

coop deals

AUG 18 - AUG 31, 2021

sunny
summer sipping

SWEETEN YOUR DAY

Organic oolong tea and peach make for an excellent choice on a hot summer day. Add a splash of sparkling water — also found at your co-op — and create a refreshing, homemade sparkling drink. Honest sources from Fair Trade-Certified farms, so the Honest Teas are good for both you and for farmers.



4/\$5

Honest Tea
Organic Tea
16 oz., selected varieties



3/\$5

So Delicious
Coconutmilk
Yogurt
5.3 oz., selected varieties



3.99

Newman's Own
Newman-O's
Sandwich Cookies
13 oz., selected varieties



2/\$10

Feel Good Foods
Egg Rolls
9 oz., selected varieties



Slice fruit into a fizzy drink for outdoor relaxation.

De-stress and soak up the sun.

more protein than sugar!



4/\$5

Siggis Lowfat Yogurt
5.3 oz., selected varieties



4/\$5

Siggis Triple Cream Yogurt
4 oz., selected varieties



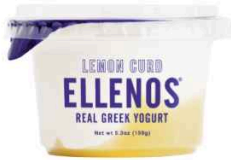
4/\$5

Siggis Whole Milk Yogurt
4.4-5.3 oz., selected varieties



4.99

Siggis Whole Milk Yogurt
24 oz., selected varieties



2.29

Ellenos Greek Yogurt
5.3 oz., selected varieties



3.99

Stonyfield Organic Kids Yogurt Tubes
8 ct., selected varieties



4.99

Oatly Plain Oatgurt
24 oz.



taste the cold-pressed difference

Experience the taste of real oranges from this cold-pressed, organic orange juice. Made with oranges that are picked and squeezed at their peak of sweet flavor. Packed with vitamin C.

6.99

Evolution Fresh Organic Juices
59 oz., selected varieties



5/\$5

Chobani Greek Yogurt
5.3 oz., selected varieties

Have a solid start to your mornings.



2/\$6

Rebbi Organic Elixir
12 oz., selected varieties



3.99

Kite Hill Almond Milk Yogurt
16 oz., selected varieties



7.99

Chameleon Cold Brew Organic Coffee Concentrate
32 oz., selected varieties



4.49

Field Roast Chao Slices
7 oz., selected varieties



3.49

Ripple Plant-based Milk
48 oz., selected varieties



2/\$5

KeVita Organic Sparkling Probiotic Drink
15.2 oz., selected varieties



3/\$5

C2O Coconut Water
17.5 oz., selected varieties



*the even-better
Beyond Burger*

Introducing the better-than-ever Beyond Burger. For your health, for your planet and for your BBQ.

4.99

Beyond Meat Beyond Burgers
8 oz.



3/\$5

Alo Aloe Drink
16.9 oz., selected varieties

Brands you trust at your co-op.



2/\$7

Jonny Pops Frozen Bars
8.25 oz., selected varieties



3.99

Organic Valley String Cheese
6 oz.



game-changing taste

A deliciously complex vegan farmhouse cheddar, crafted with cultured oat milk and traditional cheesemaking artistry. With three grams of protein per serving, Miyoko's has reinvented cheese.

4.49

Miyoko's Creamery Vegan Cheese Slices
8 oz., selected varieties



5.49

Applegate Sliced Deli Meat
6 oz., selected varieties



3.99

Mt. Vikos Feta Cheese
6-7 oz., selected varieties



4.99

Little Northern Bakehouse Gluten-free Bread
16-17 oz., selected varieties

family-owned, organic cheese



3.99

Rumiano Organic Cheese
8 oz., selected varieties

Rumiano cheese is the oldest family-owned cheese company in California, crafting the highest-quality organic, non-GMO cheese from the unique Northern California milkshed!



5.49

Vital Farms Organic Large Pasture-raised Eggs
1 doz.

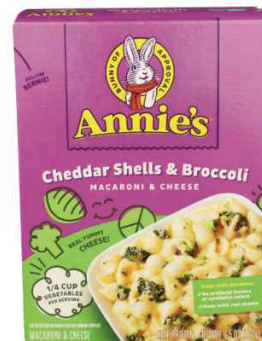
Sales for the best summer days.



3.99
Talenti
Gelato or Sorbetto
1 pint, selected varieties



6.99
Amy's
Pizza
9.1-14 oz., selected varieties



2/\$5
Annie's Homegrown
Frozen Mac & Cheese
7.5 oz., selected varieties



Load your freezer with favorite meals from the co-op.
Delicious, reliable meals.



2/\$5
Stahlbush Island
Farms
Frozen Vegetables
10 oz., selected varieties



3.99
Quorn
Meatless Nuggets
10.6 oz.



3.99
Oatly
Non-dairy Frozen
Dessert
1 pint, selected varieties



4.49
Canyon
Bakehouse
Gluten-free
Hamburger Buns
12 oz.



6.49
Caulipower
Cauliflower Crust
Pizza
11.6 oz., selected
varieties



2/\$8
Jolly Llama
Dairy-free Gluten-
free Coconut
Cream Cones
3 ct., selected varieties

Favorite meals for the whole family.

school nights con Siete



2/\$7

Siete
Hot Sauce
5 oz., selected varieties



4.99

Siete
Cashew Queso
10.8 oz.



7.99

Siete
Grain-free
Tortillas
7 oz.

We are a Mexican-American brand, rooted in family, that makes delicious grain free products. We want to bring families together around the table with heritage-inspired foods made from simple, clean ingredients that everyone can enjoy.



3.99

Crown Prince
Albacore Tuna in
Spring Water
5 oz., selected varieties



2/\$4

Near East
Couscous Mix or
Rice Pilaf
4.7-10 oz., selected
varieties



3.29

Ancient Harvest
Organic Potenta
18 oz., selected varieties



meals with more yum

Made with 10 grams of protein and organic shell-shaped pasta, this real cheese goodness is perfect for lunch time, dinner time or anytime you're craving something downright delicious.

10/\$10

Annie's Homegrown
Mac & Cheese
5.25-6 oz., selected varieties



3/\$5

Mike's Mighty
Good
Ramen Soup Packs
or Cups
1.6-2.4 oz., selected
varieties



4.99

Sir Kensington's
Classic
Mayonnaise
12 oz.

Flavorful options for busy fall days.



5/\$5

Koyo
Ramen
2-2.1 oz., selected varieties



2/\$5

Natural Sea
Yellowfin Tuna
5 oz., selected varieties



7.99

Woodstock
Organic Peanut Butter
35 oz., selected varieties

pantry essentials

Fill up your basket with all your favorites! Add **Woodstock** organic, non-GMO peanut butter to a smoothie, **Natural Sea** non-GMO wild tuna to a salad or **Koyo** non-GMO ramen, made with organic noodles, to your next bowl. Endless possibilities!



2.39

Field Day
Organic Tomatoes
28 oz., selected varieties



2/\$4

Westbrae
Organic Beans
15 oz., selected varieties



2.49

Woodstock
Organic Ketchup
20 oz.



3.79

Bob's Red Mill
Old Country Style
Muesli
18 oz.



scoop up the savings in bulk!

1.39

Organic Quick
Rolled Oats
per pound in bulk



4.49

Organic Dried
Cranberries
per pound in bulk



5.99

Raw Walnut Halves
& Pieces
per pound in bulk

Shop the co-op for essential ingredients.

Santa Cruz Organic® and **R.W. Knudsen Family®** help make delicious lunches simple for the whole family. With high-quality ingredients, these Non-GMO Project®-Verified products deliver tastes you can count on for school, work or home. Stock up today.

make lunches they'll love

2/\$3

Santa Cruz Organic
Lemonade
32 oz., selected varieties

2/\$5

R.W. Knudsen
Organic Juice
4 pack, selected varieties



2/\$6

Santa Cruz Organic
Applesauce
6-4 oz. cups, selected varieties

4.49

Santa Cruz Organic
Roasted Peanut Butter
16 oz., selected varieties



2/\$5

Que Pasa
Organic Tortilla
Chips
11 oz., selected varieties



2.29

Guayaki
Organic Yerba
Mate
15.5 oz., selected
varieties

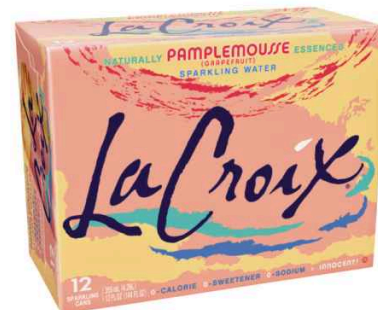


*Back to Nature®
snack attack*

This school year calls for the best snacks yet! Non-GMO Project Verified, kosher, plant based and delicious — Back to Nature is the perfect option for the lunch box or after school.

2/\$5

Back To Nature
Organic Crackers
3.5-8.5 oz., selected varieties



3.99

LaCroix
Sparkling Water
12-12 oz. cans, selected varieties

Meals for school or work made easy.



2/\$7
 Made Good
 Organic Granola
 Bars
 6-.85 oz. bars, selected
 varieties



bottled at the source

Since 1895, Topo Chico has been sourced and bottled in Monterrey, Mexico. It is one of the world's largest and best sparkling mineral water brands, with several flavors and package sizes to satisfy even the most legendary thirst.

3/\$5

Topo Chico
 Mineral Water
 25.4 oz.



2/\$5
 Blue Diamond
 Nut Thins
 4.25 oz., selected
 varieties



2/\$7
 Honest Kids
 Organic Juice
 Drink
 8 pack, selected
 varieties



4.99
 Lily's
 Chocolate Peanut
 Butter Cups
 3.2 oz., selected varieties



2/\$3
 Gimme
 Organic Seaweed
 Snacks
 .35 oz., selected varieties

snacks for school



2/\$4
 Late July
 Tortilla Chips
 5.5 oz.



2/\$6
 Late July
 Organic Mini Peanut
 Butter Crackers
 5 oz.



2/\$6
 Snyder's
 Gluten-free
 Pretzel Sticks
 8 oz.



2/\$7
 Kettle Brand
 Potato Chips
 13 oz.

Kettle Brand® Potato Chips, **Snyder's of Hanover®** Pretzels and **Late July®** Tortilla Chips and Crackers are snacks everyone loves! Perfect for school-day breaks and late-night study sessions.

Don't let a snack attack sneak up on you.

get ready to hop
back to school

It's time to start filling backpacks with snacks because school is back in session. Help everyone crush the day with a kickstart from **Cascadian Farm** and **Annie's**. Plus, earn Box Tops for Education with every purchase to help give back to your school!



2/\$5

Annie's Homegrown Organic Bunny Fruit Snacks
5 pack, selected varieties

2/\$5

Annie's Homegrown Organic Bunny Crackers & Grahams
7.5 oz., selected varieties

2/\$6

Cascadian Farm Organic Granola Bars
6-1.2 oz., selected varieties

2/\$6

Cascadian Farm Organic Cereal and Granola
8.6-16 oz., selected varieties



16.99

Tera's Whey Whey Protein Powder
12 oz., selected varieties



2/\$6

Envirokidz Organic Cereal
10-14 oz., selected varieties



3.99

Birch Benders Pancake & Waffle Mix
14-16 oz., selected varieties

intentional ingredients, irresistible taste



Purely Elizabeth Original Ancient Grain Granolas salty-sweet clusters are made with organic ancient grains and superfood seeds, for easy nourishment and irresistible taste.

3.99

Purely Elizabeth Organic Granola
12 oz., selected varieties



2/\$6

Rice Dream Rice Drink
32 oz., selected varieties

Breakfast favorites all day long.



2/\$5
Probar Meal Bar
 3 oz., selected varieties



2/\$6
Celestial Seasonings Herbal Tea
 18-20 tea bags, selected varieties



6.99
Avalon Organics Shampoo or Conditioner
 11 oz., selected varieties



5/\$5
Luna Nutrition Bar
 1.69 oz., selected varieties



5.99
Childlife Liquid Vitamin C
 4 oz.



15.99
Nature's Way Sambucus Elderberry Gummies
 60 ct.



16.99
Nutrition Now PB 8 Probiotic
 120 ct., selected varieties

empowering wellness



14.99
Neocell Collagen Powder
 7 oz.



15.99
Rainbow Light Women's One Multivitamin
 60 tablets



21.99
Natural Vitality Calm Gummies
 120 gummies



39.99
Renew Life Women's Care Probiotic Ultimate Flora
 30 capsules

As trusted leaders in natural wellness, we understand everyone has unique needs. That's why we use quality ingredients, backed by science, in all our brands — to build a stronger foundation for health.

Feel great with supplements from the co-op.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Cooperative Grocery
Keweenaw Co-op Market & Deli
Marquette Food Co-op

Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Harvest Moon Natural Foods
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods

Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

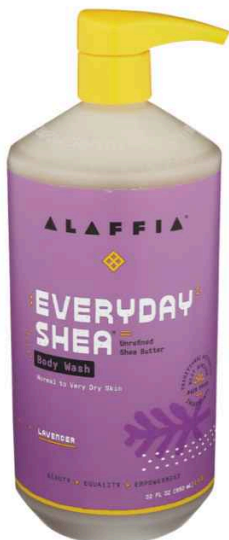
Natural Abundance Food Co-op
Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Just Local Food Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
WE Market Co-op
Willy Street Co-op



to find a food co-op near you, visit us online at: welcometothetable.coop



8.99

Alaffia Body Wash
32 oz., selected varieties



2.99

Seventh Generation Baby Wipes
64 ct.



6.99

Sukin Shampoo or Conditioner
16.9 oz., selected varieties



7.99

Everyone 3in1 Soap
32 oz., selected varieties



6.99

Thayers Witch Hazel Toner
12 oz., selected varieties

Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days