Castello Gouda

Regular Price:

SALE PRICE: \$4.49

OWNER PRICE:

\$3.99



Tillamook

Sharp White Cheddar

Regular Price: \$8,49

SALE PRICE: <sup>\$</sup>7.49

OWNER PRICE:

per pound



**Crumbled Feta** 

Regular Price: \$6.59

SALE PRICE: \$5.89

OWNER PRICE:

**\$4.99** 

per pound



North Hendren

Gorgonzola

Regular Price: \$7.99

SALE PRICE: \$6.99

OWNER PRICE:

\$6.39



**Bulk Organic** 

# **Coconut Date** Rolls

Regular Price: \$5.99

SALE PRICE: \$5.39

OWNER PRICE:

per pound



**Bulk Organic** 

# **Pumpkin Flax** Granola

Regular Price: \$5.39

SALE PRICE: \$4.79

OWNER PRICE:

per pound



Marguette Food Co-op

# **Date Walnut Truffles**

Regular Price: \$3.49

SALE PRICE: \$2.99

OWNER PRICE:



Frontier Organic

# **Ground Fair Trade Turmeric**

Regular Price: \$17.59

SALE PRICE: \$15.79

OWNER PRICE:

\$13.99

per pound



# Wellness Wednesday IANUARY 17TH

**10% OFF** 

All Bulk Herbs & Spices, General Merchandise, Supplements, & Body Care Products.

Excludes Sale Items & Special Orders

Open Daily 8am - 9pm

www.marquettefood.coop 906.225.0671



# SALES FOR EVERYONE - EXTRA SAVINGS FOR OWNERS Organic Kale

**Varieties** 

Regular Price:

SALE PRICE: \$1.99

OWNER PRICE:



Organic

Co-op Value\$

# **Sweet Potatoes** & Yams

Regular Price: \$2.29

SALE PRICE: \$1.99

OWNER PRICE:

\$1.59

per pound



Organic

# **Pink Lady Apples**

Regular Price: \$2.99

SALE PRICE: \$2.69

OWNER PRICE:

per pound



# Organic Pink

Organic

Red

\$1.49

**Onions** 

Regular Price:

SALE PRICE:

<sup>\$</sup>1.29

per pound

OWNER PRICE:

# **Grapefruit** Regular Price:

\$2.49

SALE PRICE: \$2.19

per pound

OWNER PRICE: \$1.99



# Organic **Cilantro**

Regular Price: \$1.79

SALE PRICE: \$1.59

**OWNER PRICE:** 



Local Organic

## **Bagged Carrots** Regular Price:

\$3.49 / \$7.99

SALE PRICE: \$2.99/\$6.99

OWNER PRICE:

\$2.69/\$6.29

 $\varphi_{ocal}$ 



Organic

# **Bagged** Lemons

Regular Price: \$4.99

SALE PRICE: \$4.49

OWNER PRICE:

\$3.99



Nobilo Sauvignon

Blanc Regular Price:

SALE PRICE:

\$10.99

\$9.89



Monte Antico Toscano

Regular Price: \$10.69

SALE PRICE: \$9.59

**OWNER PRICE:** 



Bell's **Porter** 

Regular Price:

SALE PRICE: \$8.69

OWNER PRICE:

**\$7.69** 



Marguette Food Co-op

**Raw Beet** Salad

Regular Price:

SALE PRICE: \$4.49

OWNER PRICE:

per pound



Marquette Food Co-op

**Roasted Red Pepper Hummus** 

SALE PRICE: \$6.29

OWNER PRICE:

per pound



Marquette Food Co-op

# **Chicken Caeser** Wrap

Regular Price: \$4.69

SALE PRICE: \$4.19

OWNER PRICE:



Marquette Food Co-op

# **Frozen Pizza** Dough

Regular Price:

SALE PRICE: \$2.69

OWNER PRICE:

**\$2.39** 



Marquette Food Co-op

# **Chicken Breast**

SALE PRICE:

\$6.29

OWNER PRICE:

per pound



# **Garlic Herb**

Regular Price:



Strauss

# **Flank** Steak

Regular Price: \$11.49

SALE PRICE: \$10.29

OWNER PRICE:

per pound



Previously Frozen

### Wild Salmon **Fillet** Regular Price:

**DOUBLE YOUR FOOD DOLLARS** 

**GET \$1** 

**FREE FRUITS** 

**& VEGGIES** 

Get FREE fresh fruits & veggies with your Bridge Card!

**USE DOUBLE UP AT THE MARQUETTE FOOD CO-OP** 

**BUY \$1** 

**FRUITS &** 

**VEGGIES** 

\$15.99

For more information about Double Up Food Bucks call us at 906.225.0671

SALE PRICE: \$14.39

OWNER PRICE:

per pound



Ferndale Market

#### Ground **Turkey** Regular Price:

SALE PRICE: \$3.59

OWNER PRICE:

\$2.99



# **Quick Facts**

www.marquettefood.coop

- The Double Up Food Bucks program is a national, grant-funded food access pro the Fair Food Network, a food justice and sustainability nonprofit.
- The Marquette Food Co-op is the first and only grocery store in the U.P. to participate in the program

- The program runs year-round. No additional registration is necessary, all Bridge Card holders are automatically eligible.

Applegate Naturals

DOUBLE UP FOOD BUCKS

### **Turkey** Bacon Regular Price:

\$4.99

SALE PRICE: \$4.49

OWNER PRICE:



#### **UPCOMING EVENTS**

January 7	Acoustic Brunch: Jim Pennell 12pm–2pm
January 10	Get To Know Your Co-op Class 6pm–8pm
January 14	Acoustic Brunch: Kirsten Gustafson & Friends 12pm-2pm
January 17	Wellness Wednesday See back of flyer for more details
January 19	Mama's Booch Kombucha In-store Sampling 11:30am-2:30pm





## **DOWNLOAD. SHOP. SNAP. REPEAT.**

Be Local Buy Local is Marquette County's local shopping and rewards program!

Every purchase at a participating business not only supports your community, but enters you a into in a weekly drawing for a \$100 BLBL gift card.

To participate, download the app, then simply snap a photo of your receipt and verify your purchase location. That's it!

➤ YOU CAN NOW PURCHASE \$20 OR \$50 GIFT CARDS AT THE MFC CUSTOMER SERVICE DESK!

belocalbuylocal.today