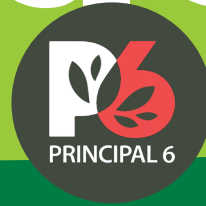


# fresh deals

MARQUETTE FOOD CO-OP'S WEEKLY SALES FLYER!



October 20 - October 26, 2021



4/\$5

Small Hass Avocados  
You Save 74¢ ea. each



\$2.49

Honeycrisp Apples  
You Save \$2.50 per pound



2/\$7

Organic Valley Shredded Cheese  
Reg Price: \$4.99 ea.  
6 oz, select varieties



\$12.79

Campfire Coffee  
Light, Medium, & Dark Roasts  
You Save \$3.20  
12 oz

WHILE SUPPLIES LAST | SALE PRICES DO NOT APPLY TO SPECIAL ORDERS



502 W. Washington St.  
Marquette, MI 49855

In-store Hours 8am - 9pm  
Grocery Pickup 10am - 7pm

www.marquettefood.coop  
Marquette, MI 49855





coop deals

CO-OP BUSINESS

USDA ORGANIC

2/\$5

Equal Exchange Chocolate Bars

Reg Price: \$3.69 ea.

2.8 oz, select varieties



coop deals

CO-OP BUSINESS

USDA ORGANIC

2/\$6

Equal Exchange Tea

Reg Price: \$4.59 ea.

20 bags, select varieties

# PRINCIPAL 6

Every cooperative business is based on the Seven Cooperative Principles:

1. Voluntary & Open Membership
2. Democratic Member Control
3. Members' Economic Participation
4. Autonomy & Independence
5. Education, Training & Information
6. Cooperation Among Cooperatives
7. Concern for Community

While we are guided by each of these principles year-round, there are certain times when some take center stage. In October – National Co-op Month — we celebrate not only the Marquette Food Co-op, but other cooperatives, too. Cooperatives serve their members most effectively and strengthen the cooperative movement by working together through local, national, regional, and international structures. This month, we celebrate our local cooperatives serving the Marquette community and the many cooperatives that provide products you see on our shelves.

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