

Marquette Food Co-op

Earth Day



# BULK SALE

SAVE BIG ON YOUR  
FAVORITE BULK ITEMS!

APRIL 19<sup>th</sup>–22<sup>nd</sup>

*ENJOY A SELECTION OF OVER 375 SALE ITEMS!*



## STOCK UP ON BULK PANTRY FAVORITES

Coffee / Oats / Nuts / Rice / Popcorn / Granola  
Seeds / Dried Fruit / Baking Ingredients / Grains Dried  
Beans / Tea / Trail Mix / Honey / Maple Syrup  
Herbs & Spices / Bulk Body Care Products

## STAFF PICKS



**CHOCOLATE PRETZELS**  
“Love them!”

*Kevin C.*



**GOLDEN RAISINS**  
“They bake beautifully!”

*Brigitte D.*



**MACADAMIA NUTS**  
“Awesome trail snack!”

*Dave K.*



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RECIPES, STAFF PICKS, DIY PROJECTS, & MORE!

## Bulk Sale Frequently Asked Questions

### What's on sale?

Bulk products from the Bulk & Wellness Departments. Bulk products from other departments such as the Deli and Meat Counter are excluded from the Earth Day Bulk Sale. The bulk sale does not apply to special orders or current sales.

### Can I use a container brought from home?

Yes! Visit the Customer Service Desk to have your container(s) weighed and labeled before filling so you're not charged extra for the weight.

### Is there a purchase limit per product?

No, you can buy as much product as you'd like. You can even buy spices or teas by the pound and 5 lb bags of coffee in their unopened original packaging – depending on available stock.

### What information do I need to give the cashier?

Write down each bulk item's PLU – the 5 digit number next to the price — on the container or a label/bag tag. It tells the cashier what the item is.

### What if I didn't bring my own bag/container?

We have lots on-hand for shoppers, which you can find in the bulk department. We also sell empty containers that are perfect for bulk items!

### What if a product bin is empty?

Please let a staff member know so we can take care of it.

## Bulk Sale Tips

Make sure to take the MFC Whole Foods Prep Guide home with you for cooking directions on bulk items. It contains a few recipes, too — bonus!

The Wellness Department has products in the bulk foods section (herbs, spices, and teas) as well as in the household aisle across from the frozen foods — find shampoo, conditioners, soaps, and lotions there.

You can also find pre-packaged, priced items from the bulk section throughout the store — dried fruits near the Produce Department, and sweet items in the candy aisle.

## Staff Tips

- Repurpose your glass jars for your bulk foods
- Add variety to your pantry by building up an awesome spice selection
- Name and date your bulk items so you know what they are
- Refill your maple, olive oil, and honey jars with bulk
- Refill your shampoo and lotion bottles with bulk body care products
- Reduce kitchen waste by reusing your clean containers and shopping bulk
- Black-out or cover scan codes when reusing containers with original labels

- THE MARQUETTE FOOD CO-OP PRESENTS -

FROM EXECUTIVE PRODUCER ANTHONY BOURDAIN

# WASTED!

The Story of Food Waste

Wednesday, April 25  
6 – 9pm • Ore Dock Brewing Co.

Public screening followed by panel discussion  
FREE BUT DONATIONS ARE APPRECIATED



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Marquette, MI 49855

Open Daily 8am - 10pm  
Everyone Welcome

www.marquettefood.coop  
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