

coop deals

JAN 17 - JAN 30, 2024

relax and decompress

Wintertime's colder weather offers an opportunity to pause, stay indoors more and focus your mind. Heat up some water and enjoy Yogi Tea for a mindful moment.



2/\$7

**Yogi
Herbal Tea**
16 ct., selected varieties



5/\$5

**Brown Cow
Cream Top
Yogurt**
5.3 oz., selected
varieties



5/\$5

**Four Sigmatic
Organic
Mushroom
Elixir Mix**
1 ea., selected varieties



2/\$7

**Hope Foods
Organic Hummus**
8 oz., selected varieties



2/\$7

**C2O
Coconut Water**
33.8 fl. oz., selected
varieties



2/\$8

**Cascadian Farm
Organic Frozen
Fruit**
8-10 oz., selected
varieties



11.99

**California Olive
Ranch
Global Blend Extra
Virgin Olive Oil**
25.4 fl. oz.



The co-op has delicious warm beverages.

Stay cozy all winter.

INCLUSIVE TRADE PARTNER

MUSH is a woman-owned company. Inspired by cereal and oatmeal soaked in milk, we create delicious and nutritious food.



2/\$4 Mush Overnight Oats 5 oz., selected varieties



4.49 Miyoko's Creamery Organic Plant Milk Cream Cheese 8 oz., selected varieties



2.69 Vive Organic Wellness Shots 2 fl. oz., selected varieties



5.49 Just Plant-based Egg 16 oz.



5.99 Bizzy Organic Cold Brew Coffee 48 fl. oz., selected varieties

Never miss your **favorite deals**



coop deals.
Download the App!

The first 3,000 registered* users get a free gift and **\$10 towards groceries!**

Scan the QR codes to download the Co+op Deals app!



*Must be within the first 3,000 users in January 2024 to download, create an account on the app and provide name and mailing address.

COOPERATIVELY OWNED



5.49 Organic Valley Cottage Cheese 16 oz., selected varieties

Download the new Co+op Deals app!

Some items may not be available at all stores or on the same days



2/\$5

De La Calle!
Tepache
12 fl. oz., selected varieties



2.79

Hail Merry
Snack Cups
1.5 oz., selected varieties



2.99

Wildwood
Organic Sprouted
Tofu
14 oz., selected varieties



2/\$7

Rebbl
Organic Elixir
12 fl. oz., selected varieties



5.29

So Delicious
Coconutmilk
Yogurt
24 oz., selected varieties



5.49

Miyoko's Creamery
Organic Pourable
Plant Milk
Mozzarella
16 oz.



5.49

Chobani
Greek Yogurt
32 oz., selected varieties



6.99

Sweet Earth
Mindful Chik'n
Strips
8 oz.



Califia Farms
("Cal-uh-FEE-ahh")

Califia Farms is on a mission to create a future where plants replace dairy, without compromise. We produce innovative, healthy and great-tasting plant-based alternatives to dairy.

4.49

Califia Farms
Oatmilk

48 fl. oz., selected varieties






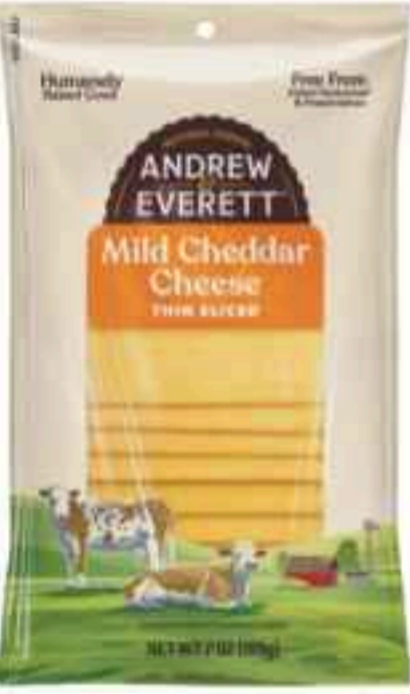





2/\$3

Siggi's
Skyr Yogurt

4-5.3 oz., selected varieties

Find dairy and non-dairy options at the co-op.

Some items may not be available at all stores or on the same days

 <p>3.79 Follow Your Heart Dairy-free Cheese Slices 7 oz., selected varieties</p>	 <p>3.99 Silver Hills Sprouted Bread 15-22 oz., selected varieties</p>	 <p>4.29 Stonyfield Organic Kids Yogurt Tubes 16 oz., selected varieties</p>
 <p>4.49 Andrew & Everett Sliced Cheese 7 oz., selected varieties</p>	 <p>4.49 Nancy's Organic Yogurt 24-32 oz., selected varieties</p>	 <p>2/\$9 Silk Plant-based Milk 64 fl. oz., selected varieties</p>
 <p>4.79 So Delicious Organic Coconutmilk 64 fl. oz., selected varieties</p>		 <p>5.49 Bitchin' Sauce Almond Dip 7-8 oz., selected varieties</p>

try blood orange kombucha



Health-Ade Kombucha is crafted with real fruit juice and probiotics for a happy gut and a healthy you.

2/\$5

Health-Ade
Organic Kombucha
16 fl. oz., selected varieties



3/\$4

Forager Project
Organic Cashewmilk Yogurt
5.3 oz., selected varieties

The co-op has everything for a great breakfast.

Some items may not be available at all stores or on the same days

iBuen provecho!

INCLUSIVE TRADE PARTNER

Siete Family Foods is a Mexican American food brand, rooted in family that makes heritage-inspired foods with better-for-you ingredients for more people to enjoy. *¡juntos es mejor!*



2/\$4
Siete
Taco Seasoning
1.29-1.38 oz.,
selected varieties



3.79
Siete
Tortilla Chips
5-7.5 oz.,
selected varieties



3.99
Siete
Grain-free
Taco Shells
5.5 oz.



7.49
Siete
Grain-free
Tortillas
7 oz.,
selected varieties



2.49
Stahlbush Island
Farms
Frozen Vegetables
10 oz., selected varieties



2.29
Evol
Burritos
6 oz., selected varieties

INCLUSIVE TRADE PARTNER

Grain Trust is a Hispanic-owned company that creates three-minute dishes from ethically sourced grains from farmers who earn living wages.



3.99 Grain Trust
Frozen Rice Sides
20-30 oz., selected varieties



4.49
JonnyPops
Frozen Novelties
8.25 fl. oz., selected
varieties



4.49
Dr. Praeger's
Veggie Burgers
8-10 oz., selected
varieties



8.49
Cappello's
Pizza
10.82-12 oz.,
selected varieties

Find all your meal ingredients at the co-op.



2/\$4
Near East
Couscous Mix or
Rice Pilaf
5.2-10 oz., selected
varieties



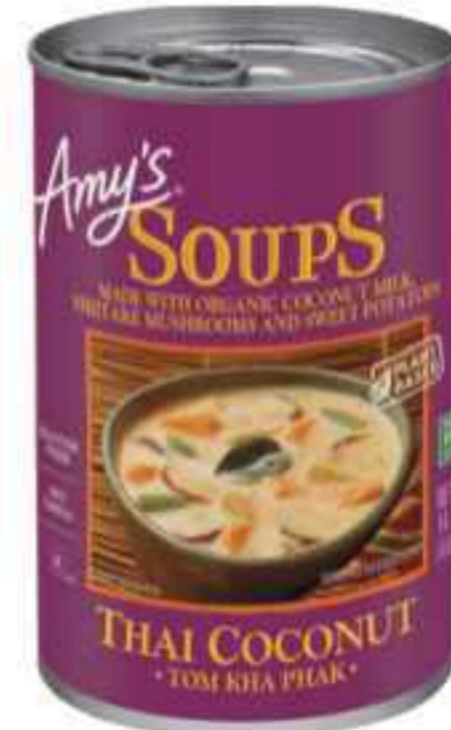
2/\$4
Mike's Mighty
Good
Ramen Soup Cups
1.6-2.4 oz., selected
varieties



5.99
Kettle & Fire
Bone Broth
16.9 oz., selected varieties



4/\$9
Wild Planet
Sardines
4.4 oz., selected varieties



3.79
Amy's
Soup
12.4-14.7 oz., selected
varieties



2/\$8
Santa Cruz
Organic
Apple Sauce
23 oz., selected varieties



2/\$8
Maya Kaimal
Indian Simmer
Sauce
12.5 oz., selected
varieties



5.99
Vermont Village
Organic
Applesauce
24 oz., selected varieties



5/\$5
Justin's
Nut Butter
Squeeze Packs
1.15 oz., selected
varieties

food with purpose →

This MEAL bar provides a quick meal that not only keeps hunger at bay, but also delivers an irresistible taste with swirls of peanut butter and dark chocolate chips.



3/\$7
Probar
Meal Bars
3 oz., selected varieties



5.49
Maranatha
Organic Peanut Butter
16 oz., selected varieties

The co-op has something for everyone.



2/\$6

Angie's Boomchickapop Popcorn
4.4-6 oz., selected varieties



2/\$10

LaCroix Sparkling Water
12 pk.-12 fl. oz., selected varieties



2.79

Theo Organic Chocolate Bars
3 oz., selected varieties



2/\$6

Alter Eco Organic Chocolate Bars
2.65-2.96 oz., selected varieties



4.49

Green Mountain Gringo Salsa
16 oz., selected varieties



2.79

Smartsweets Candy
1.8 oz., selected varieties



3.29

From The Ground Up Cauliflower Crackers
3.5-4 oz., selected varieties



2/\$6

Boulder Canyon Potato Chips
5-6.5 oz., selected varieties



2/\$7

Back to Nature Crackers
4-8.5 oz., selected varieties



2/\$6

Good Health Veggie Snacks
6.25 oz., selected varieties

Find delicious snacks at the co-op.



2/\$4

Thunderbird Food Bars
1.7 oz., selected varieties



taste the obsession

INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. Elizabeth started Purely Elizabeth to make food full of nourishing ingredients and delicious, culinary taste to help you thrive on your wellness journey. When you eat better, you feel better.

2/\$10

Purely Elizabeth Granola
8-12 oz., selected varieties



2/\$9

Annie's Organic Fruit Snacks
7 oz., selected varieties

COOPERATIVELY OWNED



4.79

Simply Organic Cinnamon
2.45 oz.



5.99

One Degree Organic Foods Sprouted Oats
24 oz., selected varieties

perk up your pantry

New year, new snack stash! Deliciously made with real fruit and whole grains, Nature's Bakery Fig Bars are plant-based, nut-free and GMO free. A snack time win with wholesome baked in!

4.49

Nature's Bakery Fig Bars
6pk.-2 oz., selected varieties



2/\$10

Kashi Cereal
9.5-16.3 oz., selected varieties

The brands you love are at the co-op.

COOPERATIVELY OWNED



10.99

Equal Exchange Organic French Roast Coffee per pound in bulk



2/\$6

Goldthread Plant-based Tonics 12 fl. oz., selected varieties



2/\$4

Yachak Organic Yerba Mate 16 fl. oz., selected varieties



9.99

Peace Coffee Organic Coffee 12 oz., selected varieties

COOPERATIVELY OWNED



2/\$7

Equal Exchange Organic Tea 20 ct., selected varieties

blended with care

No artificial colors or flavors, 100% non-GMO, sustainable, over 3.5 million pounds of waste saved from the landfill yearly, recycled packaging and veggie-based inks. Result: the most flavorful cup of tea!



2/\$7

Celestial Seasonings Herbal Tea 12-20 ct., selected varieties

INCLUSIVE TRADE PARTNER



Nutpods is a diverse-owned company started to bring a non-dairy creamer alternative to the world. We offer oat-based creamers and tons of other flavors.

2/\$6

Nutpods Dairy-free Creamer 11.2 fl. oz., selected varieties

scoop up the savings in bulk!



2.99

Organic Kidney Beans per pound in bulk



4.49

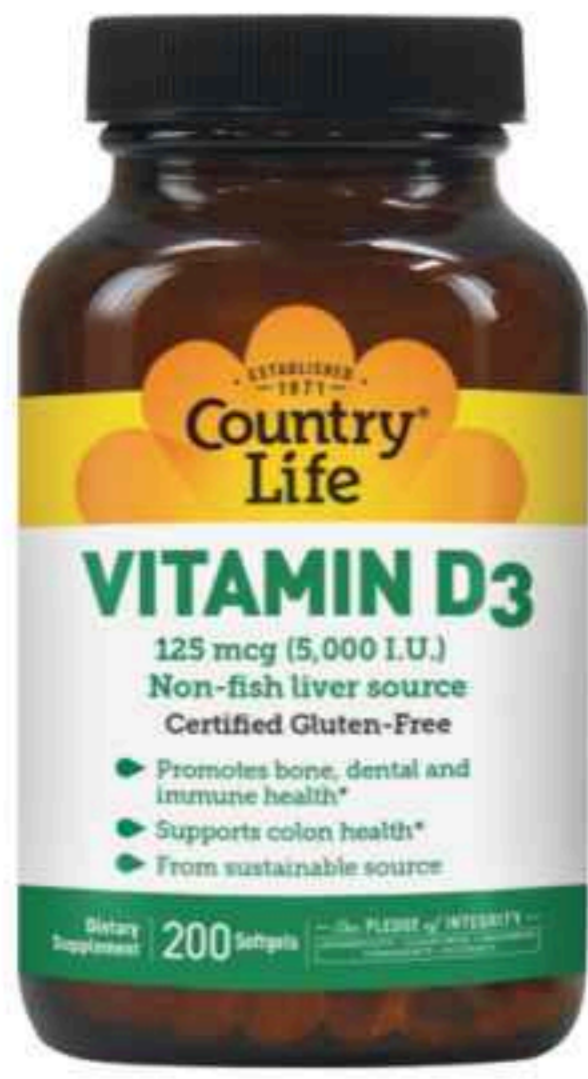
Organic Pumpkin Seeds per pound in bulk



9.49

Organic Dried Mango per pound in bulk

Visit the co-op's bulk section for a little or a lot.



13.49
Country Life
Vitamin D3 5000IU
200 ct.



5.99
Manitoba Harvest
Hemp Hearts
8 oz.



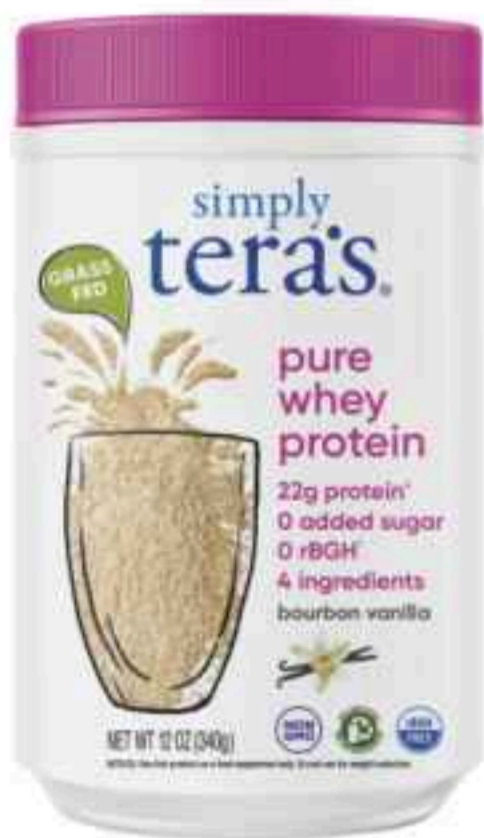
7.79
Hyland's Naturals
Kids Cold & Cough
4 fl. oz., selected varieties



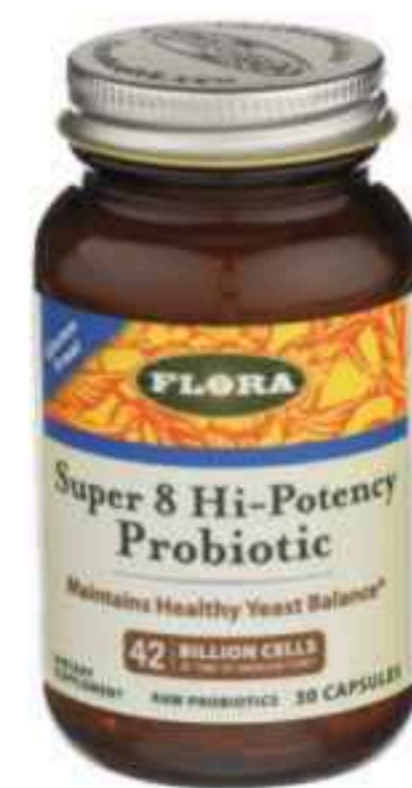
10.99
Honey Gardens
Elderberry & Honey Immune Syrup
4 fl. oz.



11.49
Ener-C
Multivitamin Drink Mix
30 ct., selected varieties



16.99
Simply Tera's
Pure Whey Protein Powder
12 oz., selected varieties



18.49
Flora
Super 8 Hi-Potency Probiotic
30 ct.



26.99
Whole Earth & Sea
Women's 50+ Multivitamin & Mineral
60 ct.

for everybody with a body

Vital Proteins Collagen Peptides help support healthy hair, skin, nails, bones and joints so you can look, feel and move your best.

36.99
Vital Proteins
Unflavored Collagen Peptides
20 oz.



19.99
Barlean's
Organic Flax Oil
16 fl. oz.

The co-op has supplements for everybody.



2.59
Desert Essence
Tea Tree Oil
Dental Floss or Tape
30-50 yd., selected varieties



10.99
Seventh Generation
100% Recycled Bath Tissue
12 ct.



5.59
Lily of the Desert
Organic Aloe Vera
Juice
32 fl. oz., selected
varieties



8.79
Pranarom
Organic Lavender
Essential Oil
.17 fl. oz.



10.79
Life-Flo
Pure Magnesium
Oil
8 fl. oz.



aloe there!

Meet your favorite new soap: the do-it-all, 3-in-1, plant-based cleanser that's versatile yet gentle enough to be used as a shampoo, shower gel and/or bubble bath by the whole family!

7.79
Everyone
3-in-1 Soap
32 fl. oz., selected varieties



Home and body care items are at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Grain Train Natural Foods Market
- GreenTree Co-op Market
- Keweenaw Co-op Market & Deli

- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Linden Hills Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-op
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

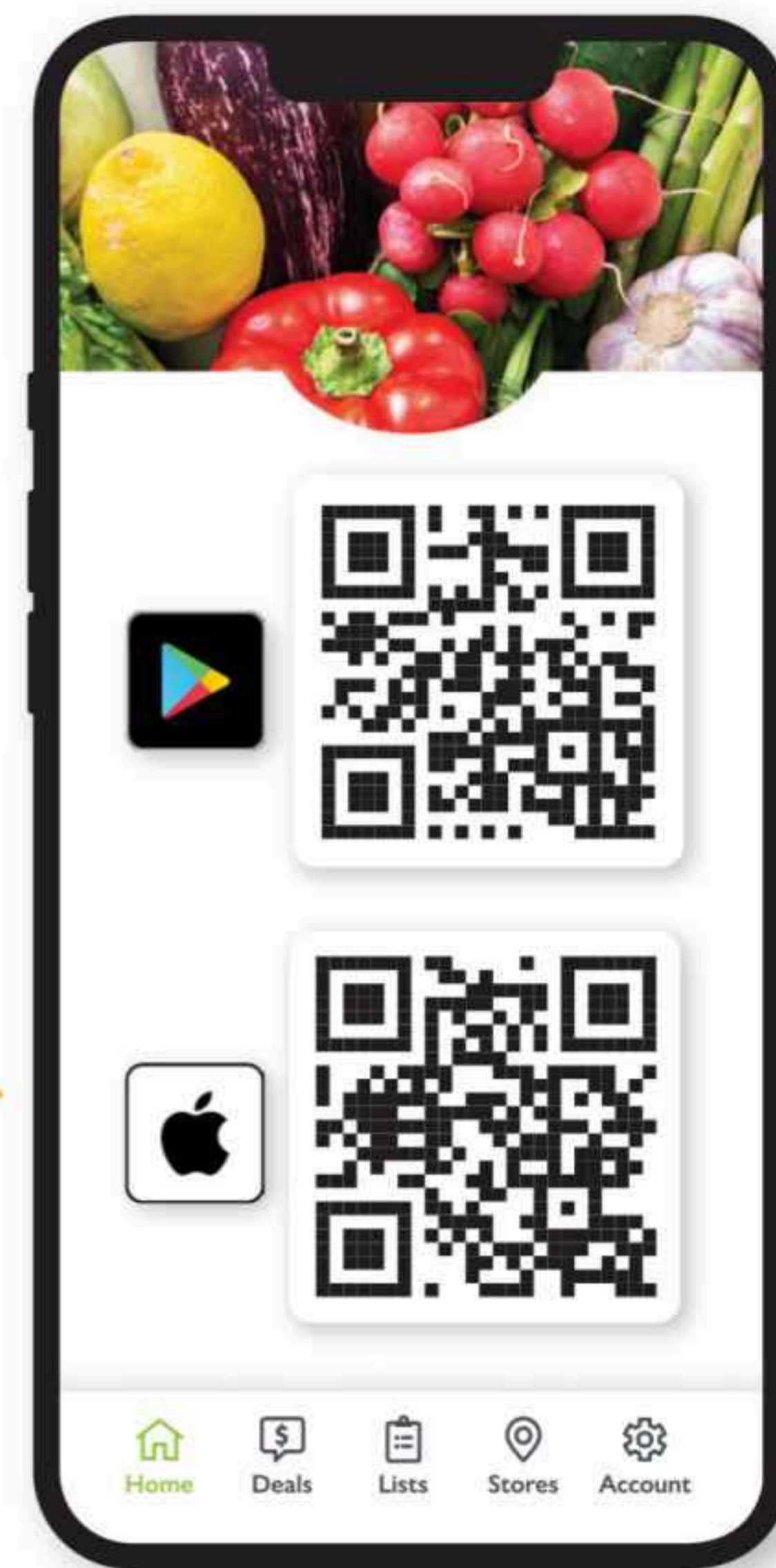
WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals.

Download the App!



science-backed skincare that works

Acure has one simple mission: to make clean beauty products accessible. Through ongoing product development and rigorous clinical trials, we've developed skincare, haircare and body care that's powerful for the skin and safe for the planet.



4.99
Acure Brightening Facial Scrub
4 fl. oz.



10.49
Acure Brightening Day Cream
1.7 oz.



2/\$10
Acure Shampoo or Conditioner
8 fl. oz., selected varieties



6.99
Acure Body Lotion
8 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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