NEWITEMS



Lake Superior Oil & Vinegar

Looking for olive oil and vinegar distributed closer to home? Lake Superior Oil & Vinegar produces their infused olive oils and balsamic vinegar in Sault Ste. Marie, Mich., using imported oil and vinegar from Italy. Give this U.P. brand a try!



Lupini Beans

Regenerative Organic

Agriculture and its land use contribute to "a third of the world's human-caused greenhouse gas." In 2050, Simpli "expect[s] food demand to increase by over 50%." To combat this, Simpli produces its products regeneratively, meaning it restores soil health while preserving its foods' nutrition. Lupini beans, while dense with amino acids and protein, give plenty of nitrogen back to the soil, making it a healthy, sustainable purchase.





Raspberry Hazelnut Bear Claws

Wild West Raspberry Hazelnut Bear Claws look like cute, chocolatey bites of smooth oatmilk and tart raspberries. They are. They're also naturally sweetened using only fruit, making them a guilt-free treat. So, snack on, chocolate lovers.



Eat, Prey, Mango

Off Color Brewing

Eat Prey Mango gains its explosive array of fruity flavors from feeding mango, passion fruit, and pear juices to their farmhouse ale after it's eaten the malt sugars during fermentation. It makes for an aromatic and summer-y saison, light and smooth.

WHILE SUPPLIES LAST | SALE PRICES DO NOT APPLY TO SPECIAL ORDERS





fresh deals

MARQUETTE FOOD CO-OP'S WEEKLY SALES FLYER!

July 3 - July 9, 2024

HAPPY 4TH OF JULY • THE CO-OP WILL CLOSE AT 7PM ON JULY 4TH



Mini Seedless Watermelon You Save 50¢





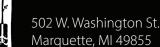


You Save \$2.00

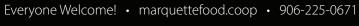




WHILE SUPPLIES LAST | SALE PRICES DO NOT APPLY TO SPECIAL ORDERS









20% Off

Marquette Food Co-op CousCous Salad

per pound



\$6.19
Jilbert's
Mild Cheddar
You Save \$1.50



20% Off

per pound

CHEESE OF THE WEEK



20% Off

per pound

Blumenkaese

An alpine cheese covered with wildflowers from the meadows of Switzerland, this floral beauty isn't just pretty on the outside, it's packed with flavors of French onion soup and sweet carrots. The long list of flowers and herbs that decorate the rind include winter savory, dill, garlic, caraway, lovage, marjoram, mint, leek, chive, parsley, juniper berries, onion, marigolds, cornflower, roses, strawberry leaves. This unique cheese pairs beautifully with crisp white wines, fresh fruits, and crusty bread, making it an ideal choice for a charcuterie board or light appetizer.

WHILE SUPPLIES LAST | SALE PRICES DO NOT APPLY TO SPECIAL ORDERS



20% Off
Marquette Food Co-op
Ground Beef

per pound



20% Off

Marquette Food Co-op Pork Bratwurst

per pound



20% Off
Marquette Food Co-op

Burger Patty

per pound



20% Off

Marquette Food Co-op Garlic Lovers Pasta Salad

per pound



\$7.99

White Vinho Verde
You Save \$1.00

Tou Sav



Athletic Brewing Free Wave NA Hazy IPA

You Save \$1.00 6 pack - 12 oz cans

WHILE SUPPLIES LAST | SALE PRICES DO NOT APPLY TO SPECIAL ORDERS