

NEW ITEMS



Organic Elderberry Juniper Kombucha

GT's Kombucha

A shiny new kombucha has stopped by. GT's Elderberry Juniper dazzles with its berry-backed probiotic punch.



Vegan Golden Honey

Mellody

Mellody's Golden Honey has that sweet, sweet gloop. Using a sugar mix same as a honey bee, gluconic acid, and botanic extracts, Mellody's made a plant-based honey that surpasses bee-made honey. And with honey bees pushing natural pollinators out of the picture, a honey alternative is needed now more than ever.



Horchata

DREAM

DREAM cuts no corners. They believe plant-based milk should taste like, feel like, work like the best milk on the shelf. Their Ricemilk Horchata is no different, being a flavorful alternative to dairy-based horchata. It's spicy and sweet, as horchata should, but with the low-fat benefit of plants over lactose.



Sprouted Organic Spelt Flour

One Degree Organic Foods

Using non-hybridized, ancient grains, One Degree Organic Foods' Sprouted Spelt Flour comes from traceable sources. Each product is one degree separated, meaning its journey from farm to shop is short and easily tracked. With their emphasis on working closely with producers, One Degree provides reliable, clean products, many meeting different dietary-needs and preferences.

fresh deals

MARQUETTE FOOD CO-OP'S WEEKLY SALES FLYER!

October 23 - October 29, 2024

See Back



\$1.49

Small Hass Avocado



You Save 80¢ each



\$1.99

Cosmic Crisp Apples



You Save \$1.50 per pound



\$3.99

Kiwiberries



You Save \$1.30 6 oz



\$4.99

Mini Sweet Peppers



You Save \$1.50 one pound bag

WHILE SUPPLIES LAST | SALE PRICES DO NOT APPLY TO SPECIAL ORDERS



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8am - 9pm

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WHILE SUPPLIES LAST | SALE PRICES DO NOT APPLY TO SPECIAL ORDERS



20% Off
Queen City Mac
each



20% Off
Bulk Feta Cheese
per pound



20% Off
Marquette Food Co-op
Ribeye
per pound

WHILE SUPPLIES LAST | SALE PRICES DO NOT APPLY TO SPECIAL ORDERS

LOCAL SPOTLIGHT

Learn more about the businesses that supply
your favorite local products to the MFC



WILLIS FAMILY MAPLE FARM

The Willis Family Maple Farm produces 100% pure, certified organic maple products from their family farm in Iron River, Michigan.

THROUGH OCTOBER, ALL WILLIS FAMILY MAPLE FARM PRODUCTS ARE 10% OFF!