
Just
Folded Plant-
based Eggs
8 oz.



5.99
Meati
Cutlets
7.4-9.5 oz., selected
varieties



5.99
Amy's
Frozen Meal
8.25-10.3 oz., selected
varieties



6.99
Caulipower
Frozen Pizza
10.9-11.85 oz.,
selected varieties

Get cooking with ingredients from the co-op.

Some items may not be available at all stores or on the same days



5.49 Food for Life
Organic Bread
24 oz., selected varieties



naturally nutritious

Brighten up your next meal with Woodstock Frozen Vegetables! Picked at the peak of ripeness, washed and quick frozen to lock in flavor and nutrition for everyone to enjoy.

2.69 Woodstock
Organic Frozen Vegetables
10 oz., selected varieties



Shop the co-op for winter warmers.
Find comfort food at the co-op.



*thoughtfully
selected ingredients*

We invite you to experience and enjoy the delicious foods — like these grain-free, gluten-free tortillas — that bring us together around the table. ¡Buen Provecho!

6.99
Siete
Tortillas
7 oz., selected varieties



4.99
Rudi's
Organic Bread
22 oz., selected varieties

The co-op has essential meal ingredients.

Some items may not be available at all stores or on the same days



5.49
Maranatha
Organic Peanut Butter
16 oz., selected varieties



3.79
Pacific Foods
Plant-based
Beverage
32 fl. oz., selected
varieties



2.99
Nutpods
Creamer
11.2 fl. oz., selected varieties



COOPERATIVELY OWNED
4.99
Simply
Organic
Cinnamon
2.45 oz.



6.49
Rishi
Organic Tea
15 ct., selected varieties



9.99
Peace Coffee
Organic Coffee
12 oz., selected
varieties



10.99
Justin's
Almond Butter
16 oz., selected varieties



*wake up,
it's go time*

EASY MORNINGS

Take the mundane out of your morning routine and kick-start the day with delicious breakfast and beverage options available at the co-op. How you set the tone for the day makes a big difference, so be sure to get started by fueling yourself well.



3.99
R.W. Knudsen
Organic Juice Blends
32 fl. oz., selected varieties

The co-op has all your morning essentials.

Some items may not be available at all stores or on the same days



2/\$8
Celestial Seasonings
Herbal Teas
18-20 ct., selected varieties



2/\$4
Earth's Best
Organic Yogurt Smoothies
4.2 oz., selected varieties



4/\$5
Larabar
Fruit & Nut Bars
1.6-1.7 oz., selected varieties



3.79
MadeGood
Organic
Granola Bars
4.25-5.3 oz., selected varieties



4.49
Puffins
Cereals
10-11 oz., selected varieties



4.49
Bear
Fruit Snacks
5 pk.-7 oz., selected varieties



4.69
One Degree
Organic Foods
Sprouted Rice
Cereal
8-10 oz., selected varieties



new year, organic you

Savor the best, always-organic, non-GMO oatmeals from Nature's Path — nutritionally dense and full of health benefits. Kick start organic YOU this year!

3.79
Nature's Path Organic
Instant Oatmeal
11.3-14 oz., selected varieties



4.69
Nature's Bakery
Fig Bars
6pk.-2 oz., selected varieties

Breakfast and pantry favorites are at the co-op.

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2/\$5

Westbrae
Organic Beans
15 oz., selected varieties

imagine the possibilities



At Imagine, we believe the best food starts with real ingredients. We offer a variety of organic, non-GMO and nutrient-packed soups, broths and bone broths that deliver a difference you can taste in every spoonful.

2/\$7

Imagine
Organic Broths
32 fl. oz., selected varieties



1.59

Take Root
Organics
Tomato Paste
6 oz.



everyday low price

2.29

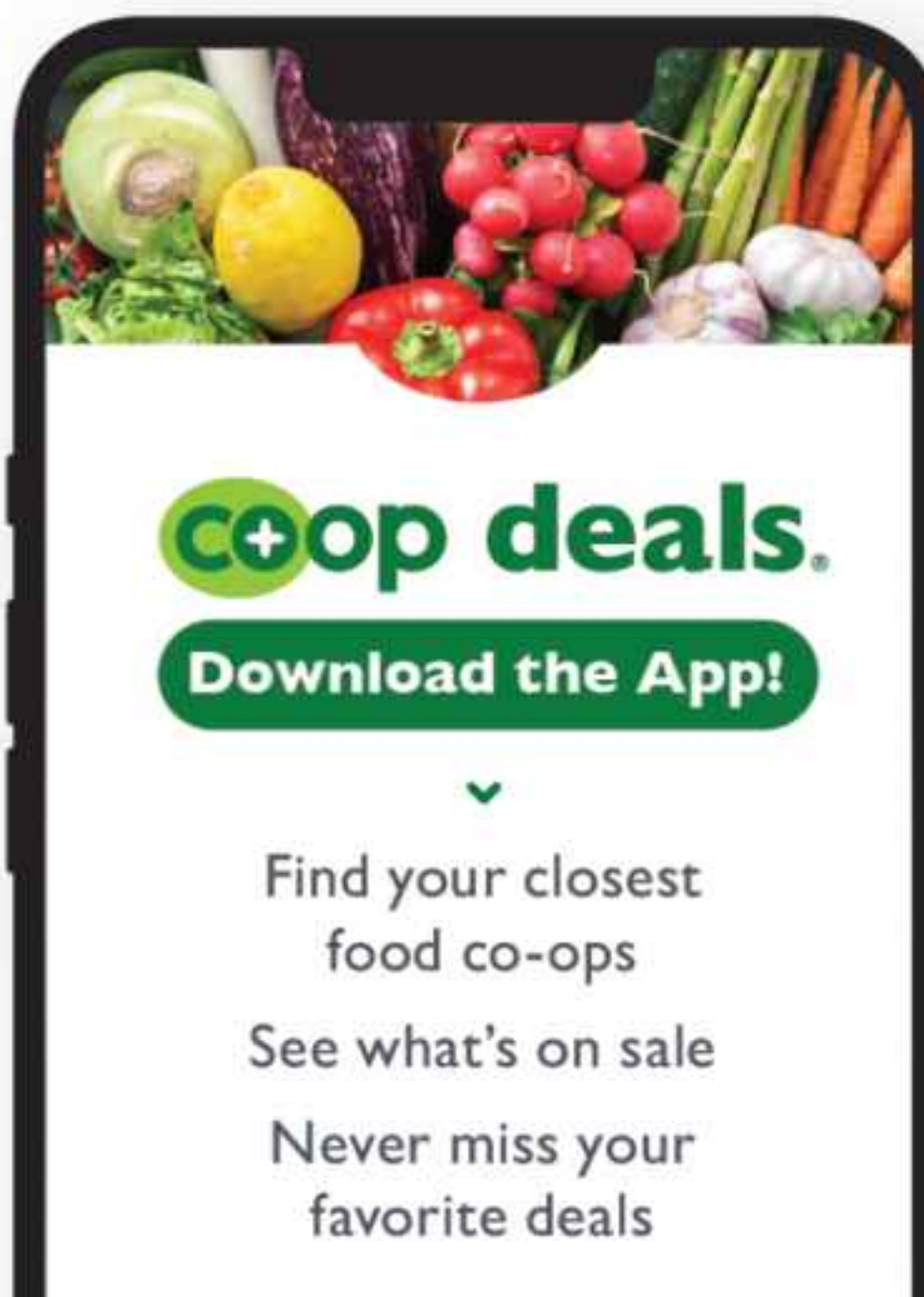
Field Day
Organic Coconut
Milk
13.5 fl. oz., selected varieties



2/\$5

Wild Planet
Sardines
4.4 oz., selected varieties

Never miss your
favorite deals



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



4.39

Bar Harbor
Chowder or
Bisque
15 oz., selected varieties



5.49

Bragg
Organic Apple
Cider Vinegar
32 fl. oz.

Download the Co+op Deals app today.



2/\$3
Culture Pop
Probiotic Sodas
12 fl. oz. can, selected
varieties



5.49
Zevia
Zero Sugar Soda
6 pk.-12 fl. oz. cans,
selected varieties



5.99
LaCroix
Sparkling Water
12 pk.-12 fl. oz. cans,
selected varieties



8.99
Primal Kitchen
Avocado Oil Mayo
12 fl. oz., selected
varieties



9.99
Navitas Organics
Unsweetened
Cacao Powder
8 oz.



17.99
Napa Valley Naturals
Organic Extra Virgin
Olive Oil
25.4 fl. oz.

*colorful
and nourishing*

SCAN QR CODE FOR RECIPE

There are plenty of inspiring recipes on grocery.coop, and this tuna nicoise one is an easy win! Try this classic version full of veggies that will pack in the protein and vitamins for a quick but delicious lunch.



3.29
Safe Catch
Elite Wild Tuna
5 oz.

scoop up the savings in bulk!



1.69
Organic Steel
Cut Oats
per pound in bulk



3.19
Organic
Kidney Beans
per pound in bulk



4.99
Organic
Pumpkin Seeds
per pound in bulk

Find all your bulk items at the co-op.

Some items may not be available at all stores or on the same days



4.99
Garden of Eatin'
Organic Tortilla Chips
14 oz., selected varieties



2.99
Pirate Brands
Aged White
Cheddar Puffs
4 oz.



2/\$6
Wasa
Crispbreads
4.9-9.7 oz., selected
varieties



2/\$6
Angie's
Boomchickapop
Popcorn
4.4-7 oz., selected
varieties



everyday low price
3.49
Field Day
Saltine
Crackers
16 oz.



2/\$7
Kettle Brand
Potato Chips
4.25-5 oz., selected
varieties



2/\$7
Uglies
Potato Chips
5.5-6 oz., selected
varieties



3.99
Barnana
Organic Plantain
Chips
5 oz., selected varieties



3.99
Siete
Tortilla Chips
5 oz., selected varieties



4.49
Alter Eco
Organic
Chocolate Bar
2.65-2.96 oz.,
selected varieties



4.49
Simple Mills
Crackers
4-4.25 oz., selected varieties



4.49
Vita Coco
Coconut Water
33.8 fl. oz., selected
varieties



2/\$9
Back to Nature
Sandwich Cookies
7.5-9 oz., selected
varieties

The co-op has all your favorite snacks.

Some items may not be available at all stores or on the same days



2.99

Orgain
Nutritional or Protein Shake
11 fl. oz., selected varieties



9.69

Jarrow Formulas
Methyl B-12 1000mcg
100 ct.



12.99

Nature's Way
Umcka Syrup
4 fl. oz., selected varieties



2/\$6

Vive Organic
Wellness Shots
2 fl. oz., selected varieties



21.99

Barlean's
Organic Flax Oil
16 fl. oz., selected varieties



31.99

Four Sigmatic
Organic Protein Powder
16.9-21.16 oz., selected varieties



organic cleansing

Our fair-trade organic Psyllium is grown on small family farms, using micro irrigation for 50% less water usage. No synthetic fertilizers or pesticides are ever used.

10.39

Organic India
Psyllium Husk Fiber
12 oz.



15.99

Ultima Replenisher
Electrolyte Powder
3.4-3.9 oz., selected varieties

The co-op has trusted wellness products.

Some items may not be available at all stores or on the same days

pioneers
with purpose

At **ACURE**, we have one simple mission: to make clean beauty products accessible. Through ongoing product development and rigorous clinical trials, we've developed skincare, haircare and body care that's powerful for the skin yet gentle on the planet.



6.99
Acure
Brightening
Facial Scrub
4 fl. oz.



11.99
Acure
Brightening
Day Cream
1.7 fl. oz.



12.99
Acure
Brightening
Night Cream
1.7 fl. oz.



5.99
Acure
Shampoo or
Conditioner
8 fl. oz., selected varieties



2.99
The Humble Co.
Floss Picks
50 ct., selected varieties



4.99
Desert Essence
Toothpaste
6.25 oz., selected varieties

better soap, happier hands

Made with essential oils, EWG Verified and packaged in a 100% post-consumer recycled plastic bottle — a refreshing, scent-filled clean for all.

3.69
Everyone
Hand Soap
12.75 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Giovanni is a veteran-owned company. We make cutting-edge, fashion-forward natural hair care a reality.

6.79
Giovanni
Shampoo or
Conditioner
8.5 fl. oz., selected varieties



Inclusive
trade

The best of body care products are at the co-op.

Some items may not be available at all stores or on the same days

try something new

EASY RESOLUTIONS

2026 is off and running! The co-op is a great place to try something new this year!



try new recipes

Cooking at home doesn't have to be a chore and a bore. If you're wanting to do less take out and more cooking at home, then these recipes are a great place to get started.



try brands doing good for the community

The co-op supports so many brands that are making their communities and the planet a better place. Check out Inclusive Trade and Co-op Trade brands throughout the co-op for products that align with your values.



try new flavors

New spices may be the key to a more delicious year ahead. Take a few tried-and-true meals you've made in the past and add some new flavors this year!



try DIY wellness

The co-op has more than just food. There are also great ideas for DIY projects at home. How about adding some glow to your dry winter skin with this amazing DIY honey facial?



100% recycled paper

Seventh Generation's Bath Tissue does its job well and helps you consider your impact on the environment! It is whitened without chemicals containing chlorine and made from 100% recycled fiber.



3.99

**Seventh Generation
100% Recycled Bath Tissue**
4 ct.



12.99

**Biokleen
Liquid Laundry
Detergent**
64 fl. oz., selected
varieties



Try something new this year from the co-op.

Shop for fresh, delicious, local food at a co-op near you.

- ILLINOIS**

 - Common Ground Food Co-op
 - Dill Pickle Food Co-op
 - Food Shed Co-op
 - Green Top Grocery
 - Neighborhood Co-op Grocery
 - Sugar Beet Food Co-op
 - Wild Onion Market

INDIANA

 - 3 Rivers Natural Grocery
 - Bloomingfoods Market and Deli
 - Maple City Market
 - Purple Porch Food Co-op

IOWA

 - New Pioneer Co-op
 - Oneota Community Co-op
 - Wheatsfield Cooperative

KANSAS

 - The Merc Co+op

KENTUCKY

 - Good Foods Co-op

MICHIGAN

 - Detroit People's Food Co-op
 - Grain Train Natural Foods Market
 - GreenTree Co-op Market
- Keweenaw Co-op Market & Deli

Marquette Food Co-op

Oryana Community Co-op

People's Food Co-op – Ann Arbor

PFC Natural Grocery & Deli

Ypsilanti Food Co-op

MINNESOTA

 - Bluff Country Co-op
 - City Center Market
 - Cook County Co-op
 - Eastside Food Cooperative
 - Good Earth Food Co-op
 - Hampden Park Co-op
 - Harmony Natural Foods Co-op
 - Just Food Co-op
 - Lakewinds Food Co-op
 - Mississippi Market
 - Natural Harvest Food Co-op
 - People's Food Co-op – Rochester
 - River Market Community Co-op
 - Seward Community Co-op
 - Spiral Food Co-op
 - St. Peter Food Co-op & Deli
 - Valley Natural Foods
 - Wedge Community Co-ops
 - Whole Foods Co-op

- NEBRASKA**

 - Open Harvest Cooperative Grocery

OHIO

 - Phoenix Earth Food Co-op

SOUTH DAKOTA

 - Natural Abundance Food Co-op
 - Sioux Falls Food Co+op

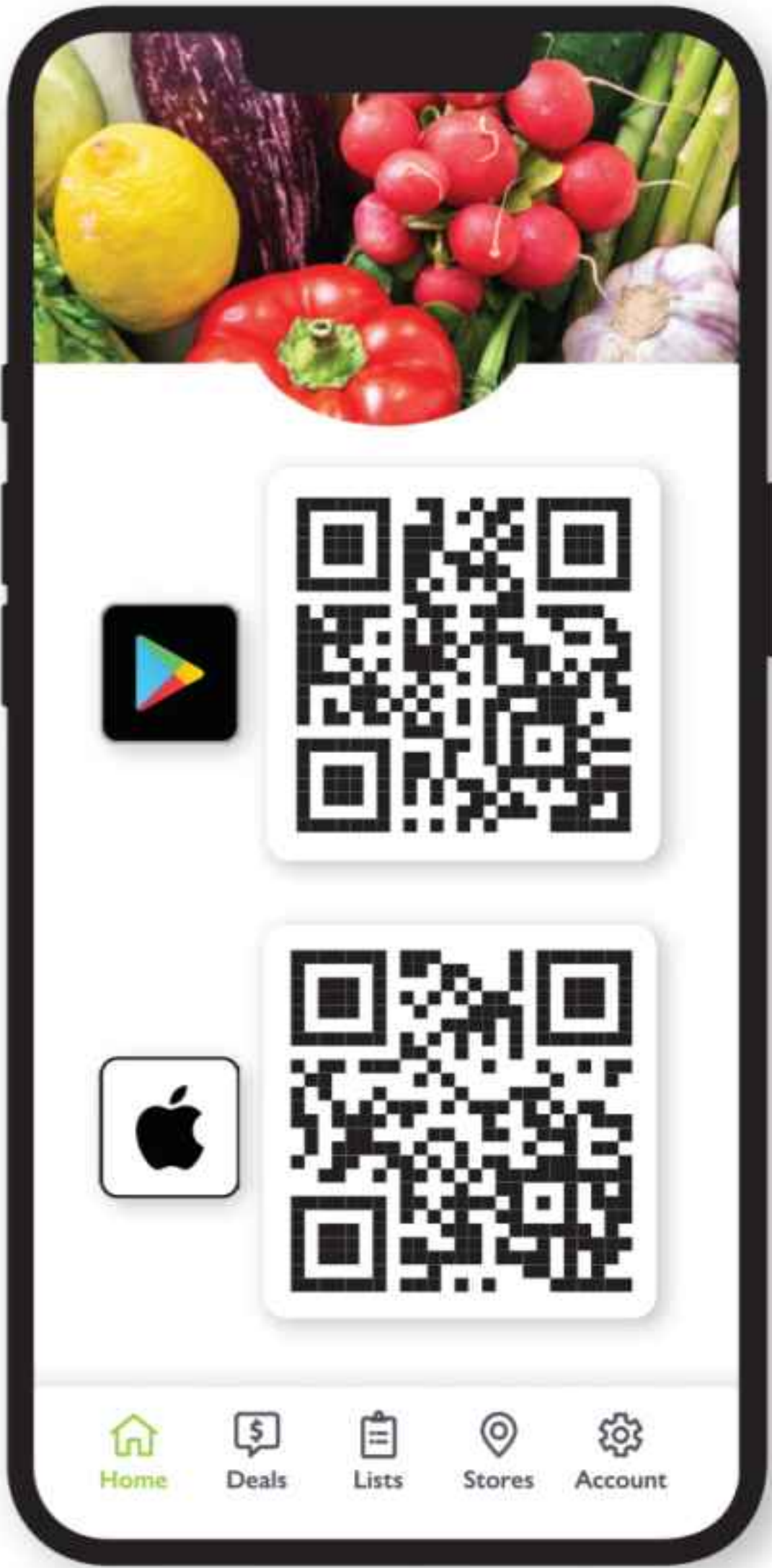
WISCONSIN

 - Basics Cooperative Natural Foods
 - Chequamegon Food Co-op
 - Hudson Grocery Cooperative
 - Menomonie Market Food Co-op
 - Oshkosh Food Co-op
 - Outpost Natural Foods Co-op
 - People's Food Co-op – La Crosse
 - Viroqua Food Co+op
 - Whole Earth Market Co-op
 - Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

muscle recovery



Needing a boost with post-workout muscle recovery? Our protein bars are made with 20g of plant-based protein, with an indulgent chocolate coating for a bar that's delicious and nutritious.

2.29

Probar Protein Bar

2.46 oz., selected varieties



6.49

Kashi Cereal

12.3-18 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.